

Midwifery Today International Conference

“Soaking up Midwifery Knowledge”

Bad Wildbad, Germany

25–29 October 2006



photo by Judith Elaine Halek, Birth Balance, www.BirthBalance.com

Teachers include:

- Elizabeth Davis
- Ina May Gaskin
- Lisa Goldstein
- Barbara Harper
- Michel Odent
- Verena Schmid
- Naolí Vinaver
- Marsden Wagner

For a complete list, see page 6.



Choose from these vital topics:

- Humane Hospital Births, p. 2
- First and Second Stage Workshop, p. 2
- Herb Workshop, p. 2
- Complications in Waterbirth, p. 3
- Massage for Pregnancy and Birth, p. 3
- The Lost Art of Twins and Breeches, p. 6

I just want to tell you how wonderful it was to be with such rich, exciting and interesting people, full of faith and enthusiasm!

—Agnes Keller, Germany 2004 Conference

Conference Discounts

- Early Registration
- *Midwifery Today* Subscribers
- Students (save 20%!)*

*Learn more about these savings on the registration form, page 5.



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Wednesday ♦ Pre-Conference ♦ October 25

9:00 am – 5:00 pm

Full-day class

A1 ♦ Improving Your Practice with Research, Insights and Realities—*Michel Odent*

Michel will teach you how to look at birth through the eyes of a physiologist, which is a valuable asset to any midwife. In an easy-to-understand manner, he will cite important findings from many areas of research and explain how this information can affect mothers and babies, not only during birth, but also over the course of their lives. "I learned more in this seven-hour class than I have in any other class I have attended during my 29 years as a midwife," says Jan Tritten. There will be time for questions and discussion following the presentation of leading edge research and analysis of current problems. Do yourself and your clients a big favor and take this fascinating class. Improve your practice with evidence.

9:00 am – 5:00 pm

Full-day class

A2 ♦ Holistic Midwifery Care—*Verena Schmid*

The midwife helps in the natural process of birth and it is her knowledge and keen insight that helps women conquer their fears about birth. In this seminar about physiology, Verena will deepen your knowledge of the complex process of pregnancy, labor and birth. From a rich, holistic perspective, midwives will learn new observational tools for maintaining women in good health and preventing risks. Verena teaches methods for recognizing borderline cases through her physical and relational tools. Her use of lecture, exercises and body work make for a dynamic, inspiring day that will help revitalize your practice.

9:00 am – 5:00 pm

Full-day class

A3 ♦ Humane Hospital Births—*Barbara Harper, Marsden Wagner, Lisa Goldstein and Debra Pascali-Bonaro*

How do we keep from compromising our values on a daily basis? What is it all about for me? "I feel the hospital eats you up and spits out the bones," one midwife has exclaimed. A hospital is nothing more than a building with people: people are the problem. How do we bring out the compassionate part of our colleagues to make a sacred space for women to work their miracle? Plan strategies that protect and nurture women giving birth in the hospital. Study the issues, obstacles and concerns.

9:00 am – 10:00 am Midwifery in Hospital Practice—*Lisa Goldstein***10:00 am – 11:00 am Using Evidence to Change Hospital Practices—*Barbara Harper*****11:30 am – 12:30 pm Working under Restraint: How to cope with pressures from doctors, families, standards of practice, protocols, the clock, the calendar and culture.—*Lisa Goldstein*****1:30 pm – 2:30 pm What is Appropriate Technology? With so many choices and pressures, how do we analyze the risk-benefit ratio?—*Marsden Wagner*****2:45 pm – 4:00 pm Labor Support Skills for Midwives and Doulas—*Debra Pascali-Bonaro*****4:00 pm – 5:00 pm Sharing and Caring Difficulties in Hospital Practice—*facilitated by Barbara Harper***

9:00 am – 5:00 pm

Full-day class

A4 ♦ First and Second Stage Workshop—*Ina May Gaskin and Marina Alzugaray*

Ina May and Marina will share the ideas and techniques they use to help the mother move through the first stage of labor. This discussion will include prolonged rupture of membranes, failure to progress, abnormal labor patterns and non-medical intervention and many other difficulties midwives must address. Second stage is a time of watchfulness and sometimes mounting tension. Familiarize yourself with the sounds and movements of women birthing and learn how to facilitate women's ability to find their own urge to push, their own birthing position and their own way of birthing. Review second stage research from a midwifery point of view, focusing on how the standing, squatting, kneeling, hands-and-knees, supine and other maternal positions affect childbirth outcomes. Marina and Ina May will demonstrate hands-on skills to use in a variety of situations during the moment of birth that safeguard the integrity, beauty and power of birthing mothers and newborns.

5:30 pm – 7:00 pm

Open to all registrants

Christian Midwives Meeting—*All are welcome. Barbara Harper and Eneyda Spradlin Ramos facilitate.***Thursday ♦ Pre-Conference ♦ October 26**

9:00 am – 5:00 pm

Full-day class

B1 ♦ Techniques from Mexico—*Naolí Vinaver*

Observing cultural traditions and their impact on pregnancy and birth is fascinating. Naolí will discuss nutrition, positioning, remedies, techniques and customs from Mexico. Their origins goes back thousands of years. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle. Discover simple techniques that promote healthy pregnancy and birth. You will have time to practice using a *rebozo* so you will really understand how and for what to use it. Naolí distills traditional midwifery practices in a way that helps you improve your own practice. Many midwives have successfully taken the techniques Naolí teaches back to their practices. You can too.

9:00 am – 5:00 pm

Full-day class

B2 ♦ Midwifery Education—*Elizabeth Davis*

The way we educate midwives has everything to do with the kind of practitioners they become. Do we midwife our students to be strong, responsible and self-reliant? Or do we subdue them in the belief that they will adapt to the "realities" of our health care delivery systems? What can educators do to ensure the survival of true midwifery care? Learn what is being done and help develop strategies for having enough midwives to care for pregnant women in nurturing ways. We will discuss today's midwifery educator, issues in education, women's ways of knowing and learning, creative midwifery education, midwifery educators' tricks of the trade and visions and ideals of midwifery education. Visit our web site for more info.

9:00 am – 5:00 pm

Full-day class

B3 ♦ Herb Workshop—*Lisa Goldstein*

A full day of information about using herbs, homeopaths and other natural remedies in pregnancy, birth and postpartum. An extensive reference book will be given to participants. Slides will be shown for plant identification and there will be demos for making herbal tinctures, oils, salves and homeopathic solutions from pellets. Learn new tips and uses for your favorite remedies. This class is for everyone. "Lisa gives more tips and remedies in this class than most of us get in all our schooling," says Jan Tritten.

9:00 am – 5:00 pm

Full-day class

B4 ♦ Labor Support for Doulas, Midwives and Childbirth Educators—*Debra Pascali-Bonaro*

Take a look at the current literature on doulas, upright positions, massage, hydrotherapy and touch as ways to offer comfort and facilitate rotation and descent for an easier, more satisfying birth experience. Women who are coping well with labor have some things in common: relaxation, rhythm and ritual (the 3 R's). Debra will describe the 3 R's and the many ways women experience them. Comfort measures for labor such as the gate control theory of pain, hot and cold compresses, music, massage/touch, acupressure, aromatherapy and the birthing ball will be discussed. Learn techniques for second stage, such as the support squat, dangle, toilet, "tug of war" and lap squatting. Debra also will talk about labor support with difficult labors, epidurals and cesareans, and the strategies to help make them emotionally positive for mother and baby. This intensive course will make us better midwives and doulas.

9:00 am – 5:00 pm

Full-day class

B5 ♦ Midwives' Kitchen and Placenta Medicine—*Cornelia Enning and Hella Riedel*

Comfrey balls and nettle soup, Hella cooks up and presents herbs in a most artistic and healthful way. Enjoy her creative "herb brunch" while learning. Placenta essences—in medieval times these things were part of holistic care by midwives around the world. The placenta can be utilized after birth to prepare baby creams, cream gravidarum or labor-inducing preparations. Learn to dry placenta, teach families how to make the most natural remedy from their placenta. Smell, taste and stir as midwives always have! We will exchange healing herbal recipes for pregnancy and breastfeeding.

8:30 pm – 10:00 pm

General session

Talk Story—*Marina Alzugaray (class in water—need spa pass or ticket: €6.5 single visit/€28 conference pass)*

From earliest history, women have shared their personal experiences of strength and healing. Stories wrapped in love and trust in the birth process transmit wisdom and confidence to each generation. Come to share or just listen. We'll meet in the "Vital Therme" spa after dinner.

Friday ♦ Day One ♦ October 27

9:00 am – 10:15 am

Opening general session

Renewing the Soul of Midwifery with Visions and Dreams—*Jan Tritten and Eneyda Spradlin Ramos*

When we realize midwifery is spiritual we can help birth be the miracle that it is. When we work with pregnant and birthing women we are standing on holy ground. When we do not understand this, the risk of intervention and medicalization is increased because respect is decreased. Our calling as midwives is one of the greatest responsibilities there is. An important part of our calling is to change the way childbirth is distorted and abused. Jan will introduce you to visionaries around the world and encourage you in your dreams.

10:30 am – 12:00 pm

Concurrent sessions C1 through C4

C1 ♦ Complications in Waterbirth—*Cornelia Enning and Marina Alzugaray (class in water—need spa pass or ticket: €6.5 single visit/€28 conference pass)*

Join Cornelia and Marina in the water to explore the many benefits and ways of using water in birth. They will discuss its unique properties—psychological as well as physical and address concerns about water labor and waterbirth and its potential risks. They will deal with practical issues in a hands-on manner, covering shoulder dystocia, breech, hemorrhage and more.

C2 ♦ Techniques for Restarting Stalled Labor—*Verena Schmid*

Verena learned this very special massage from a midwife in the United States. It is a fantastic tool to get labor restarted. You will wonder how you practiced without it. "I saw this work at a birth in Mexico at which Verena and I were present. Labor had stopped entirely at about 7 cm. Verena did this massage and the labor restarted. The woman had her baby a couple of hours later," says Jan Tritten.

C3 ♦ Massage for Pregnancy and Birth—*Naoli Vinaver and Eneyda Spradlin Ramos*

In this hands-on workshop, Naoli, a midwife with a vast knowledge of traditional Mexican massage, will demonstrate some of the many different techniques. Mexican traditional massage is used for everything from fertility treatment to prenatal, birth and postpartum indications. You will learn how to turn posterior and other presentations using a *rebozo* and massage. Eneyda will explain why massage is essential for pregnant and birthing women and show practical application. She will discuss the importance of healing touch as a preventive tool and safe remedy for the pregnant body.

C4 ♦ Midwifery Care for a Woman's Whole Life—*Elizabeth Davis*

How does the midwifery model translate to well-woman caregiving that is revolutionary and unique? What are key issues by decade and stage of life? How does culture play a role of women's health status? Based on her book newly released in German, *The Circle of Life: Thirteen Archetypes for Every Woman*, Elizabeth invites you to learn more about women's ways of knowing and being as you explore your passion for cradle-to-grave midwifery care.

1:30 pm – 3:00 pm

Concurrent sessions D1 through D4

D1 ♦ Posterior Roundtables—*Verena Schmid, Debra Pascali-Bonaro and Ina May Gaskin*

Many cesareans occur due to posterior presentation. Prevent cesareans by understanding how to diagnose, prevent and fix posterior presentations. These intimate roundtables give the participant a chance to talk with each teacher individually. This fast-paced fun class will give you many options for dealing with posterior presentation.

D2 ♦ Herbs: Sharing from Three Countries—*Lisa Goldstein, Naoli Vinaver, Cornelia Enning and Hella Riedel*

Around the world, the primal elements of birth are the same. Yet each country, village and individual develops tricks, secrets and rituals that set their practice apart. Deutschland (Germany) has a rich body of well-researched information about plant medicines. Please join these teachers as they share what they've learned. Bring your favorite applications, success stories and curiosities to this international meeting of minds and leave with new resources to enhance your practice at home. Naoli will share herbs from Mexico, Hella and Cornelia from Germany, and Lisa from the United States.

D3 ♦ The Influences of Birth Practices on Bonding and Attachment—*Barbara Harper*

Healthy and secure attachment patterns in infants help children and adults see a world with infinite possibilities. Insecure attachment patterns create victim consciousness, fear and doubt. This workshop will help the participant identify how each medical birth practice interrupts the normal process of birth and can possibly lead to insecure attachment. This workshop is both didactic and experiential. Be prepared for strong feelings to emerge.

D4 ♦ Birth in Afghanistan—*Sharon Craig*

Afghanistan has the world's second highest maternal and infant mortality rates; one province has the highest ever recorded maternal mortality statistics. After thirty years of fighting and of oppression under the Taliban, Afghan women are being trained and employed as midwives again. Learn about midwifery programs and the status of maternal and child healthcare.

3:30 pm – 5:30 pm

General session

International Issues—*Jan Tritten, Marsden Wagner, Eneyda Spradlin Ramos, Cornelia Enning, Barbara Harper, Marina Alzugaray, Verena Schmid, Ina May Gaskin, and Debra Pascali-Bonaro*

People all over the world have embraced harmful birthing practices. We will look at the issues involved and discover some solutions. Learn about the midwifery and birth movements going on around the world and how you can help. Several teachers and participants will briefly share their international projects. You will learn about the International Alliance of Midwives and networking on an international level. Learn about the CIMS international effort to bring mother-friendly practices to the world. If you have a project to share please e-mail Jan at jan@midwiferytoday.com.

7:30 pm – 9:00 pm

General session

Tricks of the Trade—*Ina May Gaskin and Jan Tritten (class in water—need spa pass: €6.5 single visit/€28 conference pass)*

A roundtable of pertinent tips on a variety of topics, from facilitating effective contractions and preventing prolonged labor to natural remedies and waterbirth techniques. This is always a much-appreciated session, for its sense of sisterhood as well as its information. "Worth at least two weeks of academic training," said one participant.

Saturday ♦ Day Two ♦ October 28

9:00 am - 10:00 am

General session

The Status of Birth around the World—*Marsden Wagner*

Around the world, midwives are subject to the witch hunt and are being cast out of midwifery practice or forced to medicalize their practice. Cesareans are rapidly rising everywhere. Vaginal Births After Caesarian (VBAC) are going down and inductions are going up. In this hour, Marsden will lay out the problems we are facing around the world.

10:00 am – 12:00 pm

General session

Solutions: Changing Birth

We will work on how to solve the challenges that come from combatting industrialized birth. These are problem-solving work groups. Bring your thoughts, ideas and ideals. If there is a subject you want to add, we will add it at the conference. Choose one group to work with. We will meet for an hour in our groups then report back to the group at 11 am.

1. **Autonomy, How Can We Achieve It?**—*Marsden Wagner*
2. **Stopping Maternal Death**—*Ina May Gaskin*
3. **Humane Midwifery Education**—*Elizabeth Davis*
4. **Supporting Midwives from Other Countries**—*Sharon Craig*
5. **Establishing Doula Programs**—*Debra Pascali-Bonaro*
6. **Changing Hospitals**—*Verena Schmid*
7. **Using Waterbirth to Facilitate Change**—*Barbara Harper*
8. **Educating the Public**—*Lisa Goldstein*
9. **Educating Children and Teens**—*Eneyda Spradlin Ramos*
10. **Cross-Cultural Change**—*Naoli Vinaver*
11. **Spreading Physiological Birth to Reduce Harm to Mother and Baby**—*Michel Odent*
12. **Using the Media**—*Jan Tritten and Cornelia Enning*
13. **Activism for Homebirth**—*Marina Alzugaray*

1:30 pm – 2:30 pm

General session

Belly Dancing and the Sphincter Law—*Ina May Gaskin*

Belly dancing and sphincters are useful in explaining how birth works. Learn to prepare your pelvic muscles for birth. The Farm takes the art of birthing a step further. See the power of homebirth inoculate the culture against fear in birth. Everybody knows how sphincters work. Could you poop uphill, do it on command, open it no matter how on display you are?

3:00 pm – 4:30 pm

Concurrent sessions E1 through E4

E1 • Fear and the Birthing Woman—*Verena Schmid*

Women's fear is one of the big dilemmas facing normal birthing in Western society. Fear in pregnancy and birth can have many consequences for both the birthing woman and healthcare provider. Verena will help you define, understand and move through the fear that confronts us. Learn several ways of helping birthing women, and midwives as well, turn fear into trust.

E2 • Instinctive Birth—*Naoli Vinaver*

"Instinctive Birth" is the term Naoli chooses to describe the type of birth she prefers because it reflects the beliefs and philosophy she has developed throughout the past decade. This session will bring joyful insights into the quiet and reflective nature of watchful birth and will foster deeper respect for the instinctive human process of giving birth.

E3 • Technology as a Threat to the Normal Birth Process—*Marsden Wagner and Eneyda Spradlin Ramos*

We will explore the threat to the normal birth process engendered by the unbridled use of technology. We will also review and search for appropriate uses of technology. Epidemics such as induction, prenatal testing, cesareans, episiotomy, epidural and Cytotec will be discussed, as well as their impact on motherbaby. Discover what you can do in your own sphere of influence to establish appropriate uses of technology.

E4 • Hemorrhage and Third Stage Difficulties—*Elizabeth Davis and Jan Tritten*

Many episodes of excessive blood loss are either preventable or foreseeable and easily controlled. It is important to facilitate the delivery of the placenta with patience. Learn techniques and approaches that render the need for pharmaceuticals rare. You will learn how to assess and deal with bleeding in a way that will increase your confidence. ICM's newest recommendations of active management of third stage will also be discussed.

5:00 pm – 6:00 pm

General session

Changing Birth Practices around the World—*Michel Odent*

Michel is probably invited to go around the world to speak on birth issues more than anyone else. He will share his ideas for reforming birth around the world. He will also tell us what he has found internationally. Come enjoy the wisdom of one of the world's great health advocates.

8:00 pm – 10:00 pm

Open to all registrants

Midwives Cabaret—*Ina May Gaskin, Michel Odent, Naoli Vinaver, Marina Alzugaray, Marsden Wagner...and you!*

Come share your talents with the midwives as we dance, sing and maybe put on a play. Bring your talent, share your poems and stories. Do you have something to share? Contact Marina early in the conference to let her schedule you in. Join in the fun!

Sunday ♦ Day Three ♦ October 29

9:00 am – 10:15 am

General session

Let Birth Be Wild—*Elizabeth Davis*

What is truly natural in birth, and how does culture work against it? How can women be freed to experience the wild beauty of birth? Learn more about the sexual and transformational aspects of this rite of passage, along with non-medical, traditional approaches to healing and growth at this precious and vitally important time.

10:30 am – 12:00 pm

Concurrent sessions F1 through F4

F1 • Physiology of Second Stage—*Verena Schmid*

Verena will discuss ways of pushing and the transformation of the perineum. She will include maternal positions and effects on the mechanism of labor. She teaches this in a clear and comprehensible manner that helps you truly understand the baby's path through the pelvis and out into the world with the least resistance.

F2 • Induction Epidemic—*Marsden Wagner and Ina May Gaskin*

Throughout the world, practitioners are inducing an increasing number of healthy pregnant women. Induction has become rampant, with more women falling into the trap of an intervention that causes the cascade of intervention. Very dangerous methods, such as the use of Cytotec, have also become epidemic. This alarming trend affects midwives and their clients. We will examine postdates, what is normal and what has happened in the past twenty years regarding induction of labor.

Sunday classes continued on page 6 ➔

Please Print

Registration FormContinued on page 5 

Name		Telephone and Fax	
Address		E-mail	
City	State/Province	Zip/Postal Code	Country

① What excites you about this conference? _____

② How did you hear about this conference? _____

③ Do you give permission for Midwifery Today to release your name and address to fellow registrants? yes no

④ Please tick off each day of the conference you will attend:

- Wednesday Pre-Conference—25 October 2006
 Thursday Pre-Conference—26 October 2006
 Friday Conference—27 October 2006
 Saturday Conference—28 October 2006
 Sunday Conference—29 October 2006

⑤ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if

you will attend the conference on Friday, you need to select one class from C1 through C4 and also one class from D1 through D4. Class descriptions can be found in the conference program.

Wednesday Pre-Conference—25 October 20069:00 am – 5:00 pm A1 A2 A3 A4**Thursday Pre-Conference—26 October 2006**9:00 am – 5:00 pm B1 B2 B3 B4 B5**Friday Conference—27 October 2006**10:30 am – 12:00 pm C1 C2 C3 C41:30 pm – 3:00 pm D1 D2 D3 D4**Saturday Conference—28 October 2006**3:00 pm – 4:30 pm E1 E2 E3 E4**Sunday Conference—29 October 2006**10:30 am – 12:00 pm F1 F2 F3 F41:30 pm – 3:00 pm G1 G2 G3 G4

Payment and Refund Policies

Payment by cheque: If you pay by cheque or money order, make it payable to Midwifery Today. Payment must be made in Sterling, Euros, or U.S. funds. If a draft is returned for any reason, including non-sufficient funds, you will be charged a processing fee equal to 10% of the draft amount.

Payment by credit card: All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payor.

Payment by bank transfer *using Euro prices below:*

Midwifery Today, Inc., account at:
HSBC Bank plc, 27-32 Poultry St, London, EC2P 2BX, England
Account number: GB06 MIDL 4005 1557 1644 96
BIC code: MIDLGB22

Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

Refunds: No refunds will be given after **13 September 2006**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

How to Determine Conference Prices

1. Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.

2. By registering early, you become eligible for reduced conference prices. The early registration deadlines are 2 June 2006 and 31 July 2006. Prices are shown in the table below for each deadline.

3. If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.

Note: Some classes require a spa pass to attend. You may purchase a spa pass for €28 which allows you use of the historic Palais Thermal and the Vital Therme during the conference. Registrants who do not buy this pool pass will pay the normal entrance fee of €6.5 for one spa visit. You may purchase a pass at the Midwifery Today registration desk. Spa pass payment must be made at the Conference.

How to Submit Registration and Payment

1. Please read and complete both sides of this form. Then make a photocopy for your records.

2. You may mail this form with your payment in Sterling, Euros, or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. ****Credit cards will be charged in U.S. dollars**.** You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

3. Registrations must be received **in office** at Midwifery Today no later than 13 October. If you cannot mail your registration early enough for it to be received prior to 13 October, please register at the conference.

Hotel

Bad Wildbad Hotels—Booking Service Reservation Office:

Telephone: +49 7081 10280

Fax: +49 7081 10290

E-mail: touristik@bad-wildbad.de

Post: Touristik Bad Wildbad GmbH

Postfach 10 03 26, 75314 Bad Wildbad, Germany

Cancellations: Cancel before August 31, 2006 to avoid charge.

A blank reservation form will be mailed with your conference confirmation.

Location of Conference

The Kurhaus does not have sleeping rooms.

KURHAUS

Kuranlagenallee 8

75323 Bad Wildbad, Germany

Tel. during conference (for urgent use only): +49 7081 303265

Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

Please indicate if you qualify for one of the following discounts:

I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.

I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	2 June 2006			31 July 2006			13 October 2006 (in office deadline)		
1 day	\$140	€115	£85	\$150	€125	£90	\$160	€135	£95
2 days	\$280	€230	£170	\$300	€250	£180	\$320	€270	£190
3 days	\$375	€305	£225	\$400	€330	£235	\$425	€355	£245
4 days	\$515	€420	£310	\$550	€455	£325	\$585	€490	£340
5 days	\$560	€460	£340	\$590	€500	£360	\$620	€540	£380

Walk-ins welcome. Please contact Midwifery Today for availability.

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1 year subscription prices

U.S.—\$50 • Canada/Mexico—\$60 • Int'l—\$65, £40, €55
(Special! Regular int'l price \$75, £45, €65)

➔ Sunday classes, continued from page 4

F3 ♦ Waterbirth around the World—*Barbara Harper*

Birth practices the world over are similar yet different, depending on cultural traditions, the spread of Western technology, and the willingness of women to give over control of their reproductive rights. Join an interesting discussion, slide and video presentation about birth in Taiwan, Mexico, China, Turkey, Russia, South Korea and Venezuela as each of these countries struggles with preserving normal birth practices in the 21st century.

F4 ♦ Sex, Love and Hormones: What's It All About?—*Elizabeth Davis*

Drawing on her book, *Women's Sexual Passages*, Elizabeth addresses sexuality throughout women's lifecycle. She will share research on how the Pill impacts pheromone production and libido, how stress impacts desire, how oxytocin-based bonding affects teen sexuality, and how testosterone deficiency in menopause can be dealt with. Share your own stories in this relaxed environment as you gain new information to help your clients.

1:30 pm – 3:00 pm

Concurrent sessions G1 through G4

G1 ♦ The Lost Art of Twins and Breeches—*Ina May Gaskin*

The Farm has had 19 sets of twins without a cesarean. Ina May will discuss strategies for safe birth of twins, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage. Learn the art and science of breech birth. Learn what factors may lead to breech presentation. The mechanism of normal breech birth, as well as the mechanism of a stuck breech and techniques for handling both will also be discussed.

G2 ♦ Prolonged Labor—*Marina Alzugaray*

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed.

Speaker Biographies

Marina Alzugaray, MS, LM, CNM, is an international midwifery consultant and speaker with more than 30 years of experience in women's health care. Marina has facilitated sacred births in homes, hospitals and birth centers. She now offers homebirths and waterbirths in the Florida Keys, where she develops courses and facilitates educational retreats as director of Comadres Institute.

Sharon Craig, CPM, grew up in Pakistan, where her parents worked with Afghan refugees. Sharon works in Kabul, Afghanistan, at the CURE International Hospital where she has been involved in opening a new Maternity Ward, and works alongside Afghan midwives in CURE's Darulaman Health Center.

Elizabeth Davis, CPM, has been a midwife, educator and consultant for nearly 30 years. She is founder of a three-year, apprenticeship-based midwifery program. She is the author of the classic *Heart & Hands: A Midwife's Guide to Pregnancy and Birth* and several other books.

Cornelia Enning has been a licensed midwife in Germany since 1972. She has been doing homebirths and waterbirths since 1975 and is the founder of the German parents association "Wasserbabies." She directs the German Federation of Aquapaedagogik and instructs parents in water training for newborns. In addition, she has taught waterbirth midwifery to more than 4000 midwives and obstetricians.

Ina May Gaskin, CPM, is the founder and director of The Farm Midwifery Center in Tennessee (USA). She is the author of *Spiritual Midwifery* (1975) and *Ina May's Guide to Childbirth* (2003). She is a prominent national and international speaker. She has been a homebirth midwife for more than thirty-four years.

Lisa Goldstein, BFA, LM, RN, CPM, CNM, has been attending homebirths since 1958. Her three sons were born at home. She completed the CNEP program for nurse-midwifery, becoming a CNM in 1998. Lisa has also incorporated her knowledge of herbal and homeopathic remedies into her midwifery practice.

Barbara Harper, RN, founder and director of Waterbirth International Resource and Referral Service, has been researching and documenting waterbirth and gentle birth since 1983. An internationally recognized expert, she lectures and consults with hospitals and universities throughout the world.

Michel Odent, MD, has been influencing the history of childbirth and health research for several decades. Odent is familiarly known as the obstetrician who introduced the concept of birthing pools and home-like birthing rooms. After his hospital career he practiced homebirths. Odent's newest book, *The Caesarean*, and others raise urgent questions about the future of our civilizations.

G3 ♦ Learning to Observe the Subtleties of Birth—*Cornelia Enning*

Cornelia has a sense of observing the finest details in birth; her insight and subtle understanding of birth, babies and women are outstanding. Breakthrough discoveries in birth psychology and newborn reflexes will be illustrated with amazing video sequences. This class will help you sharpen your observational senses.

G4 ♦ Non-Pharmacological Methods of Pain Relief—*Debra Pascali-Bonaro*

Explore the theory, philosophy and physiology of pain in labor. Debra will describe non-pharmacological methods of comfort and pain relief and will explain the gate control theory of pain. She will identify cultural perceptions of pain and explain how the mother's position affects the baby's rotation. We will learn techniques and tricks of the trade from numerous healing modalities, including physical therapy, acupuncture and massage.

3:30 pm – 4:30 pm

Closing general session

Keeping the Faith: Birth as a Metaphor for Life—*Barbara Harper*

Barbara will present a multimedia closing honoring the birth attendant's place in God's perfect design for pregnancy, labor and birth.

♦ Monday, October 30, is Aquababies day. Register at the conference or e-mail Cornelia Enning at hebinfo@gmx.de.

Getting to the Conference

By air: International Airports of Frankfurt (FRA, 160 km) and Stuttgart (STR, 60 km).

Arrival at Frankfurt: Take train to Karlsruhe, then to Pforzheim. In Pforzheim, take Shuttle-Train "S6" to Bad Wildbad.

Arrival at Stuttgart: Take Shuttle-Train Stuttgart Main Station, then to Pforzheim and in Pforzheim change to Shuttle-Train "S6" to Bad Wildbad.

Other airports: Munich (MUC, 220 km, Railway to Pforzheim), Zurich (ZRH, 230 km, Railway to Stuttgart)

By car: Take Highway A8, Exit "Pforzheim West." Follow signs to Bad Wildbad.

Debra Pascali-Bonaro, B.Ed., CCE, CD (DONA), is a childbirth educator and international speaker on social support and non-pharmacological comfort techniques during childbearing. She founded and directs MotherLove, Inc., one of the oldest perinatal home care doula services in North America.

Eneyda Spradlin Ramos, BS, BA, LMT (Licensed Massage Therapist), was born in Managua, Nicaragua. Eneyda has been involved in childbirth, breastfeeding and homeschooling for the last 21 years and has attended homebirths for the last 13 years.

Hella Riedel is a midwife elder from Wildbad, Germany, who likes to "cook things up" in the midwifery kitchen. She is also an actress and storyteller.

Verena Schmid has been a midwife for over 25 years. She has founded a center for natural birth and homebirth with continuity of care from conception until the first year of the baby; a midwifery magazine; and a school with the goal of teaching Italian midwives the true sense of the midwifery model of care and promoting a new birth culture.

Jan Tritten is the founder and editor-in-chief of *Midwifery Today* magazine and *The Birthkit* newsletter. She became a midwife in 1977 after the wonderful homebirth of her own daughter. Her mission is to make loving midwifery care the norm for birthing women and their babies throughout the world.

Naoli Vinaver is a Mexican midwife who combines traditional birth practices with a profound interest in and respect for the physiology of natural birth. She has been attending both waterbirths and births in traditional styles and positions since 1990. Naoli has enjoyed three pregnancies and homebirths of her own in the company of her family. She is in the process of writing and illustrating a couple of children's books about life, pregnancy and birth, while continuing her homebirth practice in both rural and urban Veracruz State, Mexico.

Marsden Wagner, MD, is a perinatologist and perinatal epidemiologist from California and an outspoken supporter of midwifery. He was director of Women's and Children's Health in the World Health Organization for 15 years. From his current home in Takoma Park, Maryland, Marsden travels the world to talk about improving maternity care, including the appropriate use of technology in birth and utilizing midwives for the best outcomes. He raised four children as a single father. His book, *Pursuing the Birth Machine*, is a must-read for anyone involved in birth.

♦ To read more in-depth Midwifery Today speaker and writer biographies, visit: www.midwiferytoday.com/bio/