

# Midwifery Today International Conference

## Copenhagen, Denmark May 13–17, 2009

*Preserving the  
Spirit of Midwifery*

### CLASSES

Breech Workshop  
Mexican Midwifery Skills  
Massage  
Models that Work  
Role of Oxytocin  
Shoulder Dystocia  
and much, much more!

Suzanne Colson  
Robbie Davis-Floyd  
Cornelia Enning  
Ina May Gaskin  
Gail Hart  
Dorthe Madsen  
Cassy McNamara  
Ditte Marså  
Michel Odent  
Marta Orbis  
Malu Prales  
Eneyda Spradlin-Ramos  
Ann von Staffeldt  
Kerstin Uvnäs Moberg  
Naolí Vinaver  
Marsden Wagner

### SPEAKERS

To read speaker bios visit: [midwiferytoday.com/conferences/Denmark2009/](http://midwiferytoday.com/conferences/Denmark2009/)

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[www.midwiferytoday.com](http://www.midwiferytoday.com)

**Wednesday ♦ Pre-Conference ♦ 13 May 2009**

9:00 am – 5:00 pm

Full-day class

**A1 ♦ Breech Workshop**—*Michel Odent, Ina May Gaskin and Cornelia Enning*

9:00 am – 10:00 am—**Breech Birth Research**—*Michel Odent*  
Learn about the many research studies already done on breech birth.

10:00 am – 12:30 pm—**Breech Skills**—*Ina May Gaskin and Michel Odent*

We will learn to turn breech babies. This class will help develop your skills when turning to vertex does not work and the midwife decides to do a vaginal breech birth. Breech birth is not for beginners, though everyone is welcome to attend this class. We will cover palpation skills, estimating fetal weight, amniotic fluid and communication with baby by touch and words. We will begin with basic skills and hands-off overview. There will be a complete discussion of frank, footling and complete breech, and how to stay calm.

1:30 pm – 5:00 pm—**Breech Birth in Water**—*Cornelia Enning*  
Join Cornelia in this part of the breech workshop to learn how to work with breeches in water. Breech birth in water is safer, in part because it improves fetal oxygenation by increasing uterine blood supply during immersion. Frank breeches need no special maneuvers because water eliminates gravity. Mobility of the mother in water allows better interaction of the baby through the pelvis and any maneuvers that may be required are easier in water. Come and fine-tune your skills at this important workshop.

9:00 am – 5:00 pm

Full-day class

**A2 ♦ Mexican Midwifery: Traditions and Techniques**—

*Naoli Vinaver*

The observation of cultural traditions and their impact on pregnancy and birth is fascinating. Naoli will discuss positioning, remedies, techniques and customs from Mexico. The origin of these techniques and traditions goes back thousands of years. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle. Discover simple techniques that promote healthy pregnancy and birth. In this hands-on class you will learn many “new” old techniques you can apply immediately to your practice. Time for hands-on practice will be provided.

9:00 am – 5:00 pm

Full-day class

**A3 ♦ Anthropology of Midwifery**—*Robbie Davis-Floyd*

This seminar will give you a fascinating evolutionary perspective on midwifery and birth and an overview of recent findings from social scientists who study midwifery and birth around the world. Focal points include the role of midwives in human evolution, birth in various types of cultures, traditional and professional midwifery, the effects of modernization and colonialism on midwifery, disagreements over appropriate routes to midwifery education, the problematic relationship between nursing and midwifery, and the shifting identities and role transformations experienced by what Davis-Floyd has called “postmodern midwives.”

5:15 pm – 6:30 pm

Open to all registrants

**Christian Midwives Meeting**—*Facilitated by Eneyda Spradlin-Ramos*

Everyone is welcome.

**Thursday ♦ Pre-Conference ♦ 14 May 2009**

9:00 am – 5:00 pm

Full-day classes

**B1 ♦ Complementary Therapies**

9:00 am – 12:15 pm—**Massage and the Childbearing Year**—*Eneyda Spradlin-Ramos*

Eneyda will cover basic prenatal massage strokes, body mechanics, and precautions and contraindications of prenatal massage. These include Swedish and support massage strokes you will need for prenatal, labor and postpartum care. You will learn how to use your hands and body correctly in all the support positions used, as well as the physiological and energetic contraindications of hands-on support for pregnancy, labor and postpartum care. She will teach massage techniques in a variety of positions that midwives assume to support the laboring woman. You will learn hand-saving and body-saving techniques for when you are on the floor, in a tub and in other difficult positions at a birth. This is a whole mini massage course. Bring one or two pillows, a flat sheet and a small hand towel.

1:45 pm – 5:00 pm—**Homotoxikology, BioResonans Therapy and Birth**—*Ann von Staffeldt*

The subconscious body needs to be in balance to feel well and special when having a baby. But it still needs to work quickly and gently. Let Ann introduce you to a sensitive way of treating the body in every level of imbalance or disease. BioResonans Therapy is an effective tool to reconstruct the psychic and physiological function of the human being. This therapy works with the subconscious level. Homotoxikology is a modern upgraded homeopathic system that supplements medical treatment. This good and gentle medicine takes care of both the mother and the growing child within. This will create the flow that gives life joy. Be inspired.

9:00 am – 5:00 pm

Full-day class

**B2 ♦ Improving Your Practice with Research, Insights and Realities**—*Michel Odent*

Michel will teach you how to look at birth through the eyes of a physiologist, which is a valuable asset to any midwife. In an easy-to-understand manner, he will cite important findings from many areas of research and explain how this information can affect mothers and babies, not only during birth, but also over the course of their lives. “I learned more in this seven-hour class than I have in any other class I have attended during my 32 years as a midwife,” says Jan Tritten. There will be time for questions and discussion following the presentation of leading edge research and analysis of current problems. Do yourself and your clients a big favor and take this fascinating class. Michel will bring us insight from his books, *The Scientification of Love*, *The Farmer and the Obstetrician* and *The Caesarean*.

9:00 am – 5:00 pm

Full-day class

**B3 ♦ First and Second Stage Difficulties**—*Ina May Gaskin and Gail Hart*

Labor outcomes depend on women going into labor healthy. Ina May and Gail will discuss preventing labor complications with prenatal care. Learn how individual care and good communication can positively affect labor. They will also share the protocols and techniques they use to help the mother move through the first stage of labor. This discussion will include prolonged ruptures of membranes, failure to progress, abnormal labor patterns, non-medical intervention and more. Second stage is a time of watchfulness and sometimes mounting tension. Listen to these experienced midwives discuss constructive and effective ways to handle both normal and difficult situations. Bring your questions, insights and experiences in what promises to be an exciting day!

5:15 pm – 6:15 pm

General session

**Sharing stories—Why Did You Become a Midwife?**—*Dorthe Madsen*

It is very powerful to hear each midwife tell what made her choose the path of midwifery. What called you? Sharing our stories provides great warmth and brings us closer to the heart and spirit of midwifery. Come and tell about your path and be touched by others.

**Friday ♦ Day One ♦ 15 May 2009**

8:00 am – 9:00 am

General session

**Singing with Malu Prates—Brazilian singer and doula**

9:00 am – 10:00 am

Opening general session

**Preserving the Spirit of Midwifery**—*Jan Tritten, Marta Orbis and Naoli Vinaver*

Despite many pressures on midwifery from the medical world, a strong and loving Midwifery Spirit still survives. Let's reclaim this spirit to invigorate our calling to reinstate motherbaby as the center of our birth care. Discover the spirit that is within you.

10:00 am – 11:30 am

General session

**The Role of Oxytocin as an Inner Guide for Motherhood—***Kerstin Uvnäs Moberg*

Learn about the role of oxytocin as an inner guide for motherhood. Oxytocin stimulates social interactive behaviours, reduces pain and increases calm and relaxation. Kerstin will describe how oxytocin is released in both mother and baby during labor, breastfeeding and in response to skin-to-skin contact. Kerstin will also discuss how routines in the labor and maternity ward may influence these adaptations. Closeness, particularly right after birth, increases the strength of the adaptations. These adaptations may be disturbed by medical interventions.

1:00 pm – 3:00 pm

General session

**Roundtables**—Learn from the combined experience of these teachers and the other participants. Always informative, sometimes heart-wrenching, it's a unique opportunity to share. Rotating into three different groups, the registrants meet for three different classes. Choose three of the following topics:

**Questions and Answers about Oxytocin**—*Kerstin Uvnäs Moberg***Birth around the World**—*Michel Odent***Homebirth**—*Cassy McNamara***Waterbirth**—*Cornelia Enning***Pursuing the Birth Machine Internationally**—*Marsden Wagner***Maternal Death Is Mostly Preventable**—*Ina May Gaskin***What Europe Can Learn from Latin America**—*Robbie Davis-Floyd***Rebozo Practice**—*Naoli Vinaver***Birthing Women, Sacred Ground**—*Eneyda Spradlin-Ramos and Jan Tritten***Sacred Ecology for a Dignified Arrival**—*Marta Orbis***Evidence Is Exciting**—*Gail Hart***Homeopathy in Birthcare**—*Ann von Staffeldt***Singing with Pregnant Women**—*Malu Prates*

3:15 pm – 4:45 pm

Concurrent sessions C1 through C3

**C1 ♦ Senses and Sounds of Birth**—*Cassy McNamara*

We need to use all of our senses to support birthing mothers. What do our senses tell us in the birth room? Do we listen to them—seeing, hearing, smelling and feeling our way through birth? This class will help develop your birth intuition and enlighten your practice.

**C2 ♦ Open and Closed Thought Systems**—*Robbie Davis-Floyd*

How practitioners think and what they believe about birth determines how they practice and whether or not they are open to new learning and new scientific evidence. Robbie will explain the difference between open and closed thought systems and the paradigms of health care that stem from each kind of thinking. This session will help you become aware of how you think and give you tools for responding flexibly to new information about birth and health care.

**C3 ♦ Prolonged Labor**—*Gail Hart*

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed.

5:00 pm – 5:30 pm

General session

**The Role of Midwives' Stories in the Education of Mothers—***Cassy McNamara, Jan Tritten, Dorthe Madsen and Ditte Marså*

Storytelling is the traditional way of teaching and learning. For thousands of years, to the present day, midwives have used stories to inform and inspire mothers and each other. Explore the appropriate use of this traditional tool.

5:30 pm – 6:30 pm

General session

**Tricks of the Trade**—*Eneyda Spradlin Ramos and Jan Tritten*

Share the techniques you've perfected in your practice or bring your burning questions to this roundtable of pertinent tips on a wide variety of topics. Previous sessions have included facilitating effective contractions, dealing with prolonged labor, preventing perineal tears, helping the slow-to-start baby and holistic first aid. This is always a much-appreciated session, for its sense of sisterhood as well as its information. "Worth at least two weeks of academic training," said one participant.

**Saturday ♦ Day Two ♦ 16 May 2009**

8:00 am – 9:00 am

General session

**Singing with Malu Prates—Brazilian singer and doula**

9:00 am – 10:00 am

General session

**What Is Going On in the World of Birth**—*Marsden Wagner*

Marsden will explore the reasons for and the negative consequences of the inappropriate or excessive application of technology—drugs as well as instruments, machinery and surgery—in birth. He will also explore how the continuing search for new and profitable uses of technology in birth takes society down a dangerous path. Evidence is as important as clinical experience in today's world. Learn about your role in the protection of pregnant and birthing women and how current evidence actually supports the use of less intervention at the very time that intervention is increasing in all aspects of birth. Discover what you can do in your own sphere of influence to establish the appropriate and careful use of technology.

10:00 am – 11:00 am

General session

**Models That Work**—*Robbie Davis-Floyd*

What is a birth model that works and how do you know that it is working? Come and listen to Robbie present the criteria she developed for identifying birth models that work. She will describe



effective models from the Netherlands, New Zealand, Canada, the UK, the US, Samoa, Mexico, the Philippines and Brazil. She will summarize the features that enable these models to work in spite of their differences from standard obstetrical care.

11:00 am – 11:30 am

General session

### Reclaiming the Lost Art of Twins, Breeches and VBAC—

*Marta Orbis, Ina May Gaskin and Ditte Marså*

This class will address why we need to reclaim twins, breeches and VBAC. We'll talk about who we are and why we need to be experienced, proficient and calm in skills and heart to be midwives.

1:00 pm – 2:30 pm

Concurrent sessions D1 through D3

#### D1 ♦ Twins—*Ina May Gaskin*

Ina May has extensive experience with twin birth. She will discuss strategies for safe twin birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage, as well as special aspects of prenatal care. The telling of amazing birth stories is Ina May's gift and she teaches dynamically with stories!

#### D2 ♦ The First Hour after Birth—*Gail Hart*

Gail will share her brilliant insights and findings on the hormonal states of mother and baby and the interaction that occurs. She will cover how we can facilitate the process without disturbing motherbaby. Gail's teaching on this subject makes it a fascinating class. Her insights can help you improve your practice.

#### D3 ♦ Placenta Medicine—*Cornelia Enning*

The placenta is the perfect organ from which to make medicine. Cornelia will teach you how to process and encapsulate placentas and discuss providing appropriate information to your clients about the benefits of this amazing and natural gift of birth. It is especially powerful for preventing postpartum blues and

depression. Cornelia has processed many placentas and used them to help mothers and babies. She has also written a book on this subject.

2:45 pm – 4:15 pm

Concurrent sessions E1 through E3

#### E1 ♦ New Criteria to Evaluate the Practices of Midwifery and Obstetrics—*Michel Odent*

According to highly plausible extrapolations, within some decades the majority of human beings will be born by the abdominal route. Among the remaining cases of vaginal births, the replacement of natural hormones by pharmacological substitutes will be almost the rule. In other words, human ingenuity will make "love hormones" useless in a highly critical period of reproductive life. Such a pessimistic scenario is probable if we do not introduce new criteria to evaluate the practices of midwifery and obstetrics.

#### E2 ♦ Shoulder Dystocia—*Gail Hart*

Gail will explain and discuss the mechanical and physical causes of shoulder dystocia. She will describe symptoms and signs used to predict it. She will also analyze tools and methods to overcome panic reactions, demonstrate effective treatments, look in-depth at more than fourteen maneuvers, and cover mnemonics and the latest research. You will become well-informed about aspects of shoulder dystocia, including causes, incidence rates, prevention and solutions. It doesn't happen often, but when it does, you need to be ready.

#### E3 ♦ Vaginal Birth After Cesarean (VBAC)—*Ditte Marså*

Many people consider VBAC to be dangerous for both mother and child. But what are the actual risks and what about the benefits? We will concentrate on all the things you can do as a health professional to help clients get the safest VBAC. Learn about giving back the faith that a VBAC is a natural and safe way to give birth for most women. This workshop will provide you with a lot of facts and beautiful stories of women who have made it!

Classes continued on page 6 ➔

Please Print

## Registration Form

Continued on page 5 

Name		Telephone and Fax	
Address		E-mail	
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① What excites you about this conference? \_\_\_\_\_

② How did you hear about this conference? \_\_\_\_\_

③ Do you give permission for Midwifery Today to release your name and address to fellow registrants?  yes  no

④ Please tick off each day of the conference you will attend:

- Wednesday Pre-Conference—13 May 2009  
 Thursday Pre-Conference—14 May 2009  
 Friday Conference—15 May 2009  
 Saturday Conference—16 May 2009  
 Sunday Conference—17 May 2009

⑤ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you

will attend the conference on Saturday, you need to select one class from D1 through D3 and also one class from E1 through E3. Class descriptions can be found within this conference program.

#### Wednesday Pre-Conference—13 May 2009

9:00 am – 5:00 pm  A1  A2  A3

#### Thursday Pre-Conference—14 May 2009

9:00 am – 5:00 pm  B1  B2  B3

#### Friday Conference—15 May 2009

3:15 pm – 4:45 pm  C1  C2  C3

#### Saturday Conference—16 May 2009

1:00 pm – 2:30 pm  D1  D2  D3

2:45 pm – 4:15 pm  E1  E2  E3

#### Sunday Conference—17 May 2009

10:30 am – 12:00 pm  F1  F2  F3

## Payment and Refund Policies

**Payment by cheque:** If you pay by cheque or money order, make it payable to Midwifery Today. Payment must be made in Sterling, Danish kroner, Euros, or U.S. funds. E-mail admin@midwiferytoday.com for price in Sterling.

**Payment by credit card:** All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payer.

### Payment by bank transfer using Danish kroner prices below:

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Account number: GB97 MIDL 4005 1559 0923 82  
BIC code: MIDLGB22

### Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

**Payment by bank transfer in Sterling or Euros:** Please E-mail admin@midwiferytoday.com for details.

**Refunds:** No refunds will be given after **1 April 2009**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

## How to Determine Conference Prices

- Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are 6 February 2009 and 20 March 2009. Prices are shown in the table below for each deadline. Payment must be made by deadline to be eligible for reduced prices.
- If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.

## How to Submit Registration and Payment

- Please read and complete both sides of this form. Then make a photocopy for your records.
- You may mail this form with your payment in Sterling, Danish kroner, Euros or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. **\*\*Credit cards will be charged in U.S. dollars.\*\*** You may also register by phone or

e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

3. Registrations must be received **in office** at Midwifery Today no later than 1 May 2009. If you cannot mail your registration early enough for it to be received prior to 1 May, please register at the conference.

## Accommodations

We recommend consulting a Denmark guidebook or Web site, such as those published by Lonely Planet or Rick Steves to find accommodations. Other suggestions are: www.visitcopenhagen.dk and http://www.net-bb.dk/ (Select language, then click on COPENHAGEN then, CENTRUM.)

## Location of Conference

The conference location does not have sleeping rooms.  
Store Kannikestraede 19  
1169 Copenhagen, Denmark  
Located in the same building is the Riz Raz restaurant.

## Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

## Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

## Getting to the Conference

**By plane:** Kastrup is Copenhagen's international airport. You can use U.S. dollars or Euros at the airport, but will get kroner (Dkr) as change. Please note this is a "silent" airport—there will be no boarding calls.

**Getting downtown from the airport:** Taxis accept credit cards and, at 200–250 Dkr, are reasonable for groups of four. The train (~23 Dkr) links the airport with the downtown station and will take about 15 minutes. City bus #250S will take you downtown in ½ hour for about the same price.

## Please indicate if you qualify for one of the following discounts:

- I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.
- I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	6 February 2009			20 March 2009			1 May 2009 (in-office deadline)		
<b>1 day</b>	\$150	Dkr 800	€110	\$160	Dkr 850	€120	\$170	Dkr 900	€130
<b>2 days</b>	\$300	Dkr 1600	€220	\$320	Dkr 1700	€240	\$340	Dkr 1800	€260
<b>3 days</b>	\$400	Dkr 2125	€290	\$425	Dkr 2250	€310	\$450	Dkr 2375	€330
<b>4 days</b>	\$550	Dkr 2925	€400	\$585	Dkr 3100	€430	\$620	Dkr 3275	€460
<b>5 days</b>	\$590	Dkr 3100	€440	\$620	Dkr 3250	€480	\$650	Dkr 3400	€520

Walk-ins welcome. Please contact Midwifery Today for availability.

**Payment**  Cheque in U.S. dollars  Cheque in Dkr  Cheque in Sterling  
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Conference price .....  
10% subscriber discount ..... ( )  
20% student discount ..... ( )  
30% subscriber and student discount ... ( )  
Subscription price .....

### 1 year subscription prices

U.S.—\$55 • Canada/Mexico—\$65 • Int'l—\$75, Dkr 395, €55

**Total**.....

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Account Number	Exp. Date
Name (as it appears on the credit card)	
Billing Address (as it appears on the credit card bill)	
Signature	

(Saturday classes, continued)

4:30 pm – 5:30 pm

General session

**Waterbirth Practice, Practicalities and New Discoveries—***Cornelia Enning*

Cornelia will explore the many benefits and ways of using water in birth and will discuss its unique properties—psychological as well as physical. Waterbirth is not only an option for a woman to give birth undisturbed and in dignity, but it has medical advantages for mother and child. Breech, OP and twin births all benefit from waterbirth. Breech waterbirth requires no hands, no extra warming for the newborn's body or any other intervention. The ease of attending births in water is a joy. Cornelia will show aqua-midwifery with photos and a video sequence. She will address concerns about water labor, waterbirth and potential risks. She will report on clinical findings, current research and models from various places around the world, as well as share her hands-on experience.

5:30 pm – 6:30 pm

General session

**International Issues—Jan Tritten, Naoli Vinaver and Marsden***Wagner*

We have much to learn from midwives around the world. We will share techniques, systems, political and educational ideas that will help you further the midwifery model in your sphere of influence. We can make changes for the better with knowledge of global possibilities. A discussion of the International Alliance of Midwives (IAM) will also be held.

8:00 pm – 10:00 pm

Open to all registrants

**Cabaret—Michel Odent, Marta Orbis and Robbie Davis-Floyd**

Do you have a dance, poem, song or act to share? Tell Robbie. This is always a time of fun and relaxation. Let's share our talents and have a lot of fun.

**Sunday ♦ Day Three ♦ 17 May 2009**

9:00 am – 10:15 am

General session

**Is Breastfeeding a Learned Skill?—Suzanne Colson**

Are you spending a lot of time teaching mothers positioning and attachment skills? Come to this session to find out about Biological Nurturing. Learn more about how Biological Nurturing saves you time. In Biological Nurturing you promote optimal positions that release maternal instinctual breastfeeding behaviors and innate baby reflexes. Nature does the rest. Many are suggesting that Suzanne's original PhD research will revolutionize the field of breastfeeding support. Gain knowledge of this cutting edge research. You may be shocked by the video clips that support this concept. Study the supporting evidence for biological nurturing.

10:30 am – 12:00 pm

Concurrent sessions F1 through F3

**F1 ♦ Don't Wake the Baby! Biological Nurturing and Self-Attachment across the Neonatal Behavioral States—Suzanne Colson***Colson*

In Britain, consecutive surveys demonstrate that 35% of mothers who stop breastfeeding during the first postnatal week do so because their babies either experience latching difficulties or won't suck. Attend this workshop and learn how to assess optimal neonatal behavioural states to overcome breast rejection. Using video clips, you will practice identifying neonatal behaviours states as part of the Biological Nurturing Toolkit, gaining knowledge of how this neurobehavioural

approach to breastfeeding initiation works across a range of neonatal behavioural states.

**F2 ♦ Hemorrhage and Third Stage Difficulties—Gail Hart**

Many episodes of excessive blood loss are either preventable, or foreseeable and easily controlled. It is important to facilitate delivery of the placenta with patience. Learn techniques and approaches that render the need for pharmaceuticals rare. Learn what problems may arise in third stage and how to be prepared to attend them. Bleeding, various problems with placenta retention and other issues will be discussed. You will learn how to assess and deal with bleeding in a way that will increase your confidence.

**F3 ♦ Essentials for a Normal Birth—Cassy McNamara**

What do we really need to truly support birthing mothers in having a normal birth? What tools do we have or what can we bring to each birth as midwives, doulas and birth supporters? Be inspired to use all of the skills and tools you truly need.

1:15 pm – 3:15 pm

General session

**Roundtables**—Learn from the combined experience of these teachers and the other participants. Always informative, sometimes heart wrenching, it's a unique opportunity to share. Rotating into three different groups, the registrants meet for three different classes. Choose three of the following topics:

**First Stage**—*Naoli Vinaver***Second Stage**—*Cassy McNamara***Third Stage**—*Ina May Gaskin***Antenatal Care**—*Ditte Marså***Transport from Homebirth**—*Marta Orbis***Breech**—*Cornelia Enning***Postpartum Care**—*Eneyda Spradlin-Ramos***What Is the BRA (Breastfeeding and Reflex Assessment) and How Does****It Inform the Daily Newborn Examination?**—*Suzanne Colson***Ultrasound Unsound**—*Gail Hart***Posterior Babies**—*Jan Tritten***Global Issues**—*Robbie Davis-Floyd***Birth Plans**—*Marsden Wagner*

3:45 pm – 5:30 pm

General session

**Tradition and Profession: A Blend That Works—Marta Orbis,***Naoli Vinaver and Cassy McNamara*

This session will focus on bringing our traditions into the modern world. Our panel draws on a rich tapestry of birth, blending it with what has been learned from midwives. The panel strives to come up with the best possible blend, always considering each woman unique. Their perspective of birth as an inherently sensual and sexual process and their great love of that process is sure to kindle our passion for birth. They will discuss practical techniques that they have developed through combining the traditional and professional worlds in order to improve our midwifery skills, widen our knowledge and improve overall birth outcomes.

5:30 pm – 6:00 pm

Closing general session

**Preserving the Spirit of Midwifery—Jan Tritten, Marsden***Wagner and Eneyda Spradlin-Ramos*

Through the week we have attended to preserving the spirit of midwifery. In this time we will share what we want to take home

**ADVERTISING OPPORTUNITIES**

- Include your brochure in our registration packets.
- Advertise in the program.
- Rent a display table.

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