

Midwifery Today International Conference

29 September–3 October 2010

Strasbourg, France

Birth Is a Human Rights Issue

Every mother and baby has the right to be treated with reverence and respect during the birth process including pregnancy and beyond.



Photo by Harriette Hartigan

speakers

- Ina May Gaskin
- Naolí Vinaver
- Carol Gautschi
- Harriette Hartigan
- Robbie Davis-Floyd
- Elizabeth Davis
- Debra Pascali-Bonaro
- Gail Hart
- Martine De Nardi
- Eneyda Spradlin-Ramos
- Michel Odent
- Verena Schmid
- Tine Greve
- Cornelia Enning
- Agnès Keller
- Jan Tritten

To read speaker bios visit:

midwiferytoday.com/conferences/Strasbourg2010/

Get creative!

Enter the **Short Film Contest** with entries to be viewed and judged at the conference. Visit midwiferytoday.com/conferences/Strasbourg2010/MTShortFilmContest.asp for details and prize information.

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Please note: The conference language is English except as noted. "Bilingual" means English and French.

Avi: La langue du congrès est l'anglais sauf exceptions notées dans le programme. "Bilingual"/"bilingue" voudra dire en anglais et en français.

Tuesday ♦ Meeting ♦ 28 September 2010

International MotherBaby Childbirth Initiative

Debra Pascali-Bonaro, Robbie Davis-Floyd and Jan Tritten

Creating Optimal Models of MotherBaby Care

Please view the complete program for this meeting on our Web site here:
www.midwiferytoday.com/conferences/Strasbourg2010/IMBCI2010.asp

Wednesday ♦ Pre-Conference ♦ 29 September 2010

9:00 am – 5:00 pm

Full-day class

A1 ♦ Hands-on Midwifery Skills, Part 1—*Elizabeth Davis, Carol Gautschi, Tine Greve and Debra Pascali-Bonaro*

9:00 am – 10:00 am Essential Skills—*Elizabeth Davis*

Learn new things about blood pressure, pulse, lab tests, assessing reflexes and general health observation skills.

10:00 am – 11:00 am How Is the Baby?—*Carol Gautschi and Tine Greve*

In this age of technology, do we remember how to use our hands? Workshop focuses on developing and improving hands-on techniques to determine fetal position, station and cephalic prominence, assessing fetal heart with a fetoscope or pinard horn in prenatales and labor.

11:15 am – 12:30 pm Preventing Complications with Prenatal Care—*Carol Gautschi*

Identify and evaluate the clinical, psychological, emotional and spiritual aspects of prenatal care to nurture the well-being of pregnant and birthing women. We will explore unique ways to identify problems and facilitate great outcomes.

2:00 pm – 5:00 pm Labor Support for Doulas and Midwives—*Debra Pascali-Bonaro*

Debra will describe the 3 Rs (Relaxation, Rhythm and Ritual); comfort measures for labor; techniques for second stage; supporting women in difficult labors, and strategies to make birth more positive for mothers and babies. Registrants raved about this course, calling it fun and informative!

9:00 am – 5:00 pm

Full-day class

A2 ♦ Breech Workshop—*Ina May Gaskin, Michel Odent and Cornelia Enning*

9:00 am – 12:30 pm Breech Skills—*Ina May Gaskin and Michel Odent*

This class will help develop breech skills such as palpation, assessing fetal weight and amniotic fluid levels and version techniques. Frank, footling and complete breech and complications will be covered. Breech birth is not for the beginning midwife though everyone is welcome in this class (you never know when a breech birth will surprise you).

2:00 pm – 5:00 pm Breech Birth in Water—*Cornelia Enning*

Join Cornelia in this part of the breech workshop to learn the special circumstances of breech waterbirth. Breech birth in water improves fetal oxygenation by increasing uterine blood supply during immersion. Mobility of the mother in water allows better interaction of the baby through the pelvis. Fine-tune your skills at this important workshop.

9:00 am – 5:00 pm

Full-day class

A3 ♦ The Three Dimensions of Labor Pain—*Verena Schmid*

In this class we will see why labor pain is important, how it functions on different levels, and how to find an "entering door" for every woman through the three neurological dimensions of pain evaluation and perception. We will learn about the three dimensions and find specific tools for preparation and training before birth and for specific support and non-pharmacological methods of pain relief during labor.

9:00 am – 5:00 pm

Full-day class

A4 ♦ Mexican Techniques for Labor and Birth—*Naoli Vinaver*

(Bilingual) We will be immersed in traditional Mexican techniques for pregnancy, birth and postpartum including herbs and massage, from this brilliant Mexican midwife. Learn how to use a *rebozo*, a useful tool in all parts of the childbearing cycle. Discover simple techniques that promote healthy pregnancy and birth. Learn how midwives work with both normal birth and problems that arise. Learn ways to manage



breech, move stalled labor and much more. Naoli will share a wealth of ideas that can be applied directly to your practice.

5:30 pm – 7:00 pm

Open to all registrants

Christian Midwives Meeting—*Facilitated by Eneyda Spradlin-Ramos and Carol Gautschi. All are welcome.*

Thursday ♦ Pre-Conference ♦ 30 September 2010

9:00 am – 5:00 pm

Full-day class

B1 ♦ Two half-day classes—*(You must sign up for both.)*

9:00 am – 12:00 pm Preventing and Managing Birth Complications at Home—*Naoli Vinaver*

(Bilingual) Learn how to deal with irregular fetal heart rates, meconium, asynclitism, long and exhausting labor, shoulder dystocia, hemorrhage, floppy babies that need stimulation and much more. This class packs a lot of information for the homebirth midwife, though all midwives will benefit from Naoli's presentation.

1:30 pm – 5:00 pm Natural Birth and Parenting **(Bilingual)**

—*Martine De Nardi*

Right to a Physiological Birth (1:30 pm – 3:30 pm)

We will talk about how women must be the most important part of their birth by facilitating body and psycho-emotional integrity, confidence and independence. We will discuss how to relieve tension of tissues from lumbar, pelvic and stomach areas with a special kind of touch called tactilo-kinesthetical, which uses the sense of touch, the body's inner movement and the mutual relationship between the two.

Right to a Relationship with Parents (3:30 pm – 5:00 pm)

The basis of a sensitive parent/baby relationship starts with a consciously received and felt relationship from the beginning of the pregnancy. Sensorial Perinatal Gymnastics (SPG) uses the latest scientific research on fetal awareness to help parents integrate the newborn into their lives, building skills for a lifelong relationship.

9:00 am – 5:00 pm

Full-day class

B2 ♦ Natural approaches in birth and parenting **(Bilingual)**

9:00 am – 12:30 pm From Physiology to Practice—*Michel Odent*

Although the cesarean has become easier, faster and safer than ever, there are serious reasons to try to rediscover the basic needs of laboring women and newborn babies. After thousands of years of cultural interference and half a century of wrong messages transmitted by different schools of "natural childbirth," we must rely on the physiological perspective.

2:00 pm – 5:00 pm Breastfeeding Is a Human Right—*Tine Greve*

Midwives sometimes put the woman's right not to choose to breastfeed, over the child's human right to obtain the optimal nutrition as a baby. Has the mother actually been given the information needed to make an informed choice, or is her decision to not breastfeed based on myths and misinformation? In this class we will learn the benefits of breastfeeding for both mother and child, and gain tools and information to help women prepare for the breastfeeding period.

9:00 am – 5:00 pm

Full-day class

B3 ♦ Hands on Midwifery Skills – Part 2—*Elizabeth Davis, Carol Gautschi and Eneyda Spradlin-Ramos*

9:00 am – 10:00 am Holistic Complete Exam—*Elizabeth Davis*

Learn to make the exam a valuable experience for both client and practitioner. A "holistic" exam assesses how the woman is doing physically, emotionally, and in her life as a whole. With this as a background, we review the Complete Exam, system by system, with particular focus on obstetrical and gynecological functioning.

10:00 am – 11:00 am What Do You Do in a Birth?—Carol Gautschi

Carol discusses how the midwife “tunes in” at the initial interview to read the needs of mother/baby, artistically supporting one of life’s most momentous rites of passage. She is not fearful, yet is ever vigilant; evaluating normal vs. abnormal—nudging positive direction without judgment. Birth is not a technological event, but is a sacred space to be held, embraced and released at the baby-appointed time.

11:15 am – 12:00 pm Suturing Overview—Elizabeth Davis

Elizabeth will discuss how to evaluate the need for suturing or when it is better to allow natural healing. We will discuss the use of alternative healing techniques such as tissue adhesives and seaweed.

12:00 pm – 1:00 pm Labor and Birth Complications—Carol Gautschi

Learn to identify complications before they become major, handle problems as they occur, and how to care for women during—and after—transport for emergencies.

2:30 pm – 3:45 pm Helping the Slow-starting Baby—Carol Gautschi

The connection between mother/baby and loving, calming caregivers plays a part in successful resuscitation. Remembering the humanity of the newborn is a hallmark of the midwife. Carol will share ways to help the baby receive its breath without unnecessary interference of bulbs and/or over-management. She’ll also teach how to resuscitate with gentleness.

4:00 pm – 5:00 pm Trusting Birth—Eneyda Spradlin-Ramos

What forces shape our approach to birth? Do we bring confidence and positive expectations or fear and apprehension? Learn how we can develop the trust necessary to allow the patient unfolding of the birth process.

9:00 am – 5:00 pm

Full-day class

B4 ♦ Labor and Birth Complications—Gail Hart, Ina May Gaskin and Elizabeth Davis**9:00 am – 12:00 pm Shoulder Dystocia**

Our teachers will explain and discuss the mechanical, physical and emotional causes of shoulder dystocia. They will describe symptoms and signs used to predict it and analyze tools and methods used to overcome panic reactions; demonstrate effective treatments; and use mnemonics and the latest research to look in-depth at more than fourteen maneuvers.

1:30 am – 5:00 pm Presentations and Fetal Positions in Birth

Learn to identify fetal presentations and positions, the factors associated with them, and discover techniques for assessing and dealing with them. You will learn many tips for helping with non-LOA presentations. Bring your techniques to add to this body of midwifery knowledge.

5:15 pm – 6:30 pm

Open to all registrants

International Issues—Jan Tritten, Eneyda Spradlin-Ramos and Naoli Vinaver

Denying women their choice in birth is a basic human rights violation; one of the many forms of oppression women experience in the world today. Women are sometimes coerced into undergoing unneeded medical procedures against their will and then being left to deal with the resulting pain and trauma. How can we help women gain their rights to respect and independence?

7:00 pm – 10:00 pm

Open to all registrants

European Doula Meeting—Facilitated by Debra Pascali-Bonaro**Friday ♦ Day One ♦ 1 October 2010**

9:00 am – 11:30 am

Opening general sessions (Bilingual)

9:00 am – 9:30 am Birth Is a Human Rights Issue—Jan Tritten and Harriette Hartigan

Every mother and baby has the right to be treated with reverence and respect during the birth process including pregnancy and beyond. We welcome you to this conference as we seek solutions to the problem of overmedicalization of normal birth. Safe and humane birth is a basic human right. Harriette adds to the opening with the beauty she captures in photographs. Join her as she carries you deep into the womb of life, giving you a visual reminder of that deep trust in birth with her photo presentation, “First Home—Body Itself?”

9:30 am – 11:00 am Mother’s Birth Rights, Babies’ Birth Rights—

Verena Schmid, Martine De Nardi and Naoli Vinaver

Each baby, and each mother, has a right to as joyful and healthy a birth as possible. Each mother needs this for a good beginning of the mothering

she will do over her lifetime. We need to speak out for a widespread and radical change in the way we approach birth. We need to review our own practices and protocols and make sure we are putting mother/baby first. Join us as we propose and consider together the many different ways we can be with women: Giving them respect, dignity and informed decision. “First, do no harm.”

11:00 am – 11:30 am The First Hour Belongs to Mother/Baby—It Is a Human Right—Gail Hart

(Bilingual) Gail will share her brilliant insights and findings on the emotional states of mother and baby and the interaction that occurs at birth. She will cover how we can facilitate the process without disturbing mother/baby. Gail’s teaching on this subject makes it a fascinating class.

1:00 pm – 2:30 pm

Concurrent sessions C1 through C4

C1 ♦ Massage for Midwives and Doulas—Eneyda Spradlin-Ramos

Eneyda will explain why massage is essential for pregnant and birthing women and show practical application. She will discuss the importance of healing touch as a preventative tool and safe remedy for pregnant, laboring and postpartum women. In this hands-on class you will practice massage, something valuable to take to the women you serve.

C2 ♦ Hemorrhage and Third Stage Difficulties—Gail Hart

Many instances of excessive blood loss are either preventable or can be controlled with non-pharmacological methods. Learn techniques to facilitate the normal delivery of the placenta and render the need for pharmaceuticals rare. Learn how to deal with bleeding, placenta retention and other third stage problems.

C3 ♦ Alternative Methods of Pain Relief—Michel Odent

(Bilingual) In 1975, at a time when births became more and more difficult, Michel published a paper in *La Nouvelle Presse Médicale* about intracutaneous injections of sterile water in the lumbar region to treat intense back pain associated with failure to progress. Also in the 1970s, for the same reasons, Michel introduced the concept of birthing pools. This is how a review of alternative methods of pain relief will start.

C4 ♦ Orgasmic Birth: Myth or Reality?—Debra Pascali-Bonaro and Elizabeth Davis

Debra and Elizabeth will present suggestions for preparing for an orgasmic birth, including physical, emotional and mental aspects, as well as cardinal decisions that impact this potential in any setting. They will also share an approach to the postpartum period that allows for continued realization of the empowering experience in breastfeeding and parenting. Share your stories—we welcome your revelations!

2:45 pm – 4:15 pm

Concurrent sessions D1 through D4

D1 ♦ Twins—Ina May Gaskin

Ina May has extensive experience with twin birth. She will discuss strategies for safe twin birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage, as well as special aspects of prenatal care. The telling of amazing birth stories is one of Ina May’s gifts.

D2 ♦ Power of Sounds in Pregnancy and Birth—Agnès Keller

(Bilingual) Learn why sound is important in the birth year, and how sound affects the baby, mother and whole family. Learn how to intentionally use sound as a tool to help labor progress. This is a groundbreaking class, presenting information new to the midwifery knowledge base. Agnes has been conducting this research for many years.



D3 ♦ New Criteria to Evaluate the Practices of Obstetrics and Midwifery—*Michel Odent*

(Bilingual) According to highly plausible extrapolations, within some decades the majority of human beings will be born by the abdominal route. Among the remaining cases of vaginal births, the replacement of natural hormones by pharmacological substitutes will be almost the rule. In other words, human ingenuity will make “love hormones” useless in a highly critical period of reproductive life. This pessimistic future is probable if we do not introduce new criteria to evaluate the practices of midwifery and obstetrics.

D4 ♦ Posterior Presentation: Roundtables—*Elizabeth Davis, Tine Greve and Gail Hart*

Many cesareans occur due to persistent occipital posterior position. Avoid cesareans by understanding how to detect, prevent and fix posterior positions. Intimate roundtables allow participants the chance to talk with each teacher individually. This fast-paced fun class will give you the tools you need for dealing with posterior labors!

4:30 pm – 6:30 pm

General sessions

4:30 pm – 6:00 Tricks of the Trade—*Jan Tritten and Eneyda*

Spradlin-Ramos

(Bilingual) Share the techniques you’ve perfected in your practice or bring your burning questions to this roundtable of pertinent tips on a wide variety of birth topics. Previous sessions have included facilitating effective contractions, dealing with prolonged labor, preventing perineal tears, helping the slow-to-start baby.

6:00 pm – 6:20 Maternal Mortality—*Ina May Gaskin*

(Bilingual) The UN Human Rights Council adopted a resolution recognizing maternal mortality as a pressing human rights concern. Ina May will discuss this issue and show the beautiful quilt she is making to commemorate each maternal death.

6:20 pm – 6:30 pm Photo presentation: “Mona Lisa Moments”

—*Harriette Hartigan*

Saturday ♦ Day Two ♦ 2 October 2010

9:00 am – 11:30 am

General sessions

9:00 am – 9:10 am Photo presentation: “Exquisite Truth of Birth”—

Harriette Hartigan

9:10 am – 10:15 am Models That Work—*Robbie Davis-Floyd*

Come and listen to Robbie present the criteria she developed for identifying birth models that work. She will describe some effective models from all over the world. She will also describe low-cost, immediate ways to humanize birth in current hospital settings in the developing world—rapid ways to create new “models that work.”

10:15 am – 11:30 am A New Approach to Midwifery Care—*Verena Schmid*

Salutogenesis is the knowledge of how to create and conserve health. With salutogenesis it is possible to improve and facilitate the social adaptation to childbirth. Tools to improve the coping capacities are given by creativity, supplementary knowledge and competencies, support and body awareness. It is the right to optimal health.

1:00 pm – 2:30 pm

Concurrent sessions E1 through E4

E1 ♦ Open and Closed Systems: A Challenge to Health Care

Practitioners—*Robbie Davis-Floyd*

The goal of this workshop is to empower health care practitioners to deal with the ever-growing number of diverse beliefs and styles of practice in the health care field and to examine and assess their own practices and beliefs in the interests of continued learning and professional growth.

E2 ♦ Preserving the Midwifery Model—*Naoli Vinaver*

A midwife who is deeply concerned about the trends toward inappropriate medicalization of midwifery discusses how to preserve it in practice and teaching. Without a keen awareness of the forces that impact and alter midwifery, midwives can unwittingly conspire to make birth a technological event.

E3 ♦ Special Massage for Restarting Stalled Labor—*Verena Schmid*

You will wonder how you practiced without this fantastic tool. “I saw this work at a birth in Mexico where Verena and I were present. This labor had stopped entirely at about 7 cm. Verena did this massage and the labor restarted. The woman had her baby a couple hours later,” says Jan Tritten.

E4 ♦ Managing Labor and Complications in Waterbirth

—*Cornelia Enning*

Waterbirth is not only an option for a woman to give birth undisturbed and with dignity; it has medical advantages for mother and child as well. Breech births, OP births and twin births benefit from waterbirth. Cornelia will address concerns, research and models as well as share her hands-on experience. This class covers many types of births in water and equips the midwife to recognize and manage complications.

Classes continued on page 6 ➔

Registration Form

Please Print

Continued on page 5 ➔

Name		Telephone and Fax	
Address		E-mail	
City	State/Province	Zip/Postal Code	Country

① What excites you about this conference? _____

② How did you hear about this conference? _____

③ Do you give permission for Midwifery Today to release your name and address to fellow registrants? yes no

④ Please tick off each day of the conference you will attend:

- Tuesday IMBCI Meeting—28 September 2010
 Wednesday Pre-Conference—29 September 2010
 Thursday Pre-Conference—30 September 2010
 Friday Conference—1 October 2010
 Saturday Conference—2 October 2010
 Sunday Conference—3 October 2010

⑤ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you

will attend the conference on Saturday, you need to select one class from E1 through E4 and also one class from F1 through F4. Class descriptions can be found within this conference program.

Wednesday Pre-Conference—29 September 2010

9:00 am – 5:00 pm A1 A2 A3 A4

Thursday Pre-Conference—30 September 2010

9:00 am – 5:00 pm B1 B2 B3 B4

Friday Conference—1 October 2010

1:00 pm – 2:30 pm C1 C2 C3 C4

2:45 pm – 4:15 pm D1 D2 D3 D4

Saturday Conference—2 October 2010

1:00 pm – 2:30 pm E1 E2 E3 E4

2:45 pm – 4:15 pm F1 F2 F3 F4

Sunday Conference—3 October 2010

11:30 am – 1:00 pm G1 G2 G3 G4

Payment and Refund Policies

Payment by cheque: If you pay by cheque or money order, make it payable to Midwifery Today. Payment may be made in Sterling, Euros, or U.S. funds.

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Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

Payment by bank transfer in Sterling: Please e-mail admin@midwiferytoday.com for details.

Refunds: No refunds will be given after **16 August 2010**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

How to Determine Conference Prices

- Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are 25 May 2010 and 20 July 2010. Prices are shown in the table below for each deadline. Payment must be made by deadline to be eligible for reduced prices.
- If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.

How to Submit Registration and Payment

- Please read and complete both sides of this form. Then make a photocopy for your records.
- You may mail this form with your payment in Sterling, Euros or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. ****Credit cards will be charged in U.S. dollars.**** You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

Please indicate if you qualify for one of the following discounts:

- I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.
- I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	25 May 2010			20 July 2010			13 September 2010 (in-office deadline)		
1 day	\$140	€115	£95	\$150	€125	£100	\$160	€135	£105
2 days	\$280	€230	£190	\$300	€250	£200	\$320	€270	£210
3 days	\$375	€300	£250	\$400	€325	£265	\$425	€355	£280
4 days	\$515	€415	£345	\$550	€450	£365	\$585	€490	£385
5 days	\$560	€460	£380	\$590	€500	£400	\$620	€540	£420

Walk-ins welcome. Please contact Midwifery Today for availability.

Tuesday Meeting \$25, €18, £15

Conference price

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Subscription price

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Total.....

3. Registrations must be received **in office** at Midwifery Today no later than 13 September 2010. If you cannot mail your registration early enough for it to be received prior to 13 September 2010, please register at the conference.

Location/Accommodations

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For more information visit: www.midwiferytoday.com/conferences/Strasbourg2010/#accom

Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

Getting to the Conference

From airport by train: Enzheim Station (tel: 08 92 35 35 35) is a 5-minute walk from the airport terminal. Trains depart every 30 to 40 minutes to Strasbourg Train station (Gare Strasbourg).

From the Strasbourg station, at the exit of the central hall, cross the street, take bus no. 10 to “Brant Université” and get off at the third stop, “Place de Pierre.”

By car: From the airport, take route D221 and then onto the D400; take exit 8 onto the A35 motorway east to Strasbourg. From the North (Metz-Paris), take exit “Strasbourg centre – Avenue des Vosges” and follow the signboards to “Ciarus.” From the South (Colmar-Mulhouse), take exit “Wacken” to “Avenue des Vosges” and follow the signboards to “Ciarus.”

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2:45 pm – 4:15 pm

Concurrent sessions F1 through F4

F1 ♦ Hands—Our Treasured Tools—Naoli Vinaver

This class will affirm the knowledge and the power we contain and express through our hands. It will remind you that the essence of midwifery is, after all, its hands-on approach to providing care, support and education. Many techniques and ideas from Mexico will be included.

F2 ♦ Freedom to Practice the True Art of Midwifery Around the World—Ina May Gaskin and Carol Gautschi

Let us be with the women we serve, united in focus, committed to their ultimate experience. We are more than aides or observers. Let us be careful to avoid controlling or intrusive management. Heart-centered midwives walk in the very footsteps of the generations of women who have tread before them. Join us as we ponder what midwifery really means.

F3 ♦ Physiology of Second Stage—Verena Schmid

Verena will discuss ways of pushing and the transformation of the perineum. She will include maternal positions and effects on the mechanism of labor. She teaches this in a clear and comprehensible manner that helps you truly understand the baby's path through the pelvis and out into the world with the least resistance.

F4 ♦ Speaking Your Way: Women's Stories—Harriette Hartigan

Every woman's life is an epic journey. Each woman is the story of her own life. Let's speak, and listen to one another's journey and commitment to attending women and birth as midwives, doulas, teachers, writers, artists.

4:30 pm – 6:30 pm

General sessions

4:30 pm – 5:25 pm Solutions for Changing Birth Practices—Eneyda Spradlin-Ramos and Jan Tritten

Mothers' Rights, Babies' Rights: What have we learned? Where do we go from here? We will put up a board and list solutions and who would be willing to work on which idea. Let's change the world.

5:25 pm – 6:20 pm Birth Is Sexual. Are We Afraid of This Truth?

—Verena Schmid, Naoli Vinaver and Elizabeth Davis

Learn how undisturbed birth is inherently sexual in nature and how even our well-intended assistance can interfere. Develop a deeper understanding of oxytocin and its relationship to adrenaline by seeing how these hormones function at other times in the lifecycle, including the postpartum period.

6:20 pm – 6:30 pm Photo presentation: "Worthy of Our Sight"

—Harriette Hartigan

8:30 pm – 10:30 pm

Open to all registrants

Cabaret and Potlatch—Robbie Davis-Floyd and Michel Odent, MCs

The cabaret is for everyone to show their many talents whether in song, dance or whatever you do that you would like to share.

Potlatch—A "potlatch" is a traditional giveaway practiced by Northwest Native Americans. Our potlatch plan is to have each conference participant bring a gift to give to another participant. We suggest something for midwifery practice or something from your heart or country. Bring a gift if you want to participate.

Sunday ♦ Day Three ♦ 3 October 2010

9:00 am – 11:15 am

General sessions

9:00 am – 9:10 am Photo presentation: "Into the Essence of Creation"—Harriette Hartigan

9:10 am – 9:50 am Sharpening Your Observations at Birth

—Cornelia Enning

Learn from amazing video footage about the subtle reflexes the mother and baby exhibit in birth and shortly after when born naturally in water. This class will help you sharpen your powers of observation.

9:50 am – 10:30 am Faith in Birth—Carol Gautschi

Faith—it's what we believe. We impart it to our clients and families even if we don't realize it. Our faith is part of us and affects how we see the world and the birthing woman. Carol shares how midwives can act in ways above words and actions—working intuitively—combining heart and spirit. Let's lay claim to this powerful tool.

10:30 am – 11:15 am Promoting a New Model of Midwifery

—Robbie Davis-Floyd

Women and birth providers are reacting to excessively high c-section rates in traditional hospital settings by resurrecting midwifery care. Exchanging midwifery knowledge with midwives from other countries is the key to women's rights.

11:30 am – 1:00 pm

Concurrent sessions G1 through G4

G1 ♦ Labor Support Techniques—Debra Pascali-Bonaro

We will explore the art of being a relaxation specialist for labor. Comfort measures for labor such as hydrotherapy, massage/touch, focal points, movement, toning and the birthing ball will be discussed. Learn comforting and calming techniques to support your clients through all stages of labor with confidence, resources and hands-on skills.

G2 ♦ Prolonged Labor—Gail Hart

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed.

G3 ♦ Homebirth Is a Human Rights Issue—Carol Gautschi and Eneyda Spradlin-Ramos

Explore the human rights aspect of homebirth as well as the many benefits for mother and child. Carol and Eneyda will discuss skills required to be a homebirth midwife and how to provide the homebirth client with the highest standard of care. They will explore the homebirth model, why it is best for mothers and babies.

G4 ♦ Authoritative Knowledge—Robbie Davis-Floyd

Authoritative knowledge forms the basis for decision and action. The sources and styles of authoritative knowledge about birth vary from culture to culture. Robbie examines systems of authoritative knowledge in various societies, analyzing each system as an expression of the beliefs and values of the culture that generates it.

2:30 pm – 4:15 pm

General session

Cultural and Clinical Roundtables

In this well-loved Midwifery Today format, you'll sit in on three interesting roundtables of your choice. Roundtables will include:

The Farm Midwifery—Ina May Gaskin, Prolonged Pregnancy—Carol Gautschi, Photographing Birth—Harriette Hartigan, Cultural Diversity Is Strength in Midwifery—Robbie Davis-Floyd, Midwifery Education—Becoming a Midwife—Elizabeth Davis, The Doula Profession—Debra Pascali-Bonaro, Evidence-based Midwifery—Gail Hart, Birthing Women, Sacred Ground—Eneyda Spradlin-Ramos, Healing with Placenta Medicine—Cornelia Enning, Tear Prevention (Bilingual)—Tine Greve, Practice Sounds for Moving Labor Forward (Bilingual)—Agnès Keller, The Prime Inconvenient Truth (Bilingual)—Michel Odent, Physiological Birth (French)—Martine De Nardi, Rebozo Practice (Bilingual)—Naoli Vinaver

4:15 pm – 6:00 pm

Closing general sessions

4:15 pm – 4:45 pm Midwifery Today Short Film Contest Viewing

View the winning films of the Midwifery Today Short Film Contest, "Birth Is a Human Rights Issue." Find out how to enter here: midwiferytoday.com/conferences/Strasbourg2010/MTShortFilmContest.asp

4:45 pm – 6:00 pm Changing Birth Practices; It Is a Human Rights Issue—Jan Tritten, Eneyda Spradlin-Ramos, Debra Pascali-Bonaro, Tine Greve and Harriette Hartigan

4:45 pm – 5:15 pm Debra will share with us The International MotherBaby Initiative (IMBCI). It carries many of the solutions we need and gives us a document in many languages that we can use in our effort to change birth practices.

5:15 pm – 6:00 pm We will wrap up the conference with powerful words and images that we hope you will carry with you as you take up your calling to make birth better for motherbaby, father and our world, including a photo presentation from Harriette Hartigan: "For the Eye of Our Soul."

Photographs in the program by Harriette Hartigan
from the book *Brought to Earth by Birth*:

www.midwiferytoday.com/books/BirthPhotos.asp