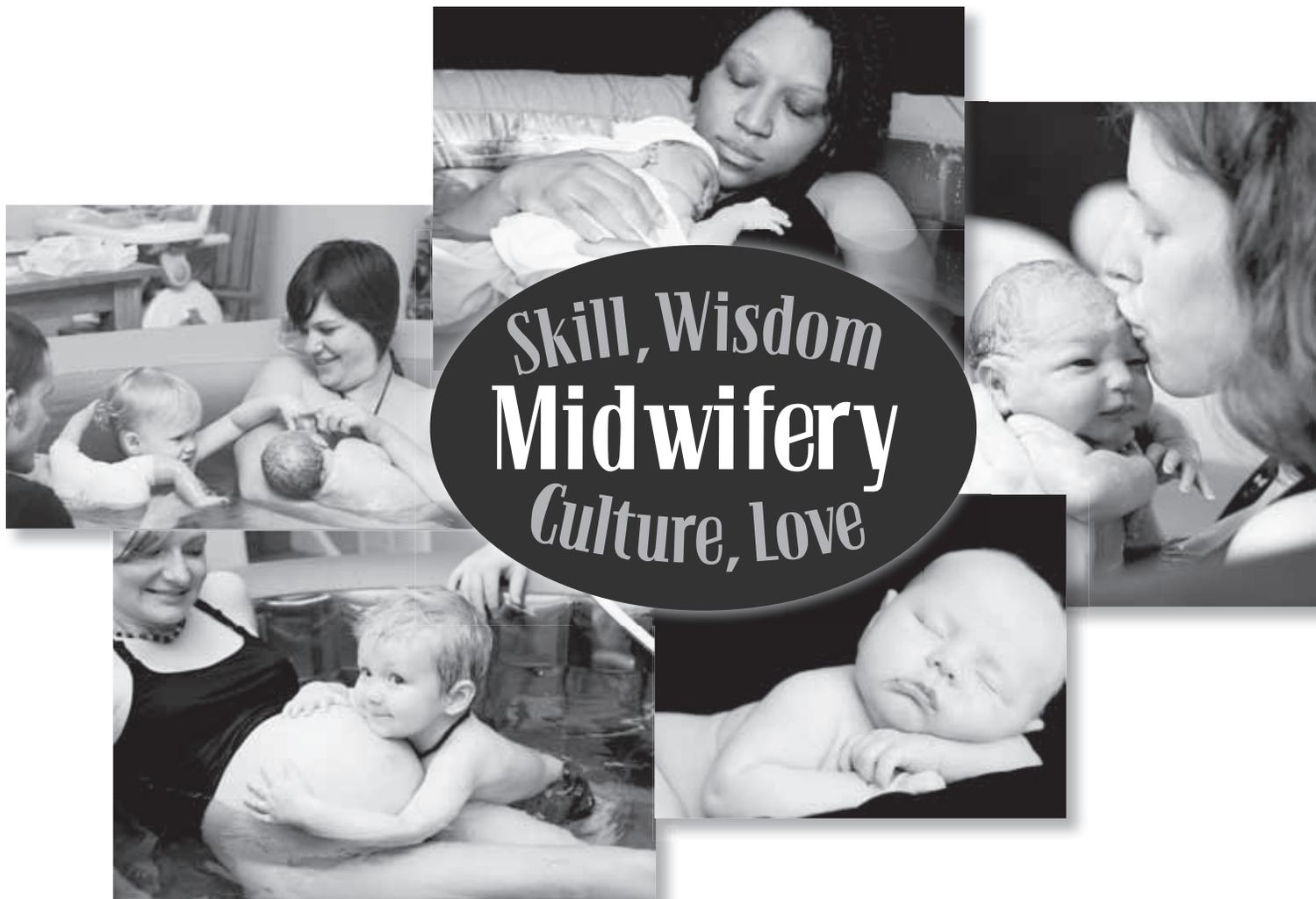


# MIDWIFERY TODAY CONFERENCE

Harrisburg, Pennsylvania USA • April 11–15, 2012



*Skill, Wisdom*  
**Midwifery**  
*Culture, Love*

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## *Learn from Great Speakers...*

- Carol Gautschi
- Eneyda Spradlin-Ramos
- Robbie Davis-Floyd
- Tine Greve
- Debra Pascali-Bonaro
- Mabel Dzata
- Michel Odent
- Betty-Anne Daviss
- Jan Tritten
- Ina May Gaskin
- Stephen Gaskin
- Gail Hart
- Naolí Vinaver
- Marcos Leite
- Elaine Stillerman
- Amish and Mennonite midwives

## *Choose from Classes on...*

- Beginning Midwifery
- Midwifery Skills
- Spanish for Birth Practitioners
- Breech Skills
- Alternative Remedies for the Childbearing Year
- Anthropology of Midwifery
- Doula Skills
- VBAC Skills
- Practical Midwifery Techniques from Mexico

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# Come Join Us in Harrisburg, Pennsylvania

We'd like to invite you to join us in Harrisburg, Pennsylvania, where we have planned a very exciting program for you. We have something for everyone—midwives, moms, doulas and doctors. This will be a great conference for improving clinical skills, and you will find a wealth of clinical information on breech birth, twins and VBACs, as well as classes on prolonged labor, shoulder dystocia and more.

In addition, we've taken an international approach. We will host teachers from Brazil, France, Mexico, Norway, Canada and Ghana. Teachers from the Amish and Mennonite communities, as well as Ina May and Stephen Gaskin from The Farm Midwifery Center in Tennessee, will also be presenting. We will work on serious issues

in midwifery and birth, and we will have fun, too. Harrisburg is near the heart of Pennsylvania's Amish Country. The hotel we've selected will be a fun place to relax in the indoor pool and spa area, as you share birth stories and your heart for motherbaby.

As always, it is our goal to offer you abundant information and insight, and to provide a renewing time to connect with colleagues. We provide all of this so you can go back to your practice, school or community, ready to do more. Join us this year for an unforgettable experience. We hope to refresh your joy and support you in sustaining your calling to nurture mothers and babies!



At varying times throughout the conference, be prepared to encounter a "Factbytes" presentation—a new approach to learning. These short infobursts are designed to spread useful information and provoke thoughtful analysis of common practices. They are certain to inspire conversation and discussion!

## Wednesday • Pre-Conference • April 11

9:00 am – 5:00 pm Full-day class

**A1 • Beginning Midwifery**—Learn the art, the essence and the basics of midwifery care in this full-day workshop designed for the aspiring and beginning midwife. Our experienced teachers share their wisdom and love of midwifery in a way that will nurture your interest and make you feel welcomed to the world of birth. They will teach the basics of normal pregnancy, birth and postpartum care. Come learn if midwifery is the profession for you.

**9:00 am – 10:00 am** The Art of Midwifery—*Eneyda Spradlin-Ramos*  
**10:10 am – 11:10 am** Prenatal Care—*Gail Hart*  
**11:15 am – 12:15 pm** Normal Labor Physiology—*Tine Greve*  
**1:00 pm – 2:00 pm** Emotional Issues in Labor—*Debra Pascali-Bonaro*  
**2:10 pm – 3:10 pm** Finding a Mentor or Apprenticeship—*Eneyda Spradlin-Ramos*  
**3:25 pm – 4:25 pm** Anatomy of a Birth Bag—*Christiana Strickler*  
**4:30 pm – 5:00 pm** Trusting Yourself to Trust Birth—*Eneyda Spradlin-Ramos*

9:00 am – 5:00 pm Full day class

**A2 • Midwifery Skills**—These classes are designed to improve and enhance your midwifery skills and knowledge. This is a great class for beginning and advanced midwives

**9:00 am – 10:00 am Counseling for Positive Outcomes**—*Gail Hart*

How we work with families during complicated births is important to their experience and their outcome. Learn compassionate counseling ideas.

**10:10 am – 11:10 am The Initial Interview**—*Carol Gautschi*

The purpose of the initial interview with a potential new client is determining whether you are a good match. Can you believe in her? Can you establish the mutual trust necessary for a homebirth?

**11:15 pm – 12:15 pm Prenatal care**—*Gail Hart*

Prenatal care is primarily what she does between her visits to you! But we will cover the midwife's role as well.

**1:45 pm – 3:00 pm First Stage Difficulties**—*Gail Hart*

Gail will share the protocols and techniques that she uses to help the mother move through the first stage of labor. This discussion will include prolonged ruptures of membranes, failure to progress, abnormal labor patterns, non-medical intervention, and more.

**3:15 pm – 4:25 pm Second Stage Difficulties**—*Ina May Gaskin*

Learn constructive ways to prevent and reconcile complications during second stage.

## 4:30 pm – 5:00 pm Questions and Answers

Questions and Answers about the topics from the day.

9:00 am – 5:00 pm Full-day class

## A3 • Spanish for Birth Practitioners—*Naoli Vinaver*

Childbirth practitioners are finding it necessary to learn "birth" Spanish in order to effectively serve the entire population of their communities. Join Naoli in this participatory presentation that will assist you in learning correct pronunciation. You will learn a visual and auditory approach, as well as cultural information that is essential to the practitioner. This course is fun and will help you in your birth practice.

9:00 am – 5:00 pm Full day class

## A4 • Developing Your Breech Skills

**9:00 am – 10:00 am Breech Birth Research**—*Michel Odent*

Learn about the many research studies already done on breech birth.

**10:00 am – 12:00 pm Breech Skills**—*Mabel Dzata, Ina May Gaskin, Michel Odent, Betty-Anne Daviss, Mary Hostetler, Diane Goslin and Marcos Leite*

We will begin with how to turn breech babies. This class will help you develop skills needed when attempts at turning don't work, and the parents and midwife decide to do a vaginal or home breech birth. Although breech birth is not for beginners, everyone is welcome in this class because you never know when one will surprise you. We will cover palpation skills, estimating fetal weight, amniotic fluid, and how to communicate with the baby with touch and words. We will cover basic skills including the hands-off approach and how to handle problems while staying calm. Frank, footling and complete breech will be discussed, as well as cord prolapse, fetal heart tone (FHT), and recognizing intrauterine growth restriction (IUGR) and other complications of breech presentation. You will learn ideas for using waterbirth with breech.

**1:30 pm – 4:30 pm Breech Birth Roundtables and Practice**—

*Mabel Dzata, Michel Odent, Marcos Leite, Mary Hostetler and Betty-Anne Daviss*

Learn the art and science of breech birth, the factors which may lead to breech presentation, and when external version is contraindicated. Our speakers will discuss the mechanisms of normal and stuck breech birth and techniques for handling each. These midwives and doctors have great combined experience with breech deliveries and these intimate roundtables give the participant a chance to dialog with each teacher individually. Mabel and Betty-Anne will help you with hands on practice after a short discussion. Come and fine-tune your skills at this important workshop!

**4:30 pm – 5:00 pm Questions and Answers**—*All speakers*

Questions and Answers about breech.

9:00 am – 5:00 pm Full day class

**A5 • Alternative Remedies for the Childbearing Year**—*Diane Goslin and Cynthia Caillagh-Allen*

A full day of information from some power-packed traditional midwives! There is knowledge from 8,000 births between these two teachers! You will learn

about the use of herbs, homeopathics and other natural remedies in pregnancy, birth and postpartum. Learn practical uses for your clients' ailments and complications, such as using alternatives to halt a hemorrhage and how to keep your women well! This class is for not just for novices but for everyone!

5:30 pm – 7:00 pm Open to all registrants

**Christian Midwives Meeting**—*All are welcome. Facilitated by Eneyda Spradlin-Ramos and Carol Gautschi.*

8:30 pm – 10:00 pm General session

### Talk Story—*Gail Hart*

From earliest history, women have shared their personal experiences of strength and healing. Stories wrapped with love and trust in the birth process have transmitted wisdom and confidence to each generation. Come to share or just to listen.

## Thursday • Pre-Conference • April 12

9:00 am – 5:00 pm Full day class

### B1 • Midwifery Skills

These classes are designed to improve and enhance your midwifery skills and knowledge. This is a great class for beginning and advanced midwives

#### 9:00 am – 10:00 am Overcoming Fear in Midwifery—

*Cynthia Caillagh-Allen*

Midwives are expected to be strong and calm, but many fears can affect the care they provide. Learn how to control your own fears while calming those in birth.

#### 10:10 am – 11:10 am Hemorrhage and Third Stage Difficulties—

*Gail Hart*

Many episodes of excessive blood loss are either preventable or foreseeable and easily controlled. It is important to facilitate the delivery of the placenta with patience. Learn techniques and approaches that may render the need for pharmaceuticals rare. You will learn how to assess and deal with bleeding in a way that will increase your confidence.

#### 11:15 am – 12:15 pm Basic Newborn Complications and Emergencies—*Tine Greve*

Understanding the predisposing factors that can alert midwives to possible complications at the time of birth is the main focus of this class.

#### 1:45 pm – 3:00 pm Fourth Stage Transition—*Tine Greve*

Tine will share her brilliant insights and findings on the hormonal states of mother and baby and the interaction that occurs. She will cover how we can facilitate the process without disturbing mother/baby.

#### 3:15 pm – 4:25 pm Alternatives to Suturing and Tear Prevention—

*Gail Hart*

What happens if you leave a second-degree tear unstitched? Learn about the technique of using tissue adhesives instead of stitches. Scientific analysis and updates on this subject will be presented. Learn ways to facilitate healing with herbal baths and poultices and how to prevent tearing in the first place.

#### 4:30 pm – 5:00 pm Trust Yourself to Trust Birth—*Eneyda Spradlin-Ramos*

9:00 am – 5:00 pm Full day class

### B2 • Comfort Techniques for Midwives and Doulas—

*Debra Pascali-Bonaro*

Women who are coping well with labor have some things in common: relaxation, rhythm and ritual (the 3 R's). Debra will describe the 3 R's and the many ways women experience them. Comfort measures for labor such as the gate control theory of pain, hot and cold compresses, music, massage/touch, acupressure, aromatherapy and the birthing ball will be discussed. Positions that facilitate rotation and descent in first stage and help to rotate and ease back labors will be demonstrated. Techniques for second stage, such as the support squat, dangle, toilet, "tug of war," the rope, and lap squatting will be shown with time for hands-on practice. This intensive course will make us better midwives or doulas. Registrants at previous conferences have raved about it, calling it fun and informative.

9:00 am – 5:00 pm

Full-day class

### B3 • Two half-day classes—(You must sign up for both.)

#### 9:00 am – 12:00 pm VBAC Skills for the Midwife—*Carol Gautschi and Mabel Dzata*

What are the actual risks of VBAC, and what about the benefits? We will concentrate on all the things you can do as a health professional to help clients have the safest VBAC possible. Learn about giving back the faith that a VBAC is a natural and safe way to give birth for most women. We will explore ways to help women complete the circle—from cesarean through vaginal birth. VBAC pregnancy, labor, birth and healing will be discussed. This workshop will provide you with a lot of facts and beautiful stories of women who have made it!

#### 1:30 pm – 5:00 pm Twins—*Ina May Gaskin, Mabel Dzata, Marcos Leite and Diane Goslin*

Our teachers have extensive experience with twin birth. They will discuss strategies for safe twin birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage, as well as special aspects of prenatal care. The "how to" as well as the telling of amazing birth stories is a gift of both of these highly-experienced midwives and midwife-like doctor!

9:00 am – 5:00 pm

Full day class

### B4 • Practical Midwifery Techniques from Mexico—*Naolí Vinaver*

It is fascinating to observe cultural traditions and their impact on pregnancy and birth. Naolí will discuss nutritional aspects, positioning, remedies, techniques and customs from Mexico. She will discuss the importance of healing touch, Mexican style, as a preventive tool and safe remedy for the pregnant body. You will learn how to use a *rebozo* to turn malpresenting babies, including posterior positions. The *rebozo* is a very useful tool in all parts of the child-bearing cycle. Come learn how to use it to help your clients! Time for hands-on practice will be provided.

9:00 am – 5:00 pm

Full day class

### B5 • Two half-day classes—(You must sign up for both.)

#### 9:00 am – 12:30 pm Anthropology of Midwifery—*Robbie Davis-Floyd*

This seminar will give you a fascinating overview of recent findings from social scientists studying midwifery and birth around the world, past, present and future. The framework will be the six subsistence strategies developed by humans over millennia (hunting-gathering, horticulture, agriculture, pastoralism, industrialism, and the technocracy), and the roles of midwives in each of these subsistence forms. Also discussed will be the establishment of professional midwifery, midwives' roles in the medical hierarchies established by colonial systems all over the developing world, disagreements over appropriate routes to midwifery education, the problematic relationship between nursing and midwifery and the shifting identities and role transformations experienced by what Davis-Floyd has called "postmodern midwives."

#### 2:00 pm – 5:00 pm Labor Massage in Traditional Cultures—

*Elaine Stillerman*

In his 1884 book on tribal women and childbirth, sociologist George Engelmann wrote "There is hardly a people, ancient or modern, that do not in some way resort to massage and expression in labor, even if it be a natural and easy one." In this session, we will explore labor rituals of numerous cultures and learn hands-on massage techniques that support a safe and easy labor.

7:00 pm – 9:00 pm

General session

### Birth Stories—*Gail Hart*

## Friday • Day One • April 13

9:00 am – 10:30 am

Opening general session

### 9:00 am – 10:00 am Midwifery: Skill, Wisdom, Culture, Love—

*Jan Tritten, Carol Gautschi and Mabel Dzata*

We have learned many skills from different cultures as we have traveled the world to teach with Midwifery Today. It is imperative that midwives be well educated, know physiologic birth and be skilled in dealing with complications. "What you know today can save a life tomorrow!" That said, we need to ensure

that we do not lose our woman's hands and heart skills. This is an important part of wisdom. The essence of "with woman" is a selfless love. This element should exist within our culture/tribe, transcending our own interests. We will ponder all of these issues as we explore what the true art of midwifery is.

**10:00 am – 10:30 am Reclaiming Independent Autonomous Midwifery**—*Carol Gautschi, Eneyda Spradlin-Ramos and Jan Tritten*

It is essential that midwifery be an autonomous profession. Learn specific ways in which autonomy can help birthing women reduce unnecessary and risky intervention, as well as how it can help keep the joy in midwifery practice. This is one of our most important issues in midwifery.

10:30 am – 11:30 am

General session

**Birth Is a Human Rights Issue**—*Jan Tritten and Debra Pascali-Bonaro*  
Women's and babies' human rights have been violated in today's birth environment. We need to take a long hard look at our practices and protocols and make sure we are putting mother/baby first. We need to speak out for a widespread and radical change in the way we approach birth. Join us to see in what ways we can propose good birth practices that respect human rights. It is way past time. Join us in a review of the many different ways we can be with women giving them respect, dignity and informed choice. First, do no harm.

1:00 pm – 2:30 pm

Concurrent sessions C1 through C5

**C1 • Midwifery and Birth without Fear**—*Mabel Dzata*

When you are out in the boonies what are you going to do? You will need the skills to deal with situations that arise. One way to counter fear is to know what you are doing. Fear in pregnancy and birth can have many consequences for both the family and health care provider. This class will help you define, understand and move through the fear that confronts us. Learn several ways of helping women, including midwives, turn fear into trust.

**C2 • Massage in Pregnancy**—

*Elaine Stillerman and Eneyda Spradlin-Ramos*  
Elaine and Eneyda will explain why massage is essential for pregnant and birthing women and show practical application. They will discuss the importance of healing touch as a preventive tool and safe remedy for the pregnant, laboring and postpartum women.

**C3 • Assuring Ideal Fetal Positioning**—*Carol Gautschi,*

*Naolí Vinaver and Jan Tritten*

How much attention do you pay to fetal position? Malposition is frequently cited as the primary cause of "failure to progress," which, in turn, is a major indicator for cesarean section. Learn how you can stem the tide in your practice by assuring the best position possible ahead of time. Carol, Naolí and Jan will share time-honored tips for detecting unfavorable positions and their favorite ways to approach the problem, including: use of a *rebozo* (traditional Mexican technique); gentle, unmedicated external cephalic version; and various other proven methods (manual and other) for repositioning babies. Many work in labor as well!

**C4 • Getting Started with Breastfeeding, Best Practices**—*Tine Greve*

Birth practices strongly influence breastfeeding. Why are women who have cesareans or who are given Pitocin in labor at greater risk of terminating breastfeeding earlier than they wish? In this class we will talk about both short- and long-term correlations between birth and breastfeeding. You will be given tools for prenatal preparation, a good breastfeeding start and early postnatal problem solving.

**C5 • Prolonged Pregnancy: Waiting, Watching, Worrying**—*Gail Hart*

What to do when the due date comes and goes? What are the real risks of prolonged pregnancy? How do we assess for signs of Postmaturity Syndrome?

How do we know when it is time to intervene; and how do we intervene when it's needed? Let's look at what the evidence says about risks and how to mitigate them, discuss how to monitor the prolonged pregnancy, and learn how to balance protocols with common sense. Also covered will be how to calculate due dates as accurately as possible, and how to determine fetal well-being.

2:45 pm – 4:15 pm

Concurrent sessions D1 through D5

**D1 • Posterior Roundtables**—*Mabel Dzata, Marcos Leite and Ina May Gaskin*

The importance of positioning, maternal sense of control and flexibility to approaches will be shared as well as how to do an early diagnosis. Many cesareans occur due to posterior presentation. Prevent cesareans by understanding how to diagnose, prevent and fix posterior presentations. These intimate roundtables give the participant a chance to talk with each teacher individually. This fast-paced fun class will present some options for dealing with posterior presentation.

**D2 • Prenatal Care to Prevent Birth Complications**—

*Diane Goslin and Carol Gautschi*

The relationship between midwife and client helps to create a trusting birth experience. Learn how women's bodies function differently when trust exists. Learn the heart of care during the prenatal period and how that affects the birth. We will explain how our philosophy and elements of care can help to avoid complicated birth beginning in the prenatal period. Birth complications can be prevented by helping women achieve physical, emotional and spiritual well-being.

**D3 • Amish and Mennonite Midwifery**—*Mary Hostetter, Lydia Byler*

*and Elizabeth Yoder*

Plain peoples emanate mystery, intrigue, challenges and folklore. Have you ever wondered what it might be like to work in an Amish or Mennonite community with little in the way of amenities and challenges that go beyond the typical? These teachers represent nearly 100 years of combined practice in the Mennonite and horse-and-buggy Amish communities and have helped thousands of babies come into this world! Hear of their experiences in assisting plain and "English" (non-plain) birthing women. Mary was at her first birth in 1956! Come hear their wisdom and what has given them the strength to endure assisting all these babies!

**D4 • Breech Birth in Hands-and-Knees Position**—*Betty-Anne Daviss*

Betty-Anne studied and attended many breech births in Germany where they were researching breech in hands-and-knees position. She will report on what she learned and tell us a few stories of how this position helps mothers with breeches.

**D5 • Group B Strep Issues**—*Gail Hart*

Do you know the new CDC recommendations for reducing Group B Strep (GBS) infections and how these recommendations affect your practice? How can we best protect our clients while balancing protocols and individual care? The antibiotic prophylaxis is only one method to reduce strep infections. Let's examine the evidence, including an understanding of optimum vaginal health as a key to reduce risk of infection and understanding vaginal health.

4:30 pm - 6:00 pm

General session

**Implementing Ideas for Change in Midwifery and Birth**—

*Carol Gautschi, Marcos Leite and Jan Tritten*

Even as more evidence mounts showing the harm caused by unnecessary obstetrical interventions, such interventions continue to increase and cesarean rates around the world continue to soar. How can midwives and doulas help bring needed change to others? Much is happening all around the world that is preventing women from achieving these goals and causing trauma to mothers and babies. Learn what you can do in your community to promote positive birth



change. We are all needed to change birth—let's hone our skills at creating optimal birth care for the women of the world.

7:30 pm – 9:00 pm

General session

**Tricks of the Trade**—*Eneyda Spradlin-Ramos and Jan Tritten*

9:30 pm – 11:00 pm

Open to all registrants

**Karaoke**—*Elaine Stillerman*

## Saturday • Day Two • April 14

9:00 am – 11:00 am

General session

**Cultural Aspects of Midwifery and Birth**—*Marcos Leite, Brazil; Michel Odent, France, England and the world; Tine Greve, Norway; Naoli Vinaver, Mexico; Mabel Dzata, Ghana; Mary Hostetter, Mennonite; Elizabeth Yoder and Lydia Byler, Amish; Betty-Anne Daviss, Inuit, Afghanistan, Canada; Ina May Gaskin and Stephen Gaskin, The Farm, Tennessee; James Strickler, Old Order River Brethren*

Join us as we review what is happening to birth around the world. We will discuss the current conditions and effective strategies that are protecting midwifery and birth globally. Discover what obstacles prevent midwives and physicians from giving their best care. Learn how birth and midwifery are political issues of utmost importance to the well-being of women and children in all cultures.

11:15 am – 12:45 pm

Concurrent sessions E1 through E5

**E1 • Models That Work**—*Robbie Davis-Floyd*

What is a birth model that works, and how do you know that it is working? Come and listen to Robbie present the criteria she developed for identifying birth models that work. She will describe some effective models from all over the world. She will also describe low-cost, immediate ways to humanize birth in current hospital settings in the developing world—rapid ways to create new “models that work.”

**E2 • JourneyDance for Birth**—*Debra Pacali-Bonaro*

Moving our bodies, opening our hearts, awakening the wisdom within for a safe, satisfying birth? Debra will take you through the elements of earth, air, fire, water with dance and share simple techniques to encourage pregnant women and their partners to release their fears and open to the miracle of birth. Debra states, “I am really enjoying adding movement and helping to address our fears.”

**E3 • Breech Roundtables**—*Mabel Dzata, Diane Goslin and Marcos Leite*

Explore the art and science of breech delivery. Learn what factors may lead to breech presentation and when external version is contraindicated. This panel also covers the mechanism of normal breech birth as compared to a stuck breech and presents techniques for handling both. You'll spend time with each of the teachers as they circulate among small groups of participants.

**E4 • Midwifery Techniques from Mexico**—*Naoli Vinaver*

There are many ancient midwifery ways and tips learned from the elder *parteras* in Mexico. The origin of these techniques goes back thousands of years. Join Naoli in this hands-on class and learn how many of the ways of midwives from Mexico can fit into your practice. Experience the simple solutions that help to create great tools of care for pregnancy and birth.

**E5 • Shoulder Dystocia**—*Gail Hart*

Gail will explain and discuss the mechanical, physical and emotional causes of shoulder dystocia. She will describe symptoms and signs used to predict it. She will analyze tools and methods used to overcome panic reactions, demonstrate effective treatments, look in-depth at more than fourteen maneuvers, and cover mnemonics and the latest research. Learn about all aspects of shoulder dystocia, including causes, incidence rates, prevention and solutions. It doesn't happen often, but when it does, you need to be ready.



2:15 pm – 4:15 pm

Concurrent sessions F1 through F5

**F1 • Honoring and Supporting Traditional Midwives**—*Marcos Leite and Naoli Vinaver*

Learn how Marcos learned external version from traditional midwives in Bolivia, how he tried to apply that knowledge in the hospital without success until he finally started going to women's homes and doing the versions there, in a very relaxed setting, with great success. Naoli and Marcos both learned so very much from traditional midwives. They will tell their stories and ponder how we can recapture the timeless essence of midwifery in traditional cultures. Let us preserve and learn from our deep and ancient roots. We can enhance our skills by listening to our sisters still practicing the old ways. Let us ponder how we can preserve and use the great cultural treasure trove of midwifery knowledge.

**F2 • Holistic Midwifery Care**—*Carol Gautschi and Ina May Gaskin*

The midwife is the key in the natural process of birth, and it is her knowledge and keen insight that helps women conquer their fears about birth. From a rich, holistic perspective, we will learn new observational tools for maintaining women in good health and preventing risks. We will discover the missing link in mainstream practice and how to be holistic within every practice. We will explore the physiological and emotional issues involved in birth.

**F3 • Open and Closed Thought Systems**—*Robbie Davis-Floyd*

How practitioners think and what they believe about birth determines how they practice and whether or not they are open to new learning and new scientific evidence. Robbie will explain the difference between open and closed thought systems and the paradigms of health care that stem from each kind of thinking. This session will help you become aware of how you think and give you tools for responding flexibly to new information about birth and health care.

**F4 • Uncommon Complications**—*Diane Goslin and Cynthia Caillagh-Allen*

Learn how to be prepared for “anything and everything.” Birth stories will be used to illustrate assessment techniques, problem solving and ways in which practitioners can build their self-confidence in dealing with emergency and unusual situations. You will learn to prepare for uncommon complications you may encounter: bleeding, disseminated intravascular coagulation (DIC), hematoma formation, amniotic fluid embolism and more. Learn how to manage these while keeping the family and yourself calm. Bring questions and cases to study.

**F5 • Pre-eclampsia and Hypertension in Pregnancy**—*Gail Hart and Michel Odent*

Pre-eclampsia has always been viewed as a mystery illness. Now the mystery is just beginning to unravel. Learn the latest research on why pre-eclampsia develops. Glean important methods to discern between women with normal pregnancy hypertension and those who are developing an illness. Know what tests to run and how to interpret the results. Be prepared to initiate a plan that will optimize health and outcomes for women with either condition.



4:30 pm – 6:00 pm

Open to all registrants

**International Issues: Global Midwifery Council Update—**

*Carol Gautschi, Gail Hart, Eneyda Spradlin-Ramos, Mabel Dzata and Jan Tritten*

The Global Midwifery Council is an international humanitarian organization of midwives investigating birth and midwifery around the world. The council's goal is to ensure that every woman receives safe and respectful midwifery care during childbirth. Come learn about these activities and how you can become involved. We can make changes for the better with knowledge of global possibilities.

8:00 pm – 10:00+ pm

Open to all registrants

**Cabaret—***Robbie Davis-Floyd, Betty-Anne Daviss and Michel Odent and a little more Karaoke with Elaine Stillerman.*

**Sunday • Day Three • April 15**

9:00 am – 10:15 am

General session

**Midwifery: Leading the Way with Visions and Dreams—***Jan Tritten, Gail Hart and Mabel Dzata*

We all have visions and dreams of how to make birth a beautiful life-changing experience for women. If we dare to carry out our dreams we can reclaim birth! Be inspired to lay aside your fears and begin your journey so you will be leading the way forward for mothers and babies.

10:30 am – 12:00 pm

Concurrent sessions G1 through G5

**G1 • Malpresentations—***Diane Goslin and Ina May Gaskin*

Learn about the myths and realities of this issue. Learn what factors increase the likelihood of a malpresentation. Identify different types of malpresentations and discover techniques for assessing and dealing with them. You will learn many tips for helping with malpresentations so birth can move forward and be achieved. Bring your techniques to add to this body of midwifery knowledge.

**G2 • Prolonged Labor—***Mabel Dzata*

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed. Learn prenatal factors that may help allay loooooong labors.

**G3 • Preterm Labor: Facts and Fantasies—***Marcos Leite and Betty-Anne Daviss*

Prematurity is often preventable. We will discuss how to identify those most at risk, and various treatments tried over the years in the search for an effective treatment. The best treatment is prevention! Let's look at the research to find what works.

**G4 • Preserving the Midwifery Model—***Carol Gautschi and Cynthia Caillagh-Allen*

Two midwives who are deeply concerned about the trends toward the medicalization of midwifery remind us what midwifery really means and how to preserve it in practice and teaching. Without a keen awareness of the forces that impact and alter midwifery, midwives can unwittingly conspire to make birth a technological event. If midwives don't vigilantly do all they can to keep birth as normal as possible, who else will?

**G5 • Pain, Pain, Pain; Risk, Risk, Risk—***Gail Hart*

Childbirth does not need to be a painful experience. Much of the pain in childbirth is caused by fear and anxiety. Fear increases tension, which increases pain, which increases fear. Midwives and doulas can use methods to reduce fear and tension in order to reduce pain. Most women can be relatively comfortable throughout labor if they have tools for relaxation, support and confidence.

1:30 pm – 3:30 pm

General sessions

**Roundtables**

In this well-loved Midwifery Today format, you'll sit in on three interesting and inspiring roundtables of your choice. Roundtables will include:

**Fathers—***Stephen Gaskin and James Strickler*

**Premature Rupture of Membranes (PROM)—***Gail Hart*

**Balancing Family with Midwifery and Doula Work—***Eneyda Spradlin-Ramos*

**The Invisibles of Organic Midwifery—***Carol Gautschi*

**One Doctor's Story of Transformation—***Marcos Leite*

**Birth Around the World—***Robbie Davis-Floyd*

**Doula Philosophy—***Debra Pascali-Bonaro*

**Rebozo Practice—***Naoli Vinaver*

**Difficult Twins—***Diane Goslin*

**Midwifery Education—***Betty-Anne Daviss*

**Clear Communication with Clients—***Mabel Dzata*

**Breastfeeding: Initial Attachment—***Tine Greve*

3:45 pm – 5:00 pm

Closing General session

**Planning for a Global Future—***Jan Tritten, Mabel Dzata, Tine Greve and Eneyda Spradlin-Ramos*

Come join us in creating a vision for the global future of midwifery. We will share political strategies and create global midwifery and birth related organizations. Autonomy, politics, status of midwives and constraints of practice will be covered. We will wrap up our time together with a lovely slide show of these past conference days by Tine Greve.



# Location & Accommodations

## Venue Information

**Sheraton Harrisburg Hershey Hotel** • 4650 Lindle Road • Harrisburg, PA 17111  
**Phone: (717) 564-5511** • **Fax: (717) 564-6173** • [www.sheraton.com/harrisburg](http://www.sheraton.com/harrisburg)

The conference will be held at the recently renovated Sheraton Harrisburg Hershey Hotel in the heart of Lancaster Amish Country. You'll be within walking distance of nearby casual restaurants and shopping and a short drive from downtown Harrisburg, Harrisburg International Airport and Hershey's Chocolate World. Hotel guests will appreciate the complimentary airport shuttle, free parking, complimentary high speed internet and wi-fi in your room and all public areas, 24-hour business center with five computers and free internet access, year-round heated indoor swimming pool and whirlpool, and 24-hour access to the hotel's fully equipped fitness center.

Attendees who book by **5:00 pm EST on March 19, 2012**, are eligible for discounted guest room rates of \$115 for a standard single/double room and \$120 for a standard triple/quad room. All rooms are subject to state and local taxes (currently 11%). Discounted rooms may be limited so book early for best results. Reservations made after this time and date are subject to space and rate availability. Group rates will be extended three (3) days prior to and after the meeting dates indicated on this registration form.

Reservations may be made through the online Stargroups Web site at [www.starwoodmeeting.com/Book/MidwiferyToday](http://www.starwoodmeeting.com/Book/MidwiferyToday) or by calling the Sheraton Harrisburg Hershey Hotel at **1-800-325-3535**. You must mention that you are participating in the Midwifery Today conference to receive the discounted rate. A credit card will be required to guarantee all reservations. **Guests cancelling 72 hours or less** before their arrival date will be charged a cancellation fee equal to one night's stay. An **early departure fee** of one night's stay will be charged in the event a guest checks out prior to the scheduled checkout date. Guests wishing to avoid this fee must advise hotel at or before check-in of any change in the scheduled length of stay.

## Travel Information

### Driving Directions

#### From East

Take the Airport Access Road to 283 West towards Harrisburg. Proceed on 283 North to Swatara Exit (#2). Turn right off ramp, then turn left onto High Point Dr. The hotel is on the left hand side.

#### From Baltimore and York (South)

From Interstate 83 North to I-283 South. Take the Swatara Exit (#2). Turn left onto Lindle Rd. At the second light turn left onto High Point Dr. The hotel is on the left hand side.

### From North

From Interstate 78 West or 81 South, proceed to I-83 South. Continue to 283 South to the Swatara Exit (#2). Turn left onto Lindle Rd. At the second light turn left onto High Point Dr. The hotel is on the left hand side.

### From West

Take the Pennsylvania Turnpike (Interstate 76) to Exit #247. Follow 283 North to the Swatara Exit (#2). At top of the ramp, turn right. Then, turn left at the first light. The hotel is on the left hand side.

### Harrisburg International Airport - [www.flyhia.com](http://www.flyhia.com)

Airport Code: MDT

Airlines include Air Canada, AirTran Airways, Continental Airlines, Delta Air Lines, United Airlines and US Airways

### Amtrak - [www.amtrak.com](http://www.amtrak.com)

Station Building (Station Code HAR)

4th and Chestnut Streets

Harrisburg, PA 17101

### Continuing Education Units

ACNM and MEAC specialty credits will be applied for. CEU fees are indicated on the conference registration form.

### Children at the Conference

Mothers may sit with babes in arms in the classrooms. However, out of respect for others, and because we are recording some of the classes, if a baby makes any noise, we must ask mother and baby to leave the room. Attendees must make their own arrangements for childcare.

### How to Save on Conference Prices

You can receive a discount of up to \$90 on your conference fees by registering early. You can receive an additional discount of up to \$75 by subscribing to *Midwifery Today*.

Students who pay tuition who register for three or more days qualify for a 30% discount on conference fees when they submit, **with their registration, proof of full-time student status.**

See the conference registration form that accompanies this program for complete details on conference pricing.

### Questions?

If you have any questions regarding the conference, please contact Carole Seeley, Conference Coordinator, at (541) 344-7438, or by e-mail at [conference@midwiferytoday.com](mailto:conference@midwiferytoday.com).

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# Speaker Biographies

**Lydia Byler** is an experienced Amish midwife practicing in Pennsylvania. She is also a reflexologist.

**Cynthia Caillagh-Allen** is a Traditional Midwife who has attended over 3000 births in the 33 years of her service to community where, with her strong emphasis on birth as a normal event, she has had the privilege of bearing witness to a substantial number of twins, triplets, breeches and VBACs in homebirth settings. Her practice has moved to the Midwest where, after having always been an unlicensed midwife, she is now preparing to sit for the CPM exam.

**Betty-Anne Daviss** is a registered midwife, social activist, researcher and preceptor working in Ottawa, Canada. She is an adjunct professor in Women's Studies at Carleton University. A midwife since 1976, she has caught babies on five continents. Her research has included ethnographic study on traditional midwives, social science research on changes in midwifery in North America and epidemiological investigation of clinical data. She is co-investigator of the CPM2000 Project, the largest prospective homebirth study in North America.

**Robbie Davis-Floyd, PhD**, Senior Research Fellow, Dept. of Anthropology, University of Texas Austin, and Fellow of the Society for Applied Anthropology, is a medical anthropologist specializing in the anthropology of reproduction. Robbie lectures at childbirth, midwifery and obstetrical conferences around the world. Robbie has written over 80 articles and the book *Birth as an American Rite of Passage* (2004). Her research on global trends and transformations in childbirth, obstetrics and midwifery is ongoing.

**Mabel Dzata, RN, CNM**, is a midwife from Ghana where she first trained and attended over 2,000 births before moving to the United States. She has practiced as a homebirth midwife in the US and has attended many twin and breech births. She now works as a CNM in a hospital practice.

**Ina May Gaskin, CPM**, is the founder and director of The Farm Midwifery Center in Tennessee (USA). She is the author of *Spiritual Midwifery* (1975) and *Ina May's Guide to Childbirth* (2003). She was president of Midwives Alliance of North America (MANA) from 1996 to 2002, and is a prominent national and international speaker. She has been a homebirth midwife since 1971.

**Stephen Gaskin** led a discussion at Monday Night Class from 1966 until 1970, beginning on the campus of San Francisco State College and ending at San Francisco's famous rock hall, The Family Dog. He also led a caravan of 50 school buses around the USA for a 42-city lecture tour, culminating in the founding of The Farm intentional community near Summertown, Tennessee. He is also the founder of The Farm's overseas relief and development organization, Plenty. He is the husband of midwife Ina May Gaskin.

**Carol Gautschi, CPM, LM**, has attended homebirths since 1978 and has worked as a Traditional Holistic Midwife on Washington's Olympic Peninsula since 1979. For her first 25 years Carol served as an unlicensed midwife. Her teaching style is unique because she teaches the nuts and bolts of her subject and also emphasizes the unseen (or intuitive) realm of birth.

**Diane Goslin, CPM**, has been practicing for 30 years. To date she has been the midwife for the births of over 5000 babies. She has primarily served in rural communities with a large portion of her practice among the Amish. In her diverse experience she has actively delivered VBACs, twins and breech babies and also seen many anomalies and complications. She resides in Lancaster County, Pennsylvania, where she currently practices.

**Tine Greve** received her midwifery education in Copenhagen, Denmark, in 1991 and has been an IBCLC since 2000. She has been working in an alternative birth-care (ABC) unit in Oslo, Norway, since 1997. Tine also started the first breastfeeding counseling clinic in Norway in 2000.

**Gail Hart** graduated from a midwifery training program as a CPM in 1977. She was certified by the Oregon Midwives Council and licensed in 1995. She is now

"semi-retired" and has a small practice. Gail is interested in ways to holistically incorporate evidence-based medical knowledge with traditional midwifery understanding.

**Mary Hostetler**, a Mennonite midwife, serves the plain community in Mifflintown, Pennsylvania, and is a midwife you can cuddle up to. She has a great capacity to love! She attended her first birth in 1956 and "got amniotic fluid in her shoes" (she says we all do)...and the rest is herstory!

**Marcos Leite, MD, PhD**, is a renowned humanistic obstetrician practicing in Florianopolis, Santa Catarina, Brazil. His work with ReHuNa (Network for the Humanization of Childbirth) has been fundamental to the social movement for the humanization of birth in Brazil. He is also an accomplished researcher and epidemiologist. He currently works for Grupo Hanami, a homebirth midwifery and obstetric practice, attending both home and hospital births.

**Michel Odent, MD**, has been instrumental in influencing the history of childbirth and health research. He developed the maternity unit at Pithiviers Hospital in France in the 1960s and 1970s, and is familiarly known as the obstetrician who introduced the concept of birthing pools and home-like birthing rooms. He later founded the Primal Health Research Center in England, which focuses on the long-term consequences of early experiences during the primal period (from conception until the first birthday). Odent is author of 11 books published in 21 languages.

**Debra Pascali-Bonaro** is co-chair of the International MotherBaby Childbirth Organization (IMBCO), where she works with international organizations, ministers of health and grassroots community organizations to create optimal models of maternity care. She is an inspirational international speaker. She served on the first Board of Directors for DONA International and is a DONA-approved doula trainer.

**Eneyda Spradlin-Ramos, BA** in Human Resources, Licensed Massage Therapist, was born in Managua, Nicaragua. She became interested in birth when she was nine, after observing a midwife resolve a prolonged second stage by simply having the mother blow into a bottle three times. Eneyda has been involved in childbirth, breastfeeding and homeschooling since 1982 and has attended homebirths since 1990.

**Elaine Stillerman, LMT**, has been a New York State licensed massage therapist since 1978. She began her pioneering work in prenatal massage, labor support and postpartum recovery massage in 1980. She is the developer and instructor of the professional certification workshop "MotherMassage: Massage during Pregnancy" which she began teaching in 1990.

**Christiana Strickler** is James Strickler's oldest daughter. She is an experienced midwife in spite of her youth. She has a busy homebirth practice in Central Pennsylvania.

**James Strickler**, fondly known as PapaMidwife and husband of Fern, participated in the birthings of their ten home-born children. James served as president of Pennsylvania-based SaveHomeBirth, promoting freedom of choice in matters of birth. When the Pennsylvania Board of Medicine recently tried to shut down a local midwife, he filed an amicus brief on behalf of the Amish.

**Jan Tritten** is the founder of Midwifery Today and a midwife who was in active practice from 1977-1989. She became a midwife after the powerful homebirth of one of her daughters. Her mission is to make loving midwifery care the norm for birthing women and their babies in this country and around the world.

**Naoli Vinaver** is a Mexican midwife who combines traditional birth practices with a profound interest in and respect for the physiology of natural birth. She has been attending both waterbirths and births in traditional styles and positions since 1990. Naoli has enjoyed three homebirths of her own in the company of her family.

**Elizabeth Yoder** is an experienced Amish midwife practicing in Pennsylvania. She believes it is important to figure out what the mother's rhythm is during labor.



Photo by Robin Gray-Reed