

Midwifery Today International Conference

17–21 October 2012 **Bad Wildbad, Germany**

Midwifery: Birth Care for a Global Future



Photo by Natasha Hance—NHancephotography.com

Speakers

- Elizabeth Davis
- Cornelia Enning
- Sharon Evans
- Carol Gautschi
- Lisa Goldstein
- Diane Goslin
- Tine Greve
- Gail Hart
- Angelina Martinez Miranda
- Katerina Perkhova
- Eneyda Spradlin-Ramos
- Jan Tritten
- Gail Tully

To read speaker bios please visit:
midwiferytoday.com/conferences/Germany2012/

Choose from classes on...

- Midwifery Skills, 2 full days
- Essentials of Midwifery
- Techniques from Mexico
- Shoulder Dystocia and Malpresentations
- Herbs, Homeopathy and Alternative Practices
- Second Stage of Labor
- Pain, Pain, Pain; Risk, Risk, Risk
- Remembering Why We Are Midwives
- Sore Boobs and Bottoms

CONFERENCE DISCOUNTS

- Early registration
- *Midwifery Today* Subscribers
- Students save 20%

See registration
form for details

www.midwiferytoday.com/conferences/Germany2012/



9:00 am – 5:00 pm

Full-day class

A1 ♦ Midwifery Skills, Part 1—*Elizabeth Davis, Sharon Evans, Diane Goslin, Carol Gautschi, Lisa Goldstein and Gail Hart*

Note: Two-part class, A1 and B1; you may sign up for one or both days. Midwifery is an art that requires practical thinking, medical know-how, a strong intuitive sense and emotional understanding. Learn how all these elements combine and work together creating a firm foundation of good care.

9:00 am – 10:00 am Fear: How It Affects Labor—*Sharon Evans and Carol Gautschi*

In this class we will explore the effects fear can have on the outcome of birth, addressing both from where the fear stems and the consequences of falling prey to this enemy. We will explore how to recognize, confront and conquer fear first within ourselves as midwives, since we are the guardians of the normal birth process, and then within the women and families we serve.

10:10 am – 11:10 am Counseling for Positive Outcomes—*Elizabeth Davis*

In this session we will explore how various counseling modalities such as visualization, affirmations and couples' dialogue can assist us to make the most of the time we spend with families.

11:15 am – 12:00 pm The Initial Interview—*Carol Gautschi*

This is often the longest prenatal visit and one where you can learn a lot about the woman and her needs. This visit sets a firm foundation for the course of the prenatal time and the mother midwife relationship.

1:00 pm – 2:00 pm Prenatal Care—*Lisa Goldstein*

Learn how to evaluate and nurture the emotional, physical and psychological well-being of pregnant and birthing women. Prenatal care is vital to normal birth.

2:10 pm – 3:10 pm Twins—*Diane Goslin and Lisa Goldstein*

Our teachers have extensive experience with twin birth. They will discuss strategies for safe twin birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage, as well as special aspects of prenatal care.

3:25 pm – 4:25 pm Intuition and Protocol: Where Do the Two Meet?—*Elizabeth Davis*

Midwives have used intuition to make decisions for years. In this workshop, we will discuss techniques for developing your intuition and guidelines for knowing when to consult, refer or transport. We will also discuss case studies and the protocols used.

4:30 pm – 5:00 pm Trusting Yourself to Trust Birth—*Gail Hart*

What forces shape our approach to birth? Do we bring confidence and positive expectations or fear and apprehension? Learn how we can develop the trust necessary to allow the patient unfolding of the birth process, while remaining alert and prepared for any problems or complications.

9:00 am – 5:00 pm

Full-day class

A2 ♦ Essentials of Midwifery—*Elizabeth Davis, Gail Hart, Gail Tully, Carol Gautschi and Eneyda Spradlin-Ramos*

Learn the art, the essence and the subtleties of midwifery care in this full-day workshop designed for all midwives and aspiring midwives. Our experienced teachers share their wisdom and love of midwifery in a way that will nurture your interest and make you feel welcomed to the world of birth.

9:00 am – 10:00 am Midwifery and the Art of Caring—*Eneyda Spradlin-Ramos*

The art of midwifery is an invitation for human growth, a celebration of our potential, an ever-growing flow of wisdom from the depth of women and a caring for life itself.

10:10 am – 11:10 am Prenatal Care—*Gail Tully*

Learn how to evaluate and nurture the emotional, physical and psychological well-being of pregnant and birthing women. Many midwives know that if

we do excellent prenatal care, the birth is likely to go well. Prenatal care is vital to normal birth.

11:15 am – 12:15 pm Holistic Complete Exam—*Elizabeth Davis*

In this class we will review complete physical exam skills, with attention to making the exam a valuable experience for both client and practitioner. How is the pregnant woman doing, physically, emotionally, in her life as a whole? What are her aims in coming to you for an exam?

1:15 pm – 2:00 pm Emotional Support in Labor—*Carol Gautschi*

This session will help the caregiver understand the effect that emotions may have in the outcome of labor. We will learn about predictable stress points in labor and offer concrete suggestions that can be used to improve the birthing woman's ability to handle labor.

2:10 pm – 3:10 pm Senses and Sounds of Birth—*Carol Gautschi*

We need to use all of our senses to support birthing mothers. What do our senses tell us in the birth room? This class will help develop your birth intuition and enlighten your practice.

3:25 pm – 4:25 pm Postpartum Care—*Gail Hart*

Your responsibility to mother and child continues after the baby is born. Discover some tips for preventing problems before they arise.

4:30 pm – 5:00 pm Trusting Yourself to Trust Birth—*Eneyda Spradlin-Ramos*



9:00 am – 5:00 pm

Full-day class

A3 ♦ Techniques from Mexico—

Angelina Miranda Martinez

Observing cultural traditions and their impact on pregnancy and birth is fascinating. In addition to nutrition and positioning, Angelina will discuss remedies, techniques and customs from Mexico, whose origins go back thousands of years. Discover simple techniques that promote healthy pregnancy and birth. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle. You will have time to practice using a *rebozo* so you will really understand how and for what to use it. From the first labor contractions to the first days after birth, we will learn how midwives work with both normal birth and problems that arise. We will learn ways to manage breech, move stalled labor along and much more.

9:00 am – 5:00 pm

Full-day class

A4 ♦ Two half-day classes (You must sign up for both.)

9:00 am – 12:00 pm Waterbirth Practice, Practicalities and New Discoveries—*Cornelia Enning*

Cornelia will explore the many benefits and ways of using water in birth and will discuss its unique properties—psychological as well as physical. Waterbirth allows a woman to give birth undisturbed and in dignity. It has medical advantages for mother and child. Breech, OP and twin births all benefit from waterbirth. The ease of attending births in water is a joy. Cornelia will address concerns about water labor, waterbirth and potential risks. She will report on clinical findings, current research and models from various places around the world, and share her hands-on experience.

1:30 pm – 5:00 pm Influences of Birth Practices on Bonding and Attachment—*Tine Greve*

Healthy and secure attachment patterns in infants help children and adults see a world with infinite possibilities. Insecure attachment patterns create victim consciousness, fear and doubt. This workshop will help the participant identify how each medical birth intervention interrupts the normal process of birth and can possibly lead to insecure attachment.

5:30 pm – 7:00 pm

Open to all registrants

Christian Midwives Meeting—*Eneyda Spradlin-Ramos*
All are welcome.

8:30 pm – 10:00 pm

General session

Talk Story—*Gail Hart*

From earliest history, women have shared their personal experiences of strength and healing. Stories wrapped with love and trust in the birth process have transmitted wisdom and confidence to each generation. Come to share or just to listen.

Thursday ♦ Pre-Conference ♦ 18 October 2012

9:00 am – 5:00 pm

Full-day class

B1 ♦ Midwifery Skills, Part 2 (See A1)—*Elizabeth Davis, Gail Tully, Carol Gautschi, Tine Greve, Gail Hart, Angelina Martinez Miranda and Eneyda Spradlin-Ramos*

Note: Two-part class, A1 and B1; you may sign up for one or both days.

9:00 am – 10:00 am Avoiding Labor Complications—*Gail Tully and Carol Gautschi*

Emergencies don't just happen; they develop. Set the stage for good births in prenatal care. Be there before things go wrong. Learn to look, listen and act to prevent problems.

10:10 am – 11:00 am Caring for VBAC Women—*Carol Gautschi*

Help women complete the circle—from cesarean through vaginal birth. Birth is a miracle. VBAC birth is an emotion-laden, joyful double miracle. Learn midwifery skills to midwife this miracle.

11:00 am – 12:00 pm Holistic Midwifery Care—*Elizabeth Davis*

The midwife is the key in the natural process of birth, and it is her knowledge and keen insight that helps women conquer their fears about birth. From a rich, holistic perspective, we will learn new observational tools for maintaining women in good health and preventing risks.

1:00 pm – 1:50 pm Physiology of Second Stage—*Gail Hart*

We need to reexamine the process of how the baby transitions from the womb through the birth canal. If we understand the physiology of second stage we can help women work with their bodies more effectively. Giving birth is more about the process of “opening and releasing” than it is about “pushing.”

2:00 pm – 3:10 pm Birth Isn't Over until Breastfeeding Is Established—*Tine Greve*

As midwives we play an important role in informing women so they can make the right choice for themselves and their babies. Learn the secrets of establishing breastfeeding from a Norwegian midwife.

3:25 pm – 4:25 pm Mexican Techniques for Postpartum—

Angelina Martinez Miranda

Angelina's insights will help you improve your care for women after the birth. You will learn hands-on techniques such as using the *rebozo* to “close the bones” and for massage. You will learn about the herbs she uses in postpartum care.

4:30 pm – 5:00 pm Balancing the Demands of Home and Work—

Eneyda Spradlin-Ramos

Eneyda will help participants identify what is truly important and what can be eliminated within their busy lives. She gives a well-thought-out recipe for this task, and walks participants through it with her gentle manner and years of experience.

9:00 am – 5:00 pm

Full-day class

B2 ♦ Shoulder Dystocia and “Malpresentations”—*Tine Greve, Gail Tully, Diane Goslin, Carol Gautschi and Gail Hart*

9:00 am – 12:30 pm Shoulder Dystocia—*Tine Greve and Gail Hart*

Our teachers will explain and discuss the mechanical and physical causes of shoulder dystocia and describe symptoms and signs to predict it. They will analyze tools and methods used to overcome panic reactions. They will also demonstrate effective treatments. Gail will look in-depth at more than fourteen maneuvers, and cover mnemonics and the latest research.

2:00 pm – 5:00 pm Malpresentations—*Gail Tully, Diane Goslin and Carol Gautschi*

Learn what factors increase the likelihood of a malpresentation. Identify different types of malpresentations and discover techniques for assessing and dealing with them. You will learn many tips for helping with malpresentations so birth can move forward and be achieved. Bring your techniques to add to this body of midwifery knowledge.

9:00 am – 5:00 pm

Full-day class

B3 ♦ Midwifery Education for a Global Future—*Elizabeth Davis, Sharon Evans, Gail Hart and Jan Tritten*

This intensive study day is designed for existing and would-be midwifery educators and those with an interest in this area. Students will also benefit from this class. The diverse experience and approaches these midwifery educators bring from around the country and the globe will enhance your knowledge in this area.

9:00 am – 10:00 am The Making of New Midwives: Midwifery Education—*Sharon Evans*

We will discuss different ways in which midwives are being born. Come learn what is being done and help think of new strategies for having enough midwives to care for pregnant women.

10:10 am – 11:15 am Mentorship: Supporting Students—*Sharon Evans and Jan Tritten*

What makes a good mentor or preceptor? How can midwives best facilitate student progress? Explore the ways in which we can help students learn and to find out how to get the most out of the mentorship experience for both of you. This is an excellent class for students as well.

11:20 am – 12:30 pm The Apprenticeship Model of Midwifery Education—*Sharon Evans and Jan Tritten*

How does apprenticeship really work? What are the joys and pitfalls of this model in reality? Our teachers will offer participants the chance to raise issues and explore their own ideas in this class.

2:00 pm – 3:10 pm Philosophy of Education—*Gail Hart*

How do we nurture the midwives of tomorrow? The way we educate midwives has everything to do with the way they will someday practice.

3:30 pm – 5:00 pm Midwifery Education at the Crossroads—*Elizabeth Davis*

A majority of instructors are satisfied with their performance, but many students are not happy with their educational experience. How can we bring the two together? What is needed for the next generation of midwives to survive in the current circumstances of practice? Let's brain (and heart) storm the future of midwifery education.

9:00 am – 5:00 pm

Full-day class

B4 ♦ Herbs, Homeopathy and Alternative Practices—*Lisa Goldstein*

Experience a full day of information about the use of herbs, homeopathics and other natural remedies in pregnancy, birth and postpartum. An extensive reference book will be given to class participants. Slides will be shown for plant identification and there will be demos for making herbal tinctures, oils and salves and homeopathic solutions from pellets. Come and learn some new tips and uses for your favorite remedies. This class is for everyone. “Lisa gives more tips and remedies in this single class than most of us get in all of our schooling,” says Jan Tritten.

Friday ♦ Day One ♦ 19 October 2012

9:00 am – 10:30 am

Opening general session

Midwifery: Care for a Global Future—*Gail Tully, Carol Gautschi, Katerina Perkhova and Jan Tritten*

The midwife is the expert in normal birth, including variations such as twins, breech and VBAC. We need to create a future where doctors work in their area of expertise: surgery and complications. In this paradigm we can create miraculous marvelous births for more mothers and babies. Birth, when undisturbed, including first breastfeed, is the strong foundation upon which we can begin a peaceful world.

10:30 am – 11:30 am

General session

Technology as a Threat to the Normal Birth Process—*Elizabeth Davis*

Elizabeth will explore the reasons for and the negative consequences of the inappropriate or excessive application of technology—drugs as well as instruments, machinery and surgery—in birth. Learn your role in protecting pregnant and birthing women and how current research actually supports the use of less intervention in birth. Discover how to establish the appropriate and careful use of technology.

1:00 pm – 2:30 pm

Concurrent sessions C1 through C4

C1 ♦ Hemorrhage and Third Stage Difficulties from an Alternative and Allopathic Perspective—*Carol Gautschi*

Learn how to help pregnant women keep healthy to prevent or reduce hemorrhage. Learn about herbs and how to access and administer them. Other alternative methods will be discussed in this information-packed course.

C2 ♦ Regaining and Retaining Autonomy in Midwifery—*Elizabeth Davis*

It is essential that midwifery be an autonomous profession. Autonomy is very important in protecting mothers from the devastating experience of medicalization in birth. This is one of our most important issues in midwifery, and a key to keeping joy in midwifery practice.

C3 ♦ Tear Prevention and Methods of Treatment—*Tine Greve and Lisa Goldstein*

Learn about issues on tears and repairs and about both prenatal and intenatal tear prevention. What do you do if a tear occurs? Learn when to stitch and when you do not need to. Learn alternatives to stitching.

C4 ♦ Preventing Complications with Prenatal Care—*Sharon Evans*

Identify and examine the clinical, psychological, emotional and spiritual aspects of prenatal care. We will learn how to evaluate and nurture the emotional, physical and psychological well-being of pregnant and birthing women. We will share some unique ways to facilitate great outcomes in our own practices.

2:45 pm – 4:15 pm

Concurrent sessions D1 through D4

D1 ♦ Second Stage of Labor—*Elizabeth Davis*

Explore women's ability to birth in a sacred way. When women find their own way of birthing, it is up to us, their practitioners, to facilitate the process, not change it. We will familiarize ourselves with the sounds and movements of second stage when women are in environments conducive to the primal birth dance. We will also review second stage research from a midwifery point of view, focusing on how maternal positions and associated birth environments affect childbirth outcomes.

D2 ♦ Assuring Ideal Positioning—*Carol Gautschi, Jan Tritten, Gail Tully and Cornelia Enning*

How much attention do you pay to fetal position? Malposition is frequently cited as the primary cause of "failure to progress," which, in turn, is a major indicator for cesarean section. Learn how you can stem the tide in your practice by assuring the best position possible ahead of time.

D3 ♦ Preterm Labor: Facts and Fantasies—*Lisa Goldstein*

Prematurity is often preventable. We will discuss the best ways to prevent it. We will discuss the methods we tried over the years; various treatments which have been in vogue; and the things we think work and those which really work.

D4 ♦ Pain, Pain, Pain; Risk, Risk, Risk—*Gail Hart*

Most women can be relatively comfortable throughout labor if they have tools for relaxation, support and confidence. Much of the pain in childbirth is caused by fear and anxiety. Fear increases tension, which increases pain, which increases fear. Midwives and doulas can use methods to reduce fear and tension in order to reduce pain.

4:30 pm – 5:30 pm

General session

Remembering Why We Are Midwives—*Carol Gautschi, Jan Tritten, Angelina Martinez Miranda, Gail Tully and Katerina Perkhova*

We were called to the profession of midwifery to be powerful in our protection of women. We are midwives in order to help restore to women the knowledge they need for a joyous birth experience. We answered the call to serve women and their babies to the best of our abilities.

5:30 pm – 6:00 pm The Future of Midwifery—*Diane Goslin*

Diane Goslin has attended over 6,000 births. She has been persecuted and prosecuted in Pennsylvania. When a case went to court, thousands of Amish showed up in hundreds of horse and buggies. The judge threw out the case, seeing the love and support she had. As well as anyone, Diane can speak to the future of midwifery.

Evening: Time on your own

A spa pass will let you enjoy the wonderful spas in this charming town of Bad Wildbad. You may buy a spa pass for €34 (good 17–21 October). Inquire about single-entrance fee.

Saturday ♦ Day Two ♦ 20 October 2012

9:00 am – 10:15 am

General session

Birth Is a Human Rights Issue—*Carol Gautschi, Jan Tritten and Katerina Perkhova*

Women's and babies' human rights have been violated in today's birth environment. We need to take a long hard look at our practices and protocols and make sure we are putting motherbaby first. Join us to see in what ways we can propose good birth practices that respect human rights. It is way past time. We will review the many different ways we can be with women giving them respect, dignity and informed choice. First, do no harm. We will also talk about the Global Midwifery Council and give an update on its activities.

10:30 am – 12:00 pm

Concurrent sessions E1 through E4

E1 ♦ How to Create a Sacred Birth Space—*Carol Gautschi*

Birthing women are sacred ground. We will share stories and ideas that express why birth is such a profound, intimate and deeply remembered experience for women. We will discuss the emotional, spiritual and environmental factors important to all birthing women and babies. We will explain how birth practitioners can learn to understand and respect the holy ground upon which they walk whenever they are caring for a

Classes continued on page 6 ➔

Registration Form

Please Print

Continued on page 5 ➔

Name		Telephone and Fax	
Address		E-mail	
City	State/Province	Postal Code	Country

❶ What excites you about this conference? _____

❷ How did you hear about this conference? _____

❸ Do you give permission for Midwifery Today to release your name and address to fellow registrants? yes no

❹ Please tick off each day of the conference you will attend:

- Wednesday Pre-Conference—17 October 2012
- Thursday Pre-Conference—18 October 2012
- Friday Conference—19 October 2012
- Saturday Conference—20 October 2012
- Sunday Conference—21 October 2012

❺ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you

will attend the conference on Saturday, you need to select one class from E1 through E4 and also one class from F1 through F4. Class descriptions can be found within this conference program.

Wednesday Pre-Conference—17 October 2012

9:00 am – 5:00 pm A1 A2 A3 A4

Thursday Pre-Conference—18 October 2012

9:00 am – 5:00 pm B1 B2 B3 B4

Friday Conference—19 October 2012

1:00 pm – 2:30 pm C1 C2 C3 C4

2:45 pm – 4:15 pm D1 D2 D3 D4

Saturday Conference—20 October 2012

10:30 am – 12:00 pm E1 E2 E3 E4

1:30 pm – 3:00 pm F1 F2 F3 F4

Sunday Conference—21 October 2012

10:30 am – 12:00 pm G1 G2 G3 G4

Payment and Refund Policies

Payment by cheque: If you pay by cheque or money order, make it payable to Midwifery Today. Payment may be made in Sterling, Euros, or U.S. funds.

Payment by credit card: All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payer.

Payment by bank transfer using Euro prices below:

Midwifery Today, Inc., account at:
HSBC Bank plc, 60 Queen Victoria St, London, EC4N 4TR England
Account number: GB06 MIDL 4005 1557 1644 96
BIC code: MIDLGB22

Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

Payment by bank transfer in Sterling: Please e-mail admin@midwiferytoday.com for details.

Refunds: No refunds will be given after **31 August 2012**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

How to Determine Conference Prices

- Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are 5 June 2012 and 31 July 2012. Prices are shown in the table below for each deadline. Payment must be made by deadline to be eligible for reduced prices.
- If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.
- Prices are subject to change in the event of large currency fluctuations. Please check midwiferytoday.com/Germany2012/register.asp for current prices.

How to Submit Registration and Payment

1. Please read and complete both sides of this form. Then make a photocopy for your records.
2. You may mail this form with your payment in Sterling, Euros or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. ****Credit cards will be charged in U.S. dollars.**** You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

3. Registrations must be received **in office** at Midwifery Today no later than 25 September 2012. If you cannot submit your registration and payment early enough for it to be received by 25 September 2012, please register at the conference.

Hotel

Bad Wildbad Hotels—Booking Service Reservation Office:

Telephone: +49 7081 10280

Fax: +49 7081 10290

E-mail: touristik@bad-wildbad.de

Hotel cancellations: To avoid cancellation charge, please note cancellation deadline on our Web site:

midwiferytoday.com/conferences/Germany2012/

Download reservation form here:

midwiferytoday.com/conferences/Germany2012/download.asp

Location of Conference

The Kurhaus does not have sleeping rooms.

KURHAUS

Kuranlagenallee 8, 75323 Bad Wildbad, Germany

Tel. during conference (for urgent use only): +49 7081 303265

Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

Program changes: Speakers, classes or other details may change; visit our Web site for changes at midwiferytoday.com/conferences/Germany2012/updates.asp.

Getting to the Conference

By air: Int'l Airports of Frankfurt (FRA, 160 km) and Stuttgart (STR, 60 km).

Arrival at Frankfurt: Take train to Karlsruhe, then to Pforzheim. In Pforzheim, take Shuttle-Train "S6" to Bad Wildbad.

Arrival at Stuttgart: Take Shuttle-Train Stuttgart Main Station, then to Pforzheim and in Pforzheim change to Shuttle-Train "S6" to Bad Wildbad.

Other airports: Munich (MUC, 220 km, Railway to Pforzheim), Zurich (ZRH, 230 km, Railway to Pforzheim)

By car: Take Highway A8, Exit "Pforzheim West." Follow signs to Bad Wildbad.

Registration Form (Continued from page 4)

6 Please indicate if you qualify for one of the following discounts:

- I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.
- I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	5 June 2012			31 July 2012			25 September 2012 (In-office Deadline)		
1 day	\$140	€120	£95	\$150	€130	£100	\$160	€140	£105
2 days	\$280	€240	£190	\$300	€260	£200	\$320	€280	£210
3 days	\$375	€320	£250	\$400	€345	£265	\$425	€370	£280
4 days	\$515	€440	£345	\$550	€475	£365	\$585	€510	£385
5 days	\$560	€480	£380	\$590	€520	£400	\$620	€560	£420

Walk-ins welcome. Please contact Midwifery Today for availability.

Payment Cheque in U.S. dollars Cheque in Euros Cheque in Sterling Bank transfer in Euros Visa† MasterCard†

†Please select the price in U.S. dollars when you pay by credit card.

Conference price
 10% subscriber discount ()
 20% student discount ()
 30% subscriber and student discount ... ()
 Subscription price

1 year subscription prices

U.S.—\$55 • Canada/Mexico—\$65 • Int'l—\$75, €55, £45

Total

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Signature	

mother, baby or family. If birth were respected as sacred by everyone, we would not be suffering the current crisis in birth care. We would see birth as the gift it is: a teaching gift to all involved.

E2 ♦ Homebirth: Research, Safety and How to Do It—Sharon

Evans and Diane Goslin

Our teachers present different ways to provide the homebirth client with the highest standard of care. They will explore the homebirth model and why it is best for mothers and babies.

E3 ♦ Childhood Sexual Abuse and the Birthing Woman—Elizabeth Davis

Imagine having sexual abuse in your childhood, and then during the stress of labor, your midwife says “relax, surrender, trust your body.” For women with a history of sexual abuse, this can bring up powerful and conflicting emotions. Learn how to detect the signs and symptoms of past sexual abuse and how to help the birthing mother address them.

E4 ♦ Mexican Midwifery: Traditions and Techniques—

Angelina Martinez Miranda

Angelina will discuss positioning, remedies, techniques and customs from Mexico. The origin of these techniques and traditions goes back thousands of years. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle.

1:30 pm – 3:00 pm

Concurrent sessions F1 through F4

F1 ♦ The First Hour after Birth—Gail Hart

Gail will share her brilliant insights and findings on the hormonal states of mother and baby and the interaction that occurs. She will cover how we can facilitate the process without disturbing motherbaby.

F2 ♦ The Midwife as Community Healer—

Lisa Goldstein

The midwifery way of continuity of care can last a lifetime! Midwifery intelligence and care is needed long after the baby is born. Learn ways to weave natural healing modalities into your midwifery practice so that you can continue working with the families you love!

F3 ♦ Breech Skills—Carol Gautschi, Diane Goslin and Cornelia Enning

Learn techniques to turn breech babies and develop skills for vaginal breech birth. Breech birth is not for beginners, though everyone is welcome to attend this class. We will begin with basic skills and review the hands-off approach.

F4 ♦ Posterior Presentation—Tine Greve

The importance of positioning, maternal sense of control and flexibility to approaches will be shared as well as how to do an early diagnosis. Prevent cesareans by understanding how to prevent and fix posterior presentations.

3:30 pm – 5:30 pm

General session

Birth Change Summit Meeting—Please join us in this global visioning session for birth and midwifery. Your ideas are needed. We will break in small groups to work on issues. Each will have a facilitator. These are not classes but work groups. Bring your ideas. Work group topics may include but are not limited to the following:

Promoting Birth Change While Keeping Peace in Your Community—Katerina Perkhova

Global Midwifery Council—Carol Gautschi, Gail Hart, Jan Tritten, Gail Tully and Eneyda Spradlin-Ramos

Changing Birth with the Foundation of Midwifery Education—Sharon Evans

How to Change Hospital Practices—Lisa Goldstein

Autonomy for Midwives—Elizabeth Davis

Changing Birth in Spanish-speaking Countries—Angelina Martinez Miranda
(work group in Spanish language)

Using Waterbirth to Make Change—Cornelia Enning

TBA—Diane Goslin

Making the World Safe for Breastfeeding—Tine Greve

We will meet in our workgroups for an hour and a half and return with a short report from each group.

8:00 pm – 10:00 pm

Open to all registrants

Midwives' Cabaret—Tine Greve

The cabaret is for everyone to show their many talents whether in song, dance or whatever you do that you would like to share. Take your idea to Tine Greve, our mistress of ceremonies for this event.

Sunday ♦ Day Three ♦ 21 October 2012

9:00 am – 10:15 am

General session

Midwifery Is about Relationships—Sharon Evans, Carol Gautschi, Katerina Perkhova and Jan Tritten

The way we express our knowledge and power in words is as important to the well-being of the childbearing family as how we use our hands. A woman during pregnancy, birth and early motherhood is especially vulnerable to both the negative and healing effects of our words.

10:30 am – 12:00 pm

Concurrent sessions G1 through G4

G1 ♦ Prolonged Labor—Tine Greve

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn methods for helping women move along in labor. Analysis of myth and reality will also be discussed. Learn prenatal factors that may help allay loooooong labors.

G2 ♦ Passionate Midwifery—Sharon Evans and Carol Gautschi

Do you have such a zealous concern for motherbaby that it makes your heart crazy when you see the lack of nurturing at this vulnerable time? Join us and sing, ponder, chat and scream with us at a world that does so much to negate the heart woman has inherited. Talk about how to quench a thirst that only giving birth in power can fulfill.

G3 ♦ Sore Boobs and Bottoms—Lisa Goldstein

Lisa will explain the physiology of pain in these areas and present remedies you can make or buy to help women with these two very real areas of affliction. Lisa brings over 53 years of midwifery and herbal experience and a great sense of humor to her sessions.

G4 ♦ Understanding Preeclampsia—Gail Hart

The puzzle of preeclampsia is finally being solved. Learn the latest theories of how preeclampsia develops, new criteria to detect the condition, and how to discern between the various hypertensive states of pregnancy. Knowing more about these puzzling conditions can help us identify those at risk,

reduce the incidence, and improve outcomes.

1:15 pm – 3:00 pm

General session

Tricks of the Trade—All of us!

Share the techniques you've perfected in your practice or bring your questions to this roundtable of tips on a wide variety of topics. Previous sessions have included facilitating effective contractions, dealing with prolonged labor, preventing perineal tears, helping the slow-to-start baby and holistic first aid. This is always a much-appreciated session, for its sense of sisterhood and inspiring information.

3:30 pm – 4:30 pm

General session

Medicine-based Evidence—Tine Greve and Gail Hart

Jan Tritten: “I was at a conference in Mexico when I heard this mistranslation of ‘Evidence-based Medicine.’ It resounded so much with me that I knew we had to cover this important subject.” So much supposed research is poorly done, old or manipulated. We will cover the double standard applied to subjects such as midwifery and alternative therapies. Included will be medicine as pseudoscience and medical myths posing as research.

4:30 pm – 5:30 pm

Closing general session

Protecting Motherbaby: Our Highest Calling—Angelina Martinez

Miranda, Katerina Perkhova, Eneyda Spradlin-Ramos and Jan Tritten
As birth practitioners, it is our first and foremost duty to protect the women and babies in our care. How can we help them negotiate what has become a minefield in pregnancy and birth, allowing birth to become the miracle that it should be? Join us as we close the conference in love and honor of each other and the important work that we do.

Monday ♦ Waterbaby Day ♦ 22 October 2012

Germany Waterbaby parents will demonstrate Neonatal Watertraining, Sauna for Motherbaby and Babyswimming. Register at the conference or e-mail Cornelia Enning at hebinfo@gmx.de.