

# Midwifery Today International Conference

19–23 October 2011 **Bad Wildbad, Germany**

Preserving Our Traditions, Improving Our Skills



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## Speakers

- Angelina Martinez Miranda
- Michel Odent
- Debra Pascali-Bonaro
- Hans Peter Schmitz
- Robyn Sheldon
- Eneyda Spradlin-Ramos
- Jan Tritten
- Elizabeth Davis
- Robbie Davis-Floyd
- Cornelia Enning
- Ina May Gaskin
- Stephen Gaskin
- Carol Gautschi
- Tine Greve
- Gail Hart

To read speaker bios visit:

[midwiferytoday.com/conferences/Germany2011/](http://midwiferytoday.com/conferences/Germany2011/)

Look inside for great classes such as the  
2-day Traditional Midwifery Skills Workshop.



[www.midwiferytoday.com/conferences/Germany2011/](http://www.midwiferytoday.com/conferences/Germany2011/)

## Conference Discounts

- Early Registration
- *Midwifery Today* Subscribers
- Students Save 20%

See registration form for details.

## UPCOMING CONFERENCE

**Moscow, Russia**

**13–17 June 2011**

Traditional Midwifery—  
the Profession,  
the Passion, the Way

[midwiferytoday.com/conferences/Russia2011/](http://midwiferytoday.com/conferences/Russia2011/)

**Tuesday ♦ Meeting ♦ 18 October 2011**

**International MotherBaby Childbirth Initiative (IMBCI) Meeting**

9:00 am – 5:00 pm

*Robbie Davis-Floyd and Debra Pascali-Bonaro*

**Wednesday ♦ Pre-Conference ♦ 19 October 2011**

9:00 am – 5:00 pm

Full-day class

**A1 ♦ Traditional Midwifery Skills, Part 1**—*Elizabeth Davis, Carol Gautschi, Ina May Gaskin and Gail Hart*

**Note: Two-part class, A1 and B1; you may sign up for one or both days.** These classes are designed to improve and enhance your midwifery skills and knowledge. This is a great class for beginning and advanced midwives and doulas who want to be able to inform their clients of various issues or become a midwife.

**9:00 am – 10:00 am Essentials for a Normal Birth**—*Elizabeth Davis*

What do we really need to truly support birthing mothers in having a normal birth? What tools do we have or what can we bring to each birth as midwives, doulas and birth supporters? Be inspired to use all of the skills and tools you truly need.

**10:00 am – 11:15 am Preventing Complications with Prenatal Care**—*Carol Gautschi*

Identify and examine the clinical, psychological, emotional and spiritual aspects of prenatal care. We will learn how to evaluate and nurture the emotional, physical and psychological well-being of pregnant and birthing women. As with all prenatal care, the goal is to have a healthy baby and birth.

**11:30 am – 12:30 pm What Do You Do in a Birth?**—*Ina May Gaskin and Carol Gautschi*

Traditionally, the midwife “tunes in” at the initial interview, prenatally and during the crescendo of birth. Intuitively, she reads the needs of motherbaby, artistically co-supporting, with open hand, one of life’s most momentous rites of passage. This is not a technological event: this is a sacred space to be held, embraced and released at the appointed time.

**2:00 pm – 5:00 pm Labor and Birth Complications**—*Ina May Gaskin, Carol Gautschi and Gail Hart*

You have set the stage for good births in prenatal care. Learn to identify your own risk criteria. Learn to look, listen, know and act to prevent problems. Develop ways to inform and educate your clients about complications. Learn how to handle specific complications as they arise. VBAC and breech will be covered. Bring your questions and experiences for an exciting afternoon.

9:00 am – 5:00 pm

Full-day class

**A2 ♦ Birth, Breastfeeding and Bonding**—*Tine Greve*

When a woman decides to start breastfeeding, it must come from a genuine desire and based on an informed choice. When a woman has made that decision, she may need support and guidance according to her current situation. Birth practices strongly influence breastfeeding and bonding. Why are women who have cesareans or who are given Pitocin in labor at greater risk of terminating breastfeeding earlier than they wish? In this class we will talk about both short- and long-term correlations between birth, breastfeeding and bonding as well as the benefits of breastfeeding. You will be given tools to deal with prenatal preparation, a good breastfeeding start and postnatal problem solving. We will also talk about what changes can be made to create a breastfeeding-friendly environment and society, both locally and globally.

9:00 am – 5:00 pm

Full-day class

**A3 ♦ Mexican Midwifery: Traditions and Techniques**—

*Angelina Martínez Miranda (in Spanish with English translation)*

The observation of cultural traditions and their impact on pregnancy and birth is fascinating. Angelina will discuss positioning, remedies, techniques and customs from Mexico. The origin of these techniques and traditions goes back thousands of years. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle. In this amazing class you will discover simple techniques that promote healthy

pregnancy and birth. In this hands-on class you will learn many “new” old techniques you can apply immediately to your practice. Time for hands-on practice will be provided.

9:00 am – 5:00 pm

Full-day class

**A4 ♦ Comfort Techniques for Midwives and Doulas**—*Debra Pascali-Bonaro*

Women who are coping well with labor have some things in common: relaxation, rhythm and ritual (the 3 R’s). Debra will describe the 3 R’s and the many ways women experience them. Comfort measures for labor such as the gate control theory of pain, hot and cold compresses, music, massage/touch, acupressure, aromatherapy and the birthing ball will be discussed. Positions that facilitate rotation and descent in first stage and help to rotate and ease back labors will be demonstrated. Techniques for second stage, such as the support squat, dangle, toilet, “tug of war,” the rope, and lap squatting will be shown with time for hands-on practice. This intensive course can make us better midwives or doulas. Registrants at previous conferences have raved about it, calling it fun and informative.

5:15 pm – 6:30 pm

Open to all registrants

**Christian Midwives Meeting**—*Eneyda Spradlin-Ramos*

*All are welcome.*

**Thursday ♦ Pre-Conference ♦ 20 October 2011**

9:00 am – 5:00 pm

Full-day class

**B1 ♦ Traditional Midwifery Skills, Part 2 (See A1)**—*Elizabeth Davis, Tine Greve and Eneyda Spradlin-Ramos*

**9:00 am – 10:15 am Holistic Complete Exam**—*Elizabeth Davis*

In this class we will review complete physical exam skills, with attention to making the exam a valuable experience for both client and practitioner. How is the pregnant woman doing, physically, emotionally, in her life as a whole? Is she healthy, or does she have chronic health problems? Is she happy, sad, busy or stressed? With this as a background, we examine the complete exam, head to toe, system by system, with particular focus on obstetrical and gynecological functioning as appropriate.

**10:30 am – 11:30 am Emotional Issues in Labor**—*Tine Greve*

This session will help the caregiver understand the effect that emotions play in the outcome of labor. We will learn about predictable stress points in labor and offer concrete suggestions for psychological and physiological methods that can be used to improve the birthing woman’s ability to handle labor.

**11:30 am – 12:30 pm Sharpening Your Intuition Skill**—*Elizabeth Davis*

What is intuition, and can we learn to rely on it? How much a part of the midwife’s art is based on it? And what role does it play in the birthing process—for midwife and mother alike? This class explores the physiological underpinnings of intuition, links intuitive ebbs and flows to the monthly cycle and certain brainwave states, and includes practical suggestions for cultivating our intuitive abilities.

**2:00 pm – 3:10 pm Helping the Slow-starting Baby**—*Tine Greve*

Western medicine often forgets about the humanity of the newborn. The connection between motherbaby and loving, calming environmental participants plays a part in successful resuscitation. Remembering the humanity of the newborn is a hallmark of the midwife. Let the baby receive its breath without interference of bulbs and/or over-management; simultaneously communicate with the baby the importance of breathing and resuscitate if necessary.

**3:25 pm – 4:25 pm Suturing Overview**—*Elizabeth Davis*

The purpose of this session is to increase knowledge in the recognition and repair of lacerations. Preventive care will be discussed along with new ideas for types of repairs. Attendees are encouraged to share ideas and tricks.

**4:30 pm – 5:00 pm Trusting Birth**—*Eneyda Spradlin-Ramos*

What forces shape our approach to birth? Do we bring confidence and positive expectations or fear and apprehension? Learn how we can develop the trust necessary to allow the patient unfolding of the birth process, while remaining alert and prepared for any problems or complications.

9:00 am – 5:00 pm

Full-day class

**B2 ♦ First and Second Stage Difficulties—Ina May Gaskin, Carol Gautschi and Gail Hart**

Learn how individual care and good communication can positively affect labor. Our teachers will also share the protocols and techniques they use to help the mother move through the first stage of labor. This discussion will include prolonged ruptures of membranes, failure to progress, abnormal labor patterns, and non-medical intervention and more. Second stage is a time of watchfulness and sometimes mounting tension. Listen to these experienced midwives discuss constructive and effective ways to handle both normal and difficult situations. Bring your questions and experiences in what promises to be an exciting day!

9:00 am – 5:00 pm

Full-day class

**B3 ♦ Improving Your Practice with Research, Insights and Realities—Michel Odent**

Michel will teach you how to look at birth through the eyes of a physiologist, which is a valuable asset to any midwife or doula. In an easy-to-understand manner, he will cite important findings from many areas of research and explain how this information can affect mothers and babies, not only during birth, but also over the course of their lives. There will be time for questions and discussion following the presentation of leading edge research and analysis of current problems. Do yourself and your clients a big favor and take this fascinating class. Michel will bring us insight from his books, *The Scientification of Love*, *The Farmer and the Obstetrician*, *The Caesarean and Functions of the Orgasms: the highways to transcendence*, and his upcoming book, *Childbirth in the Age of Plastics*.

9:00 am – 5:00 pm

Full-day class

**B4 ♦ Two half-day classes (You must sign up for both.)****9:00 am – 12:15 pm Placenta Medicine—Cornelia Enning**

In medieval times, placenta powder and essences were part of holistic care by midwives in cultures around the world. If stored correctly, the placenta can be used after birth to prepare baby creams, cream gravidarum or labor-inducing preparations. This is a very helpful medicine for postpartum depression. Teach families you care for how to make the most natural remedy from their placenta. Learn how to dry placentas. Come learn about this important modality. The book *Placenta: The Gift of Life* by Cornelia Enning makes a perfect resource for this important class.

**1:45 pm – 5:00 pm Acupuncture for Birth Practitioners—Hans Peter Schmitz**

Acupuncture can be very useful during pregnancy, birth and the postpartum period. Learn about different conditions that can be helped and hear about the use of acupuncture as pain relief during birth.

7:00 pm – 10:00 pm

Open to all registrants

**European Doula Meeting—Facilitated by Debra Pascali-Bonaro****Friday ♦ Day One ♦ 21 October 2011**

9:00 am – 11:30 am

Opening general sessions

**9:00 am – 10:15 am Preserving Our Traditions, Improving Our Skills—Jan Tritten, Angelina Martinez Miranda and Carol Gautschi**

It is important to spread birth traditions that work and at the same time add to our skills from new evidenced-based information and global techniques and ideas. We have to be ever vigilant in these times of medicalization to really discern what traditional midwifery skills we need to preserve, expand and nurture. We will address the need for improving our skills while uniting global perspectives.

**10:15 am – 10:40 am Countering the Medicalization of Midwifery and Birth—Elizabeth Davis**

Elizabeth will share her experience with the medicalization of midwifery internationally, as well as what has happened in the US. She will give accounts from different midwives on their hesitation to practice traditional skills, with specific examples, and share statements from midwives who are bringing these skills back.

**10:40 am – 11:10 am Remembering Our Global Herstory—Ina May Gaskin**

Ina May is the mother of midwifery in the United States. She has also traveled around the world studying and teaching midwifery. She will help us understand our shared herstory. It truly is a grand one.

**11:10 am – 11:30 am Changing Birth Practices—Debra Pascali-Bonaro**

Use the velvet steam roller approach along with a smile! Debra will teach you how to be like water and find the cracks, go around and over all the obstacles with a smile and in a positive way so that people join the flow.

1:00 pm – 2:30 pm

Concurrent sessions C1 through C4

**C1 ♦ Birth and Beyond: How Fetal Life and Birth Affect All of Life—Michel Odent**

Birth must be empowering for women because it sets the future for child and family. Michel shares the conclusions he has drawn from his extensive study of the research.

**C2 ♦ Shoulder Dystocia—Gail Hart and Ina May Gaskin**

Our teachers will explain and discuss the causes of shoulder dystocia. They will describe symptoms and signs used to predict it. They will analyze tools and methods used to overcome panic reactions, demonstrate effective treatments, look in-depth at more than fourteen maneuvers, and cover mnemonics and the latest research. You will become well-informed about aspects of shoulder dystocia, including causes, incidence rates, prevention and solutions. It doesn't happen often, but when it does, you need to be ready.

**C3 ♦ Working with Women: the Heart of Midwifery Care—Elizabeth Davis**

We can prevent complications by attending to women's needs before labor begins. If you can help her work out her issues and fears, a woman will often sail through labor. Listen to some creative ways to help women enter labor ready for this beautiful passage.

**C4 ♦ Communicating with the Unborn Child—Robyn Sheldon**

Using the pre-verbal language of symbols and images, parents and babies can communicate effectively with each other, both in the womb and after birth. Using body sensations and mental pictures parents are able to intuit the wisdom of their babies and honour them on a soul level. The process of assisting parents to connect with their babies is described in this class.

2:45 pm – 4:15 pm

Concurrent sessions D1 through D4

**D1 ♦ The Spirit of Midwifery—Angelina Martinez Miranda (in Spanish with English translation)**

We will be immersed in traditional techniques surrounding birth, including herbs and massage, from this brilliant Mexican midwife. We will learn how midwives work with both normal birth and problems that arise. Angelina, will teach you amazing techniques she has learned from her mother, grandmother and great grandmother, who were all midwives! Time for practice will be included.

**D2 ♦ Counseling Skills for the Midwife and Doula—Elizabeth Davis**

The way we express our knowledge and power in words is as important to the well-being of the childbearing family as how we use our hands. A woman during pregnancy, birth and early motherhood is especially vulnerable to the potential negative and healing effects of our words. In this session we will explore how various counseling modalities such as visioning sessions, affirmations and couples dialogue can assist us to make the most of our words as we nurture women and families and honor the sacredness of birth.

**D3 ♦ Prolonged Labor—Gail Hart**

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Learn methods to help detect the pathological labor from the simple prolonged labor. Analysis of myth and reality will also be discussed.

**D4 ♦ Getting in Touch: Hands and Senses—Carol Gautschi**

This class will affirm the knowledge and the power we contain and express through our hands. It will remind you that the essence of midwifery is, after all, its hands-on approach to providing care, support and education. It will give you confidence to use your senses,

to keep your heart open and to listen. Gain skills that involve the sense of touch. The practical use of hands will be discussed; you will be reminded that hands are also tools of emotional support and love.

4:30 pm – 6:30 pm

General sessions

**4:30 pm – 5:30 pm Using the Media and Social Networking—**  
*Debra Pascali-Bonaro and Jan Tritten*

In this class we will learn many new ideas for how to use the media and social networking to get your message across. You each have an important message to get out to the world to help change birth practices as rapidly as we want. These are unprecedented times: there are many new resources we can use. As birth practices have worsened globally, let's plan to turn the tide with our new skills.

**5:30 pm – 6:30 pm The First Hour after Birth—**  
*Gail Hart and Michel Odent*

Gail and Michel will share their brilliant insights and findings on the hormonal states of mother and baby and the interaction that occurs. They will cover how we can facilitate the process without disturbing motherbaby. Their teaching on this subject makes it a fascinating class. These insights can help you improve your practice.

**Saturday ♦ Day Two ♦ 22 October 2011**

9:00 am – 10:15 am

General session

**Tradition and Profession: A Blend That Works—**  
*Angelina Martinez Miranda, Robbie Davis-Floyd and Eneyda Spradlin-Ramos*

This session will focus on bringing our traditions into the modern world. Our panel draws on a rich tapestry of birth in traditional cultures, blending it with what has been learned from midwives. The panel strives to come up with the best possible blend, always considering each woman unique. Their great love of that process is sure to kindle our passion for birth.

10:30 am – 12:00 pm

Concurrent sessions E1 through E4

**E1 ♦ Birth Models That Work—**  
*Robbie Davis-Floyd*

What is a birth model that works, and how do you know that it is working? Come and listen to Robbie present the criteria she developed for identifying birth models that work. She will describe some effective models from all over the world.



**E2 ♦ Obstetrical Implications of the Aquatic Ape Theory—**  
*Michel Odent*

Several mysterious human particularities in the perinatal period are easily interpreted in the age of the aquatic ape theory of human evolution. Participants will appreciate this opportunity to reconsider the nature of vernix caseosa and the meaning of placentophagy, of attraction to water during labor, of eclampsia, and more.

**E3 ♦ Physiology of Second Stage—**  
*Gail Hart*

We need to reexamine the process of how the baby transitions from the womb through the birth canal. If we understand the physiology of second stage we can help women work with their bodies more effectively. Giving birth is more about the process of “opening and releasing” than it is about “pushing.”

**E4 ♦ Breech Birth Roundtables—**  
*Ina May Gaskin, Cornelia Enning and Angelina Martinez Miranda*

Explore the art and science of breech delivery. Learn what factors may lead to breech presentation and how to do external version. Learn techniques for handling breech births. You'll spend time with each of the teachers as they circulate among small groups of participants.

1:30 pm – 3:00 pm

Concurrent sessions F1 through F4

**F1 ♦ Heart and Science of Midwifery—**  
*Tine Greve*

Scientific data proves midwives help to keep birth safer for mother and baby. “Evidence-based practices” can improve birth outcome by helping mother remain the center of her birth. Learn the science which supports midwifery methods such as “skin-to-skin contact,”

Classes continued on page 6 ➔

## Registration Form

Please Print

Continued on page 5 ➔

Name		Telephone and Fax	
Address		E-mail	
City	State/Province	Postal Code	Country

① What excites you about this conference? \_\_\_\_\_

② How did you hear about this conference? \_\_\_\_\_

③ Do you give permission for Midwifery Today to release your name and address to fellow registrants?  yes  no

④ Please tick off each day of the conference you will attend:

- Wednesday Pre-Conference—19 October 2011  
 Thursday Pre-Conference—20 October 2011  
 Friday Conference—21 October 2011  
 Saturday Conference—22 October 2011  
 Sunday Conference—23 October 2011

⑤ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you

will attend the conference on Saturday, you need to select one class from E1 through E4 and also one class from F1 through F4. Class descriptions can be found within this conference program.

**Wednesday Pre-Conference—19 October 2011**

9:00 am – 5:00 pm  A1  A2  A3  A4

**Thursday Pre-Conference—20 October 2011**

9:00 am – 5:00 pm  B1  B2  B3  B4

**Friday Conference—21 October 2011**

1:00 pm – 2:30 pm  C1  C2  C3  C4

2:45 pm – 4:15 pm  D1  D2  D3  D4

**Saturday Conference—22 October 2011**

10:30 am – 12:00 pm  E1  E2  E3  E4

1:30 pm – 3:00 pm  F1  F2  F3  F4

**Sunday Conference—23 October 2011**

10:30 am – 12:00 pm  G1  G2  G3  G4

## Payment and Refund Policies

**Payment by cheque:** If you pay by cheque or money order, make it payable to Midwifery Today. Payment may be made in Sterling, Euros, or U.S. funds.

**Payment by credit card:** All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payer.

### Payment by bank transfer using Euro prices below:

Midwifery Today, Inc., account at:

HSBC Bank plc, 60 Queen Victoria St, London, EC4N 4TR England

Account number: GB06 MIDL 4005 1557 1644 96

BIC code: MIDLGB22

### Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

**Payment by bank transfer in Sterling:** Please e-mail [admin@midwiferytoday.com](mailto:admin@midwiferytoday.com) for details.

**Refunds:** No refunds will be given after **31 August 2011**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

## How to Determine Conference Prices

- Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are 7 June 2011 and 2 August 2011. Prices are shown in the table below for each deadline. Payment must be made by deadline to be eligible for reduced prices.
- If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.
- Prices are subject to change in the event of large currency fluctuations. Please check [midwiferytoday.com/Germany2011/register.asp](http://midwiferytoday.com/Germany2011/register.asp) for current prices.

## How to Submit Registration and Payment

1. Please read and complete both sides of this form. Then make a photocopy for your records.

2. You may mail this form with your payment in Sterling, Euros or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. **\*\*Credit cards will be charged in U.S. dollars.\*\*** You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

3. Registrations must be received **in office** at Midwifery Today no later than 27 September 2011. If you cannot submit your registration and payment early enough for it to be received by 27 September 2011, please register at the conference.

## Hotel

### Bad Wildbad Hotels—Booking Service Reservation Office:

Telephone: +49 7081 10280

Fax: +49 7081 10290

E-mail: [touristik@bad-wildbad.de](mailto:touristik@bad-wildbad.de)

Post: **Touristik Bad Wildbad GmbH**

Postfach 10 03 26, 75314 Bad Wildbad, Germany

Hotel cancellations: Cancel before 31 August 2011 to avoid charge.

Download reservation form here:

[midwiferytoday.com/conferences/Germany2011/download.asp](http://midwiferytoday.com/conferences/Germany2011/download.asp)

## Location of Conference

The Kurhaus does not have sleeping rooms.

KURHAUS

Kuranlagenallee 8, 75323 Bad Wildbad, Germany

Tel. during conference (for urgent use only): +49 7081 303265

## Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

## Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

## Getting to the Conference

**By air:** International Airports of Frankfurt (FRA, 160 km) and Stuttgart (STR, 60 km).

**Arrival at Frankfurt:** Take train to Karlsruhe, then to Pforzheim. In Pforzheim, take Shuttle-Train "S6" to Bad Wildbad.

**Arrival at Stuttgart:** Take Shuttle-Train Stuttgart Main Station, then to Pforzheim and in Pforzheim change to Shuttle-Train "S6" to Bad Wildbad.

**Other airports:** Munich (MUC, 220 km, Railway to Pforzheim), Zurich (ZRH, 230 km, Railway to Pforzheim)

**By car:** Take Highway A8, Exit "Pforzheim West." Follow signs to Bad Wildbad.

## Registration Form (Continued from page 4)

### 6 Please indicate if you qualify for one of the following discounts:

- I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.
- I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	7 June 2011			2 August 2011			27 September 2011 (In-office Deadline)		
<b>1 day</b>	\$140	€115	£95	\$150	€125	£100	\$160	€135	£105
<b>2 days</b>	\$280	€230	£190	\$300	€250	£200	\$320	€270	£210
<b>3 days</b>	\$375	€300	£250	\$400	€325	£265	\$425	€355	£280
<b>4 days</b>	\$515	€415	£345	\$550	€450	£365	\$585	€490	£385
<b>5 days</b>	\$560	€460	£380	\$590	€500	£400	\$620	€540	£420

Walk-ins welcome. Please contact Midwifery Today for availability

Payment  Cheque in U.S. dollars  Cheque in Euros  Cheque in Sterling  Bank transfer in Euros  Visa†  MasterCard†

†Please select the price in U.S. dollars when you pay by credit card.

Conference price .....

10% subscriber discount ..... ( )

20% student discount ..... ( )

30% subscriber and student discount ... ( )

Subscription price .....

### 1 year subscription prices

U.S.—\$55 • Canada/Mexico—\$65 • Int'l—\$75, €50, £45

Total .....

Total amount to be charged to your credit card <b>in U.S. dollars.</b> \$	
Account Number	Exp. Date
Name (as it appears on the credit card)	
Billing Address (as it appears on the credit card bill)	
Signature	

physiological pushing, optimal positions for labor, delayed cord clamping, family bonding and “the newborn breast crawl.” Midwives use their heads and their hearts!

## **F2 ♦ Daughter of Time: The Postmodern Midwife—Robbie Davis-Floyd**

Recognizing the limitations and strengths of the biomedical system and of her own system, the postmodern midwife moves fluidly between the two to serve the women she attends. She is a shape-shifter—she knows how to work to change the medical system while appearing to comply with it. She is a bridge-builder, making alliances with biomedicine where possible and building connections between traditional and professional midwives. When possible she attends conferences and meetings, making connections with other midwives in other parts of the world, increasing her ability to translate between systems, and gaining consciousness of midwifery as a global movement.

## **F3 ♦ Fear in Midwifery and Birth—Carol Gautschi**

Fear in pregnancy and birth can have many consequences for both the family and health care provider. This class will help you define, understand and move through the fear that confronts us. Learn several ways of helping women, including midwives, turn fear into trust.

## **F4 ♦ Posterior Roundtables—Ina May Gaskin, Gail Hart and Angelina Martinez Miranda**

The importance of positioning, maternal sense of control and flexibility to approaches will be shared as well as how to do an early diagnosis. Many cesareans occur due to posterior presentation. Prevent cesareans by understanding how to diagnose, prevent and fix posterior presentations. These intimate roundtables give the participant a chance to talk with each teacher individually. This fast-paced fun class will give you options for dealing with posterior presentation.

3:30 pm – 5:00 pm

General sessions

## **3:30 pm – 4:00 pm Questions We Don't Dare Ask about Synthetic Oxytocin—Michel Odent**

Can synthetic oxytocin easily cross the placenta? Can it cross the fetal blood brain barrier? Can it interfere with the development of the baby's oxytocin system? Can it desensitize the maternal oxytocin breast receptors and interfere with the capacity to breastfeed? Can the phthalates released by the plastic bags cross the placenta? Michel will answer these important questions.

## **4:00 pm – 5:00 pm Birth Is a Human Rights Issue—Robbie Davis-Floyd and Carol Gautschi**

Women's and babies' human rights have been overlooked in today's birth environment. We need to take a long hard look at our practices and protocols and make sure we are putting motherbaby first. We need to speak out for a widespread and radical change in the way we approach birth. Join us as we seek out good birth practices we can propose that respect human rights, regardless of birth setting: it is way past time! We will review the many different ways we can be with women, giving them respect, dignity and informed choice. First, do no harm!

5:00 pm – 6:00 pm

Open to all registrants

## **International Meeting—Facilitated by Jan Tritten and Eneyda Spradlin-Ramos**

Learn how we can really effect changes in midwifery and childbirth on the global level. Learn about the midwifery and birth movements around the world and how you can help.

8:00 pm – 10:00 pm

Open to all registrants

## **Midwives' Cabaret—Robbie Davis-Floyd and Michel Odent, MCs**

The Cabaret is for everyone to show their many talents, whether in song, dance, story, skits, poems, or whatever you do that you would like to share. We will create our own entertainment! Please find Robbie, the program organizer, and tell her to put you on the program!

## **Sunday ♦ Day Three ♦ 23 October 2011**

9:00 am – 10:15 am

General session

## **The Farm Midwifery Experience—Ina May Gaskin and Stephen Gaskin**

For the first time at a Midwifery Today conference we have both Ina May and Stephen together. They will talk about The Farm midwifery practice and how they built it as a community. Hear Steven Gaskin talk about how he has supported and encouraged The Farm midwives.

10:30 am – 12:00 pm

Concurrent sessions G1 through G4

## **G1 ♦ Hemorrhage and Third Stage Difficulties—Elizabeth Davis**

Many episodes of excessive blood loss are either preventable or foreseeable and easily controlled. It is important to facilitate delivery of the placenta with patience. Learn techniques and approaches that render the need for pharmaceuticals rare. Learn what problems may arise in third stage and how to be prepared to attend them. Bleeding, various problems with placenta retention and other issues will be discussed. You will learn how to assess and deal with bleeding in a way that will increase your confidence.

## **G2 ♦ Freedom to Practice the True Art of Midwifery—Carol Gautschi**

Many blocks have formed against midwives being able to practice the true art of midwifery. Come and learn what they are and how to stay true to motherbaby and their real needs, not the whims of the medical field.

## **G3 ♦ Labor Support for Midwives and Doulas—Debra Pascali-Bonaro**

Women who are coping well with labor have some things in common: relaxation, rhythm and ritual (the 3 R's). Debra will describe the 3 R's and the many ways women experience them. Comfort measures for labor such as the gate control theory of pain, hot and cold compresses, music, massage/touch, acupressure and the birthing ball will be discussed. Position and techniques for second stage, such as the support squat, dangle, toilet and “tug of war” and lap squatting will be demonstrated.

## **G4 ♦ Waterbirth—Cornelia Enning**

Cornelia will explore the many benefits and ways of using water in birth and will discuss its unique properties—psychological as well as physical. Waterbirth is not only an option for a woman to give birth undisturbed and in dignity, but it has medical advantages for mother and child. Breech births, OP births or twin births benefit from waterbirth. Breech waterbirth needs no hands, no extra warming for the newborn's body or other interventions. The ease of attending births in water is a joy. Cornelia will show aqua-midwifery with photos and a video sequence.

1:30 pm – 3:30 pm

General session

## **Cultural and Clinical Roundtables**

In this well-loved Midwifery Today format, you'll sit in on three interesting roundtables of your choice. Roundtables will include:

### **Complications in Labor—Gail Hart**

### **The Father's Role in Pregnancy and Birth—Stephen Gaskin**

### **Shoulder Dystocia—Ina May Gaskin**

### **Birthing Women, Sacred Ground—Eneyda Spradlin-Ramos**

### **Rebozo Practice—Angelina Martinez Miranda**

### **How to Have a Pleasurable Birth—Debra Pascali-Bonaro**

### **Preventing Prematurity—Carol Gautschi**

### **Educating Midwives—Elizabeth Davis**

### **Changing Breastfeeding: The Norway Experience—Tine Greve**

### **What Is on Your Mind Regarding Midwifery and Birth?—Robbie Davis-Floyd**

### **Handling Complications in Waterbirth—Cornelia Enning**

### **Checking for Malpresentation with Cephalic Prominence—Jan Tritten**

3:45 pm – 6:00 pm

Closing general sessions

## **3:45 pm – 4:00 pm Dance Journey—Debra Pascali-Bonaro**

Come take a journey with Debra and dance the elements of earth, air, fire and water.

## **4:00 pm – 5:30 pm Preserving and Exporting Our Best Traditions—Angelina Martinez Miranda (in Spanish with English translation)**

Some of the most amazing and unique traditions and techniques come from Mexican midwives. Angelina has done births since she was a child at the feet of her mother and grandmother. She will teach us about these important traditions that we may now incorporate into our own practices and spread around the world. Angelina, having done well over 10,000 births, embodies the spirit of midwifery with her gentle style. Come sit at her feet and learn.

## **5:30 pm – 6:00 pm Preserving Our Traditions, Improving Our Skills—Eneyda Spradlin-Ramos and Jan Tritten**

In this heartfelt wrap up, we will declare what we will take back to our practices, until we meet again.