

# MIDWIFERY TODAY CONFERENCE

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## Eugene, Oregon • March 18–22, 2015

*“Birthing with Love Changes the World”*

### Inspiring Speakers!

Diego Alarcon  
Carol Gautschi  
Fernando Molina  
Vicki Penwell  
Jan Tritten

Elizabeth Davis  
Gail Hart  
Sister MorningStar  
Eneyda Spradlin-Ramos  
Gail Tully

Robbie Davis-Floyd  
Cynthia Luxford  
Yeshi Neumann  
Suzanne Thomson  
LaRee Westover

Patricia Edmonds  
Angelina Martinez Miranda  
Michel Odent  
Marion Toepke McLean

### Informative Classes!

Spinning Babies  
Essential Oils

Midwifery Skills  
Breech Birth

Mexian Traditions and Techniques  
Loving Pregnancy and Birth Care  
And many, many more!



**Conference Discounts!** Early registration • *Midwifery Today* subscribers • Students save 30% (See registration form)

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Photo by Emily Robinson—emilyrobinsonphoto.com

# Birth with Love Changes the World!

Out of all the conferences Midwifery Today has hosted, “Birth with Love Changes the World” is my favorite theme. As the 1960s song says, “What the world needs now is love, sweet love.” This couldn’t be more appropriate as we are learning via research how important pregnancy and birth are to the foundation of a loving person. The theme was birthed from a visit to Diego Alarcon, who is joining us for the first time as a conference speaker. While visiting Diego and seeing his practice in Ecuador, we decided to have him come and teach with us in Eugene because he and his staff manifest so much love in their practice. All of our teachers manifest love and teach so well that this promises to be an excellent event!

We look forward to seeing you at this amazing conference to learn, share, love, gain insights and become renewed in your calling. I believe there is no higher calling than helping motherbaby get off to a beautiful start. We know you will gain knowledge from the best teachers in the midwifery field.

We design our conferences to bring you the newest and best information and to enable you to make new friends. This event, we hope, will renew your interest and enthusiasm for helping families as well as adding positively to your own journey. Mark your calendar—we look forward to seeing you there!

*Jan Tritton*

## Wednesday • Pre-Conference • March 18, 2015

9:00 am – 5:00 pm

Full-day class

**A1 • Midwifery Skills**—*Elizabeth Davis, Patricia Edmonds, Gail Hart, Carol Gautschi, Marion Toepke McLean and Sister MorningStar*

These sessions are designed to improve and enhance your midwifery skills and knowledge. This is a great class for beginning and advanced midwives.

**Prenatal Care to Prevent Birth Complications** (9:00 am – 10:00 am)—

*Carol Gautschi*

**Common Complications of Labor** (10:10 am – 11:10 am)—

*Marion Toepke McLean*

**Creating Environments that Allow for Spontaneous Birth**

(11:15 am – 12:00 pm)—*Sister MorningStar*

**The First Hour After Birth** (1:00 pm – 2:00 pm)—*Gail Hart*

**The Beauty, Power and Uniqueness of Birth** (2:00 pm – 3:00 pm)—

*Elizabeth Davis*

**Placenta: A Gift of Life** (3:10 pm – 4:00 pm)—*Patricia Edmonds*

**Creating Postpartum Plans that Work** (4:00 pm – 5:00 pm)—

*Sister MorningStar*

9:00 am – 5:00 pm

Full-day class

**A2 • Spinning Babies**—*Gail Tully*

Midwives of all backgrounds, doulas and other birth professionals desire more knowledge for preventing and correcting malposition in pregnancy and labor. Learn to identify the posterior position, avoid the ROA/LOP mix-up, identify flexion vs. extension, and understand asynclitism. Learn the difference between a lull in labor and actual cephalopelvic disproportion (CPD). New strategies and traditional techniques to assist fetal rotation without invasive measures will be covered. You may be surprised that there was so much more to learn about this time-worn concern. Register early; space is limited.

9:00 am – 5:00 pm

Full-day class

**A3 • A Day with Michel Odent—From Microbiome to Research:**

**One Thousand and One Possible Topics**—*Michel Odent*

Michel has been—directly or indirectly—involved in childbirth for more than 60 years. He has practiced on the European and African continents and has experience with hospital births and homebirths. As the editor of the Primal Health Research Database he has a unique

knowledge of the medical and scientific literature. As the author of *Genèse de l’homme écologique* (1979) and of *Childbirth and the Future of Homo Sapiens* (2013), he is raising questions about the future of our species in relation to the modes of birth. For these reasons Michel and the participants will be in a position to introduce a great diversity of topics.

9:00 am – 5:00 pm

Full-day class

**A4 • Essential Midwifery**—*Sister MorningStar, Cynthia Luxford, Patricia Edmonds, Carol Gautschi, Elizabeth Davis and Eneyda Spradlin-Ramos*

Learn the art, the essence and the subtleties of midwifery care in this full-day workshop designed for midwives and aspiring midwives. Our experienced teachers share their wisdom and love of midwifery in a way that will nurture your interest and make you feel welcomed to the world of midwifery and birth.

**The Art of Midwifery** (9:00 am – 10:00 am)—*Sister MorningStar*

**Prenatal Care for Well-being** (10:10 am – 11:10 am)—*Cynthia Luxford*

**Normal Labor Care** (11:15 am – 12:15 pm)—*Patricia Edmonds*

**Emotional Issues in Labor** (1:00 pm – 2:00 pm)—*Carol Gautschi*

**Anatomy of a Homebirth Bag** (2:10 pm – 3:10 pm)—*Cynthia Luxford*

**One-on-One Care “With Women”** (3:25 pm – 4:25 pm)—*Elizabeth Davis*

**Trusting Yourself to Trust Birth** (4:30 pm – 5:00 pm)—

*Eneyda Spradlin-Ramos*

9:00 am – 5:00 pm

Full-day class

**A5 • Mexican Traditions and Techniques—**

*Angelina Martinez Miranda*

Angelina will discuss positioning, remedies, techniques and customs from Mexico. The origin of these techniques and traditions goes back thousands of years. We will learn how to use a *rebozo*, a very useful tool in all parts of the childbearing cycle in relation to preventing and dealing with complications. Discover simple techniques that promote healthy pregnancy and birth. This course will add greatly to your knowledge. You will actually practice what you are learning under Angelina’s watchful guidance.

5:30 pm – 7:00 pm

Open to all registrants

**Christian Midwives Meeting**—*Eneyda Spradlin-Ramos and*

*Carol Gautschi*

All are welcome.

9:00 am – 5:00 pm

Full-day class

**B1 • Essential Oils**—*LaRee Westover*

There is much to learn in the world of essential oils, herbs and homeopathy. This full-day class will help you feel more comfortable with and increase your knowledge of plant and oil uses and how they can aid a midwife's work during pregnancy, labor, delivery and postpartum.

**Essential Oils for Midwives** (9:00 am – 10:30 am)

This session will focus on the emotional support that essential oils can bring to midwives.

**Essential Oils for the Birth Bag** (10:40 am – 12:30 pm)

**God's Pharmacy and Women's Health** (1:30 pm – 2:45 pm)

Herbs are natural powerhouses of vitamins and minerals and readily absorbed. This session will focus on herbs for use during pregnancy, labor and delivery.

**Basic Homeopathy and Homeopathy for the Birth Bag** (2:50 pm – 5:00 pm)

9:00 am – 5:00 pm

Full-day class

**B2 • Breech Birth**—*Suzanne Thomson, Michel Odent, Sister MorningStar, Angelina Martinez Miranda and Gail Tully*

These teachers together are very experienced in breech birth and bring years (even decades!) of experience to share with you. Enjoy this full day of classes that will educate you on the most current breech research, show you basic breech skills, increase your knowledge of breech complications and offer you plenty of time to get all of your questions answered.

**Breech Birth Research** (9:00 am – 10:00 am)—*Michel Odent*

**Turning Breech Babies** (10:00 am – 10:30 am)—*Angelina Martinez Miranda*

**Alternative Methods for Breech** (10:30 am – 12:00 pm)—*Suzanne Thomson, Angelina Martinez Miranda, Michel Odent, Sister MorningStar and Gail Tully*

**Breech Birth in Water** (1:15 pm – 2:30 pm)—*Suzanne Thomson and Sister MorningStar*

**Breech Roundtables** (2:30 pm – 4:30 pm)—*Suzanne Thomson, Gail Tully, Angelina Martinez Miranda and Michel Odent*

These teachers have extensive combined experience with breech deliveries and these intimate roundtables give the participant a chance to dialog with each teacher individually. Bring your cases and questions to share.

**Wrap Up, Questions and Breech Birth Stories** (4:30 pm – 5:00 pm)—*All teachers*

9:00 am – 5:00 pm

Full-day class

**B3 • Midwife Best Practices for Survival of Mothers and Babies in Low-resource, High-risk Populations**—*Vicki Penwell*

This class is for midwives and other health care workers or students who serve women anywhere in the world where maternal and newborn mortality is high. We will focus on the newest and simple techniques to implement best practices for achieving the best outcomes for mothers and babies. Also, Vicki will address the unique needs in developing countries, where culturally sensitive, respectful and evidence-based maternity care is actually a life and death matter. Since women of color die in childbirth and lose their babies at birth at rates much higher than white women everywhere in the world, this class is essential for all of

us who care about survival of the human race! Vicki is teaching from 35 years' experience as a midwife, 24 of those years serving in a third world country.

9:00 am – 5:00 pm

Full-day class

**B4 • Applying Loving Care to Your Practice**—*Diego Alarcon and Fernando Molina*

**Loving Pregnancy and Birth Care** (9:00 am – 12:30 pm)—*Diego Alarcon*

At his Clinica La Primavera in Quito, Ecuador, Diego gives the most loving pregnancy and birth care imaginable. He is one of the most accommodating and loving providers in the world! His videos from prenatal visits, birth, humane cesareans and so much more are so touching you might be on the verge of tears. Come listen as he shares his loving ways and philosophy with you in this session from a groundbreaking physician.

**Magical Beginnings** (2:00 pm – 5:00 pm)—*Fernando Molina*

Every birth is the result of a magical process that was initiated by conception and then was followed by various stages of development in the womb, where the unborn child receives the introductory lessons about trust, empathy, love, sadness, anxiety and all basic human emotions. This gentle physician will guide us into the magical and sacred life of a baby getting ready to emerge from the womb of creation as he or she is bathed in the cocktail of love hormones.

9:00 am – 5:00 pm

Full-day class

**B5 • Solving Common Complications**—*Gail Hart and Elizabeth Davis*

**Shoulder Dystocia** (9:00 am – 12:00 pm)

Our teachers discuss the mechanical and physical causes of shoulder dystocia; the associated risk factors; symptoms and signs to predict it; and how to remedy it. They will analyze tools and methods used to overcome panic reactions and demonstrate effective treatments. Come learn new methods, new mnemonics and the latest research!

**Second Stage Problems** (1:30 pm – 5:00 pm)

Our teachers will share the protocols and techniques they use to help the mother move through labor. This discussion will include prolonged rupture of membranes, failure to progress, abnormal labor patterns, non-medical intervention and more. Listen to these experienced midwives discuss constructive and effective ways to handle both normal and difficult situations. Bring your questions and experiences to what promises to be an exciting class.



Photo by Patti Ramos

7:00 pm – 8:30 pm

General session

**Tricks of the Trade**—*Angelina Martinez Miranda, Jan Tritten and Eneyda Spradlin-Ramos*

Share the techniques you've perfected in your practice or bring your burning questions to this roundtable of pertinent tips on a wide variety of topics. This is always a much-appreciated session, for its sense of sisterhood as well as its information. "Worth at least two weeks of academic training," said one participant.

**Friday • Conference Day One • March 20, 2015**

8:15 am – 8:45 am

Open to all registrants

**Calming Mind, Body and Soul Meditation**—*Fernando Molina*

This early-morning meeting is designed to get our minds ready for our day of learning by going within our silent space. Current cognitive neuroscience research tells us meditation helps to maximize the effects of beta and alpha brainwave patterns for the benefit of humanity.

9:00 am – 10:30 am

Opening general session

**Birthing with Love Changes the World**—*Diego Alarcon, Fernando Molina, Vicki Penwell and Jan Tritten*

Come learn from midwives and physicians how love can be manifested wherever you care for mother/baby and each other. Vicki will describe how dozens of midwives initially trained in a system of abuse and disrespect became loving, kind and caring midwives with sensitivity training and awareness of a better way to treat the mothers. Love is possible even in the worst situations; it can be taught, it must be modeled and it can change the world!

10:30 am – 11:30 am

General session

**Newborn Babies Need Love, Microbes and Stress**—*Michel Odent*

According to emergent scientific disciplines, we know the following: Newborn babies need maternal love; this need has been ignored for thousands of years (routine separation of mother and babies, delayed initiation of breastfeeding, etc.). Newborn babies are supposed to be colonized by friendly microbes that immediately educate their immune

system; until recently all microbes were considered enemies. The stress induced by uterine contractions has a positive role to play in the development of human beings; until recently the word "stress" had an exclusively negative connotation.

11:30 am – 12:30 pm

General session

**Communication for Birth Practitioners**—*Yesbi Neumann*

As a professional communicator and midwife, Yesbi will guide us through the basic principles of communication among midwives, fostering good relations and support among colleagues. This is especially important to build a sense of harmony within the birth and midwifery community.

1:30 pm – 3:00 pm

Concurrent sessions C1 through C5

**C1 • Alternative Remedies for the Childbearing Year**—

*Carol Gautschi and LaRee Westover*

Learn about the use of herbs, homeopathics and other natural remedies in pregnancy, birth and postpartum. Learn practical uses of these remedies for your clients' ailments and complications, such as using alternatives to halt a hemorrhage and how to keep the women in your care well. This class is for not just for novices, but for everyone!

**C2 • Renegade Midwives**—*Robbie Davis-Floyd*

Renegade midwives generally reject allegiance to the professionalization project of direct entry midwifery (licensure, regulation, following protocols) in favor of allegiance to the birthing mother and her desires. In so doing, renegades both jeopardize the status of direct entry midwives (DEMs) in their states, and provide options for birthing women that DEMs who follow state protocols cannot provide. This presentation will analyze the complex issues and challenges provided to midwives in America by the existence and practice of these "renegades." If time, we will consider the charged issue of "the renegade midwife" in other countries, including the Netherlands, Belgium, Hungary and more.

**C3 • Midwives: A Loving Response to Disaster**—*Vicki Penwell*

Vicki has extensive experience responding to disasters and teaching disaster preparedness, including leading a full-scale response to the recent Philippine super typhoon that left thousands of pregnant women with no place to give birth. More and more areas of the world are experiencing natural disasters, including the US. The role of the midwife as part of the health care response team in these disaster areas will be explored in this class. This class will also discuss the ways midwives are especially suited as first responders during any crisis, and will explore what is helpful, and what is not, in a disaster situation. Use of psychological first aid, cross-over medical skills, and universal maternity care protocols will be discussed.

**C4 • Postdates Pregnancy—Waiting, Watching and Worrying**—

*Gail Hart*

What are the real risks of prolonged pregnancy? How do we correctly identify the postdates baby, and assess for signs of postmaturity syndrome? How do we know when it is time to intervene, and how do we intervene when it's needed? Let's look at what the evidence says about risks and how to mitigate them, discuss how to monitor the prolonged pregnancy, and learn how to balance protocols with common sense.

**C5 • Pelvic Diameters for Freeing Stuck Babies**—*Gail Tully*

Gail Tully, "The Spinning Babies Lady," helps fit the puzzle pieces of lack of engagement, shoulder dystocia and breech obstruction. Increase your familiarity with the pelvic diameters. When reaching into a woman's pelvis is as familiar to you as your sock drawer you will better know which way to turn a stuck baby and why using flexion and adduction saves lives.



Photo by Patti Ramos

**D1 • Scientification of Love**—*Michel Odent*

In this aggressive world, the need for love is great. Learn what we can do in our role as midwives, doulas and doctors to help promote love, and listen as Michel discusses the science behind love.

**D2 • The Art of Communication**—*Yeschi Neumann*

Yeschi has spent a lifetime studying how we communicate and miscommunicate. She has pioneered ways to help us improve the most important skill for birth practitioners, and her classes are always creative and interactive. Come and learn about your communication style and learn what works and doesn't work in communication. Improve your practice and profession with clear communication.

**D3 • Mainstreaming Midwives: A Recent Political History of American Midwifery**—*Robbie Davis-Floyd*

In this class, Robbie uses her history-telling skills, which are laced with drama and humor, to describe various intense confrontations and dilemmas that have permeated midwifery politics over the past three decades. Robbie brings her knowledge that comes from 10 years of research on American midwifery to show why midwives matter to American women and to convince her audience that midwives should be the primary birth caregivers in the US. Other topics include successful legislative strategies, the tensions between the social activist midwifery movement and midwives' professionalization projects, and the most recent developments in US midwifery internal politics.

**D4 • Promoting Optimal Fetal Positioning**—*Gail Tully*

What can be done at pregnancy visits by midwives and doulas to help women and couples be proactive in childbirth preparation with fetal positioning? Let Gail Tully, "The Spinning Babies Lady," introduce you to the First Principle of Spinning Babies: Balance. Try out three techniques that you can then teach pregnant women and couples over three prenatal visits. Please bring massage tables if you have any available.

**D5 • Hemorrhage and Estimating Blood Loss**—*Gail Hart and Patricia Edmonds*

It is important to understand the full process of third stage and to facilitate the delivery of the placenta correctly. Let's look at the evidence and learn techniques used where routine oxytocics are not accessible and which render the need for pharmaceuticals rare. You will learn about how to assess third stage and deal with complications to reduce the risk of excess blood loss. You will also learn about how to assess and deal with bleeding in a way that will increase your confidence—by actually estimating with real blood in and on different materials such as on pads and in water. We will also talk about using the placenta, cord and membranes for hemorrhage control.

5:30 pm – 6:30 pm

General session

**Love in Birth vs. Fear in Birth**—*Sister MorningStar, Diego Alarcon and Eneyda Spradlin-Ramos*

Fear can complicate an otherwise straight-forward natural process like birth. The most powerful and effective item we carry into the birthing room is how we feel about birth. Join us as we role model and role play the subtle influences of love and fear in birth. Bring your questions and experiences.

8:00 pm – 10:00 pm

Open to all registrants

**Cabaret**—*Robbie Davis-Floyd and Michel Odent, emcees*

The cabaret is for everyone to show their many talents whether in song, dance or whatever you do that you would like to share. (This is a very fun event!)

**Saturday • Conference Day Two • March 21, 2015**

8:15 am – 8:45 am

Open to all registrants

**Calming Mind, Body and Soul Meditation**—*Fernando Molina*

This early-morning meeting is designed to get our minds ready for our day of learning by going within our silent space. Current cognitive neuroscience research tells us meditation helps to maximize the effects of beta and alpha brainwave patterns for the benefit of humanity.

9:00 am – 10:00 am

General session

**Mythology in Midwifery and Obstetrics**—*Gail Hart*

Many busy birth practitioners find it difficult to keep up with new research and even more difficult to separate fact from myth. Let's look at the newest data, information and research and update our knowledge about some common issues. What's the "real deal" about postdates, fetal testing, active management of labor or third stage, probiotics, vitamin supplementation, anti-hemorrhage medications and more? Every birth practitioner seeks to do The Right Thing. But how do we know what the right thing is when the definitions, protocols and recommendations are constantly shifting?

10:00 am – 10:30 am

General session

**Cherokee Birth**—*Sister MorningStar*

"From GrandMother to GrandDaughter the Cherokee Way of Love taught me to live comfortably in my own skin, to walk gently upon the Earth and to stand in good relations with all people." Sister MorningStar is one of Midwifery Today's well-loved conference teachers. Come learn from her Cherokee wisdom and see how your view of birth expands!

10:30 am – 12:00 pm

Concurrent sessions E1 through E5

**E1 • Birth and the Human Future**—*Marion Toepke McLean*

The way we are born affects our lives and the lives of future generations. Factors include hormones, microbes and the way human traits pass down generations. Research of recent years and decades will be reviewed during this session.

**E2 • Twin Birth**—*Suzanne Thomson and Sister MorningStar*

Suzanne and Sister have extensive experience with twin birth. They will discuss strategies for safe twin birth, including positioning, time of delivery, premature delivery and avoiding postpartum hemorrhage, as well as special aspects of prenatal care. Sister will also bring experience and story of native ways from her Cherokee heritage.

**E3 • Physiological Transition: A New Form of Resuscitation**—*Gail Hart*

Analyzing the various techniques used around the world brings the surprising conclusion that neonatal resuscitation methods are a cultural, not a scientific, norm. The experiences of what works in one hospital unit is often different from a unit in the same city and practitioners who work in both home and hospital know they often do things differently depending on the setting. Gail will present the concept of safe and effective physiological resuscitation methods which don't require high technology for implementation.

**E4 • The Holistic Complete Exam**—*Elizabeth Davis*

In this class we will review complete physical exam skills, with attention to making the exam a valuable experience for both client and practitioner. How is the pregnant woman doing, physically, emotionally, in her life as a whole? Is she healthy, or does she have chronic health problems? Is she happy, sad, busy or stressed? With this as a background, we

examine the complete exam, head to toe, system by system, with particular focus on obstetrical and gynecological functioning as appropriate.

**E5 • The Power of Ritual: How People Think, What They Believe, and Why**—*Robbie Davis-Floyd*

This presentation will explore the nature and uses of ritual in rites of passage and in daily life, with special emphasis on its roles in engendering belief, enhancing courage, effecting healing, and transforming individual consciousness. In the medical realm, ritual takes on special importance. It defines appropriate procedure, indicates proper training and competence, and serves as an essential buffer against the fear of dealing with out-of-control natural processes. Ritual's courage-enhancing and habituating effects can be used wisely in medicine.

12:00 pm – 2:00 pm

Lunch option 

**Saturday Lunch Social**

Join your fellow conference attendees for a buffet lunch at the Hilton Eugene. Network, hobnob and relax. Price includes lunch, dessert and beverage station, with vegetarian options provided. \$15 for conference registrants, \$25 for non-registrants, payable with registration; no payments taken at the door.

2:00 pm – 3:30 pm

Concurrent sessions F1 through F5

**F1 • Village Prenatals**—*Sister MorningStar*

Village prenatals have a sole purpose: We gather out of selfless service to support and encourage the instinctual life of pregnant women who are trying to birth in power against a modern current of fear and an environment of perpetual interventions. We are there to shower them with village attention and support and to bathe them in the sense of belonging and being cherished.

**F2 • Low-tech, No-tech Midwifery**—*Gail Hart*

Discover low-tech ways to make birth safer in those regions where the technology simply is not available, or to prepare to be able to provide care during a national disaster. Do you know how to work without medications or IVs? What would you do if you did not have your equipment and supplies at a birth? Would you be lost without your “stuff”? Let's look at what is truly essential for birth, which routines can be abandoned or modified, and how we can improvise when necessary.

**F3 • Uncommon Complications**—*Diego Alarcon and Fernando Molina*

Learn how to be prepared for anything and everything. You will learn about how to prepare for uncommon complications you may encounter: excessive bleeding, disseminated intravascular coagulation (DIC), hematoma formation, amniotic fluid embolism and more. Learn about how to manage these while keeping the family and yourself calm. Bring questions and cases to study.

**F4 • Prolonged Labor**—*Carol Gautschi*

Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed. Learn prenatal factors that may help allay long labors.

**F5 • Healing from Difficult, Disappointing or Traumatic Birth**—

*Yeschi Neumann*

Birth practitioners sometimes experience births that are disappointing, difficult, or traumatic for ourselves. We need a safe place to tell those stories and to be listened to deeply without judgment. This session will provide ways to do the necessary healing work so that we can grow in self-compassion and wisdom as we continue to serve the mother and babies that we care for.

4:00 pm – 5:00 pm

General session

**Mexican Midwifery: Traditions and Techniques**—

*Angelina Martinez Miranda*

Angelina will discuss positioning, remedies, techniques and customs from Mexico some of which date back thousands of years. We will learn how to use a *rebozo*—a very useful tool in all parts of the child-bearing cycle.

5:00 pm – 6:00 pm

Open to all registrants

**International Midwifery**—*Vicki Penwell, Diego Alarcon, Jan Tritten and Eneyda Spradlin-Ramos*

Brainstorm with us and your peers on how we can effect changes in midwifery and childbirth on the global level. This will be an interactive session, learning from the midwives present from the many different countries represented. Learn about the midwifery and birth movements going on around the world and how you can help. We can make changes for the better with knowledge of global possibilities.

6:00 pm – 7:00 pm

General session

**Heart and Hands**—*Elizabeth Davis*

With skillful hands and open heart, true midwifery marries science and art, forges the deepest alliances and operates at a level of intimacy uncommon in our busy society. Join us as we delve into the joys and mysteries of our sacred calling.

8:30 pm – 10:00 pm

Open to all registrants

**Jenaguru—Full Moon Marimba**

Join in our popular evening program. Dance with Jenaguru Full Moon Marimba, a local Zimbabwean marimba band, and let your primal brain relax and play after its full day of learning!

10:00 pm – 11:00 pm

Open to all registrants

**Talk Story and Birth Stories**—*Gail Hart*

From earliest history, women have shared their personal experiences of strength and healing. Stories wrapped with love and trust in the birth process have transmitted wisdom and confidence to each generation. Come to share or just to listen.

**Sunday • Conference Day Three • March 22, 2015**

8:15 am – 8:45 am

Open to all registrants

**Calming Mind, Body and Soul Meditation**—*Fernando Molina*

This early-morning meeting is designed to get our minds ready for our day of learning by going within our silent space. Current cognitive neuroscience research tells us meditation helps to maximize the effects of beta and alpha brainwave patterns for the benefit of humanity.

9:00 am – 10:15 am

General session

**Magical Beginnings for the Baby**—*Fernando Molina*

Magical Beginnings is a celebration of pregnancy and birth where moms and dads have the once-in-a-lifetime opportunity to be conscious participants in this miraculous creative process. When parents celebrate the gift of conceiving, schooling in the womb and delivering a child, together with their midwife or other health provider, we all become part of this magical process. From this perspective, pregnancy and birth are what they are meant to be—a joyful and sacred event where mom, baby and dad actively participate in the miracle of creation.

**G1 • Birth Models That Work: Standing the Test of Time—***Robbie Davis-Floyd*

This presentation describes what co-editors Robbie Davis-Floyd of the US, Lesley Barclay of Australia, Betty-Anne Daviss of Canada, and Jan Tritten of the US call “birth models that work.” This talk first presents the criteria we have developed to identify and characterize birth models that work and then proceeds to identify and describe a number of such optimal birth models from countries as diverse as Canada, the US, the UK, the Netherlands, Australia, New Zealand, Japan, Mexico, Brazil, the Philippines and Samoa. Updates on how these models have stood the test of time will be included.

**G2 • Giving Loving Care in a Hospital Practice—***Yesbi Neumann and Marion Toepke McLean*

Can birthing women experience ecstasy and empowerment in the hospital? Must midwives dilute quality of care in this environment? Much depends on the vision, integrity and preparation of the staff, midwife and family. Yesbi has created a practice called “Homestyle Midwifery Care.” After 25 years as a homebirth midwife, she successfully took this kind of care into a hospital practice. Marion has worked in home, birth center and hospital settings and therefore brings excellent experience to this session.

**G3 • Malpresentations—***Gail Hart and Suzanne Thomson*

This is an in-depth look at malpresentations and mal-rotations, their likelihood and causes, palpation methods to identify them and the techniques for assessing and dealing with them. You will learn many tips for helping remedy these errant babes to move into better position for vaginal birth. Bring your techniques to add to this body of midwifery knowledge.



Photo by Patti Ramos

**G4 • Transporting—***Patricia Edmonds*

The ability to transport is essential in every home or birth-center birth. Learn about why and when to transport and how to make the transition as smooth, intelligent and educated as possible.

**G5 • Showering Love, Personalizing Care: Making the Mother Feel Special by Providing Individualized Pregnancy and Birth Care—***Cynthia Luxford*

In this session, we will give examples of how midwives can individualize and personalize a woman's experience of receiving care during pregnancy, birth, and beyond. These tips will be adaptable for anyone caring for women during the childbearing year, including doulas, doctors, or OB nurses.

1:30 pm – 3:30 pm

General session

**Roundtables**

In this well-loved Midwifery Today format, you'll sit in on three interesting and inspiring roundtables of your choice. Roundtables will include:

**Spinning Babies Topics—***Gail Tully***Rebozo Practice—***Angelina Martinez Miranda***Prenatal Care with Love—***Diego Alarcon***The Physiology of Intuition—***Elizabeth Davis***Midwifery Around the World—***Robbie Davis-Floyd***Birth—A Magical Process—***Fernando Molina***Nutrition for Best Birth Outcomes—***Carol Gautschi***Massage for Birth—***Eneyda Spradlin-Ramos***Running a Birth Center—***Cynthia Luxford***Disseminated Intravascular Coagulation—***Marion Toepke McLean***Prematurity Is Often Preventable—***Gail Hart***Breech Babies—***Suzanne Thomson***Word Medicine Is Really Medicine—***Sister MorningStar***Providing Care Outside the Licensing Paradigm—***Patricia Edmonds***Joys and Challenges of Conscious Grandmothering—***Yesbi Neumann*

3:30 pm – 4:30 pm

General session

**The Paradigm Shift of Holistic Obstetricians: Why Some Doctors Choose to Change—***Robbie Davis-Floyd, with stories from**Fernando Molina and Diego Alarcon*

This presentation is based on interviews with 32 of Brazil's holistic obstetricians, who call themselves “the good guys and girls”—a name they use to distinguish themselves from the “bad guys” who perform many unnecessary cesareans for their own profit and convenience. These holistic OBs dedicate themselves to helping birthing women achieve normal, physiologic birth. They have extremely low cesarean rates compared to the rest of the country, yet with wide variation—from 7% to 30%. They practice in varied settings yet share a commitment to holistic practice under a midwifery model of care, often calling themselves “midwife-obstetricians.” This presentation will describe what motivated them to change, the forms those changes took over time, the current ways in which they practice, the persecution they suffer from the larger health care system, and the ways in which they are working, individually and collectively, to transform that system.

4:30 pm – 5:30 pm

Closing general session

**Incorporating Love into Our Practices—***Diego Alarcon, Fernando Molina, Carol Gautschi and Sister MorningStar*

Learn how you can incorporate love into your practice from four practitioners who embody love in very practical ways. You won't want to miss this!

# Conference Location and Accommodations

## Venue Information

### Hilton Eugene and Conference Center

66 E. 6th Avenue, Eugene, Oregon 97401  
Tel: +1-541-342-2000 or 800-937-6660 ■ Fax: +1-541-342-6661  
hiltoneugene.com

The conference will be held at Hilton Eugene and Conference Center. The hotel—the location of the 2013 conference—is in the center of Eugene's downtown district. Located just off the I-5 corridor, the hotel is adjacent to the Hult Center for the Performing Arts, 12 miles from the Eugene airport and minutes away from the University of Oregon. Within walking distance of the hotel, you will find numerous excellent restaurants and the Fifth Street Public Market. Guests benefit from many amenities and services, including complimentary round-trip shuttle to and from the airport. Enjoy the Share Wine Lounge and Small Plate Bistro inside the Hilton Hotel featuring local and sustainable cuisine, Northwest wines and microbrews. Guestroom key allows access to the indoor pool and exercise facility.

**Hotel Price and Booking:** Registrants who call the Hilton Eugene directly at +1-541-342-2000 or 800-937-6660 by **March 2, 2015**, will receive the discounted rate. (Discounted rooms may be limited, so book early for best results.) Reservations made after this date are subject to space and rate availability. You must mention that you are participating in the Midwifery Today conference to receive the discounted room rate of \$119.00 for a standard single/double room or \$129.00 for a standard triple/quad room. No more than four people are allowed in a room. All rooms are subject to state and local taxes (currently 10.5%) per room per night. Group rates will be extended two days prior and two days following the conference dates, based on availability. The hotel accepts requests for room types (e.g., kings, queens) at the time of reservation; however, they cannot guarantee their availability upon arrival.

**Hotel cancellation:** Cancellations must be received 2 days prior to arrival or one night room and tax will be charged. There is an early departure fee of \$75.00. To avoid the fee guests must advise the hotel at or before check-in if they need to check out early.

**Parking at the Hilton Eugene:** Hotel guests in the Midwifery Today group will receive complimentary overnight hotel self-parking. For attendees not staying at the Hilton Eugene, parking fees are \$2.00 per hour up to \$15.00 maximum per day, valet service at \$20.00 and oversized vehicles at \$50.00 per day.

**Continuing Education Units:** ACNM, MEAC and the Oregon Board of Naturopathic Medicine (OBNM) speciality credits will be applied for. CEU fees are indicated on the conference registration form.

**Children at the Conference:** Mothers may sit with babes in arms in the classrooms. However, out of respect for others, and because we are recording some of the classes, if a baby makes any noise, we must ask mother and baby to leave the room. Attendees must make their own arrangements for childcare.

**Travel Information:** Staying at the Hilton Eugene makes the most sense if you are traveling from outside the area, because conference days are long, and it's fun to relax with other participants at the end of the day. If you need other hotel information however, or other general information about the Eugene-Springfield area, contact the Eugene Chamber of Commerce at +1-541-484-1314.

### Directions to the Hilton Eugene and Conference Center

**By Car:** Driving north or south on Interstate 5, take exit 194B. Go west for about one mile; take Exit 1. Merge left and follow signs to "City Center/U of O." Get into the right lane, cross the river and then take the downtown exit for The Hult Center/6th Avenue. Get in the left lane. Hilton Eugene will be one block ahead on your left. The entrance to the underground parking lot is just past the hotel's main entrance.

**By Amtrak:** The train station is just two blocks from Hilton Eugene. From the station, walk south to 6th Avenue. The hotel will be across the street, to your left.

**By Airplane:** Eugene is serviced by Alaska, Allegiant, American, Delta, Frontier and United airlines.

### How to Save on Conference Prices

You can receive a discount of up to \$90 on your conference fees by registering early. You can receive an additional discount of up to \$75 by subscribing to *Midwifery Today* magazine.

Tuition-paying students who register for three or more days qualify for a 30% discount on conference fees when they **submit, with their registration, proof of full-time student status.**

See the conference registration form of pages 9 and 10 for complete details on conference pricing.

**Questions?** If you have any questions regarding the conference, please contact Andrea Straw, Conference Coordinator, at +1-541-344-7438, or by e-mail at [conference@midwiferytoday.com](mailto:conference@midwiferytoday.com).

## ADVERTISING OPPORTUNITIES

- Include your brochure in our registration packets.
- Project your ad before general sessions.
- Advertise in the program.
- Rent a display table.
- Sponsor the conference.

**+1-541-344-7438**

[ads@midwiferytoday.com](mailto:ads@midwiferytoday.com)

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**+1-541-344-7438 or 800-743-0974 US/CAN**



# Midwifery Today Conference Registration Form

## “Birthing with Love Changes the World”

Hilton Eugene and Conference Center • Eugene, Oregon • March 18–22, 2015

Please Print

Name			Certification number (if applying for CEUs)	
Street Address			Telephone Number	
City	State or Province	ZIP or Postal Code	Country	E-mail Address

1. How are you involved in birth?

- Direct entry midwife   
 Licensed midwife   
 Certified nurse-midwife   
 Registered nurse   
 Aspiring midwife   
 CPM  
 Naturopath   
 Childbirth educator   
 Student midwife   
 Doula/LA   
 Other \_\_\_\_\_

2. How many births have you attended? \_\_\_\_\_ 3. How did you first learn about this conference? \_\_\_\_\_

4. What excites you about this conference? \_\_\_\_\_

5. Do you give permission for Midwifery Today to release your contact information to fellow registrants?  yes  no

6. Please place a check mark beside each day of the conference you will attend.

- Wednesday Pre-Conference   
 Thursday Pre-Conference   
 Friday Conference   
 Saturday Conference   
 Sunday Conference

7. Please place a check mark beside each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you will attend the conference on Friday, you need to select one class from C1 through C5 and one class from D1 through D5. Class descriptions can be found in the conference program.

### Wednesday Pre-Conference—March 18, 2015

9:00 am–5:00 pm     A1     A2     A3     A4     A5

### Thursday Pre-Conference—March 19, 2015

9:00 am–5:00 pm     B1     B2     B3     B4     B5

### Friday Conference—March 20, 2015

1:30 pm–3:00 pm     C1     C2     C3     C4     C5

3:45 pm–5:15 pm     D1     D2     D3     D4     D5

### Saturday Conference—March 21, 2015

10:30 am–12:00 pm     E1     E2     E3     E4     E5

2:00 pm–3:30 pm     F1     F2     F3     F4     F5

### Sunday Conference—March 22, 2015

10:30 am–12:00 pm     G1     G2     G3     G4     G5

### Subscribe to *Midwifery Today* Magazine and Save up to \$75 on Conference Prices!

Subscribers to *Midwifery Today* are eligible for reduced conference prices. If you are not currently a subscriber, you can obtain registration discounts by subscribing at this time:

- I am already a subscriber to *Midwifery Today*.  
 I want to subscribe/renew now.

To subscribe now to *Midwifery Today*, please check one box below and enter the dollar amount on the “subscription price” line at the bottom of the next page. (Note that a two-year subscription is your best value.)

- One year, US (\$55)  
 One year, Canada (\$68)  
 One year, all other international (\$75)  
 Two years, US (\$105)  
 Two years, Canada (\$131)  
 Two years, all other international (\$145)

## Register Early and Save up to \$90

**Registration deadlines:** By registering early you become eligible for reduced conference prices. The early registration deadlines are November 21, 2014, and January 20, 2015. Prices are shown in the table below. Registrations must be received **in office** at Midwifery Today no later than March 4, 2015. If you cannot mail your registration early enough for it to be received on or before March 4, 2015, please register at the conference.

**Register by mail, phone, fax, e-mail or online:** The prices you pay are determined by the postmark on the envelope in which you return your registration form. If you register by telephone, fax, e-mail or online, the date Midwifery Today receives your communication will be deemed to be the postmark date.

### How to Determine Conference Prices and CEU Fees

- Prices do not include transportation, meals or overnight accommodations. Look up the price in the table at the bottom of this page.
- Note that the table shows discounted prices for those who register early and for those who are subscribers to *Midwifery Today*. Students who pay tuition who register **for three or more days** may deduct 30% when they submit, with their registration, proof of their full-time student status. [The student discount does not apply to CEUs, lunch or subscriptions.] Enter the prices that apply to you on the lines provided at the bottom of this page.
- Please pay your CEU fees at this time: \$10 per day for ACNM, MEAC and the Oregon Board of Naturopathic Examiners. Enter the total amount on the line provided at the bottom of this page.
- You may mail this form with your payment in US funds to Midwifery Today. If you pay by credit card, you may fax this form to Midwifery Today. You may also register by phone or

e-mail (do not send credit card details by e-mail). Use the contact information at the bottom of this page. To register online: [midwiferytoday.com/conferences/Eugene2015](http://midwiferytoday.com/conferences/Eugene2015)

### Payment and Refund Policies

**Payment by check or money order:** If you pay by check or money order, make it payable to Midwifery Today. Payment must be made in US funds.

**Refund and Cancellation Policy:** If you cannot attend the conference after you have registered and sent in your payment, you must call the office and let us know on or before the cancellation date. You will be refunded the amount you paid minus 30% for processing. **The cancellation date for the conference is February 4, 2015. No refunds after this date.**

**Your records:** Please read and complete both sides of this form. Be sure to keep a copy for your records.

### Notices

**Changes to the program:** Speakers, classes or other details may change. We recommend that prior to registering you check our website for changes: [midwiferytoday.com/conferences/Eugene2015/updates.asp](http://midwiferytoday.com/conferences/Eugene2015/updates.asp)

**Disclaimer:** Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war, or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date and, if necessary, location. In the event of a conference postponement, no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

* No discounts apply to subscriptions, CEUs or lunch.	Walk-in registrants are always welcome. Just pay when you arrive.					
	Postmark on or before November 21, 2014		Postmark on or before January 20, 2015		March 4, 2015 (in office deadline)	
	Subscriber	Non-subscriber	Subscriber	Non-subscriber	Subscriber	Non-subscriber
1 day	\$130	\$145	\$140	\$155	\$150	\$165
2 days	\$260	\$290	\$280	\$310	\$300	\$330
3 days	\$335	\$380	\$360	\$405	\$385	\$430
4 days	\$455	\$515	\$490	\$550	\$525	\$585
5 days	\$575	\$650	\$620	\$695	\$665	\$740

  

Conference price	\$ _____	Method of payment:	<input type="checkbox"/> Check	<input type="checkbox"/> MasterCard	<input type="checkbox"/> Visa	<input type="checkbox"/> Cash
Student discount (30%)*	\$( _____ )					<i>Please do not mail cash.</i>
Subscription price*	\$ _____	Card number _____			Exp. date _____	
CEU fees*		Name on card _____				
Please select:		Billing address _____				
<input type="checkbox"/> ACNM <input type="checkbox"/> MEAC <input type="checkbox"/> OBNM	\$ _____	(as it appears on credit card bill)				
Saturday Lunch Social		Signature _____				
Registrants \$15/Non-reg. \$25	\$ _____					
<b>TOTAL</b>	<b>\$ _____</b>					

# Eugene 2015 Speaker Biographies

**Diego Alarcon, MD**, is an obstetrician working in Quito, Ecuador. He owns and runs a small hospital with a beautiful waterbirth center. He gives very loving and encouraging care to the whole family. He mostly just takes photographs at births but is a highly skilled obstetrician if a humane cesarean is needed. He gives loving care in all aspects of his work.

**Elizabeth Davis, CPM**, is a renowned expert and author of books on women's issues. She has been a midwife, women's health care specialist, educator and consultant since 1977. She is co-founder of the National Midwifery Institute, Inc., a three-year, MEAC-accredited, apprenticeship-based midwifery program leading to licensure in California. She holds a degree in Holistic Maternity Care from Antioch University and is certified by the NARM.

**Robbie Davis-Floyd, PhD**, Senior Research Fellow, Dept. of Anthropology, University of Texas Austin, and Fellow of the Society for Applied Anthropology, is a medical anthropologist specializing in the anthropology of reproduction. Robbie lectures at childbirth, midwifery and obstetrical conferences around the world. Robbie is the co-author/author of many books and articles.

**Patricia Edmonds** received her initial training from Northwestern School of Practical Midwifery, in Portland, Oregon, in 1977 and is one of the founding mothers of the Oregon Midwifery Council. She has been an editor of *Birthing* since 1977 and a contributing author to numerous publications. Though Patricia attempted retirement, she now continues to do birthwork as a midwife.

**Carol Gautschi, CPM, LM**, has attended homebirths since 1978 and has worked as a Traditional Holistic Midwife on Washington's Olympic Peninsula since 1979. For her first 25 years Carol served as an unlicensed midwife. Her teaching style is unique because in addition to teaching the nuts and bolts of her subject, she emphasizes the unseen or intuitive realm of birth. She fosters the importance of the midwife relationship not just with the mom, but with the baby as well.

**Gail Hart** graduated from a midwifery training program as a Certified Practical Midwife (CPM) in 1976. She has held a variety of certifications over the years. She is now semi-retired, and no longer maintains her license, but still keeps active with a small community practice. Gail is interested in ways to holistically incorporate evidence-based medical knowledge with traditional midwifery understanding. Gail is a contributing editor to *Midwifery Today*.

**Cynthia Luxford, LDM, CPM**, is a midwife from Oregon. She has been serving families since 1988. She has trained many apprentices and is a preceptor for National College of Midwifery, Birthingway, Bastyr and Aviva. In 2005 she opened the first licensed Freestanding Birth Center on the Oregon Coast. Since that time she has continued to attend home and birth center births with the help of apprentices and assistants.

**Angelina Martinez Miranda** is a traditional midwife living and practicing in Cuernavaca, Morelos, Mexico. She is the inheritor of three generations of midwifery knowledge; her mother, grandmother and great-grandmother were all traditional midwives, practicing for around 40 years each. Angelina combines their wisdom with the many courses she has taken in midwifery and related subjects to keep up-to-date with evidence-based obstetrics.

**Fernando Molina, MD**, is a family physician, male midwife and prenatal educator from Venezuela. He now lives in Eugene, Oregon, where he has worked with Anita Rojas as a midwife at Sacred Waters Birthing Center since May 2013. He also teaches a comprehensive prenatal course designed to embrace the mind, body and spirit for a happy pregnancy and birth, now available online at [NaturalBirthingClass.com](http://NaturalBirthingClass.com). He is a homebirth/waterbirth/natural birth activist who loves working with other midwives and doulas.

**SisterMorningStar** has dedicated a lifetime to the preservation of instinctual birth among native people. She was raised in the Ozark Mountains within

the influence of Cherokee traditions. She has helped thousands of women find empowerment through instinctual birth. She is the founder of a spiritual retreat center and author of several books related to instinctual and spiritual living. Sister is a contributing editor to *Midwifery Today*.

**Yeshi Neumann** has been working as a midwife in home and hospital settings since 1971. In addition to her work in the US, Yeshi has taught and learned from midwives in many other countries. Yeshi has facilitated hundreds of workshops about women's leadership, diversity, conflict resolution, communication, mindfulness, healing family relationships and conscious grandmothering.

**Michel Odent, MD**, has been influencing the history of childbirth and health research for several decades. Odent is familiarly known as the obstetrician who introduced the concept of birthing pools and home-like birthing rooms. He later founded the Primal Health Research Center in England. His approach has been featured in eminent medical journals such as *The Lancet* and in TV documentaries such as the BBC film *Birth Reborn*. After his hospital career he practiced homebirths. Odent is a contributing editor to *Midwifery Today* magazine.

**Vicki Penwell** is an international humanitarian aid worker, licensed midwife and CPM, and teacher who has practiced for 30 years. She and her family founded a nonprofit charitable organization called Mercy In Action that trains midwives and establishes birth centers in poor countries. The Mercy In Action birth centers are NARM-approved out-of-country sites for training CPMs, where every delivery is free of charge to the woman and her family.

**Eneyda Spradlin-Ramos, BA** in Human Resources, Licensed Massage Therapist, was born in Managua, Nicaragua. She became interested in birth when she was nine, after observing a midwife resolve a prolonged second stage by simply having the mother blow into a bottle three times. Eneyda has been involved in homebirth, breastfeeding and homeschooling issues since 1990.

**Suzanne Thomson** has been a licensed midwife since 1996, serving the VBAC, twins and breech community, as well as the community of families at large, in the state of Washington. She loves training and mentoring the next generation of midwives, teaching and training abroad as well as at home, and volunteering her time in underserved countries in the area of maternity care. She served as president of Washington Alliance for Responsible Midwifery for two years.

**Marion Toepke McLean, CNM**, attended her first birth as primary midwife in August 1971. She received her nursing degree from Pacific Lutheran University in 1966 and her midwifery and family nurse practitioner degree from Frontier Nursing Service in 1974. From 1976 through 2001 she did home, clinic and hospital births, while also working as a family nurse practitioner. Since 2002 she has worked in a reproductive health clinic and attended an occasional homebirth. Marion is a contributing editor to *Midwifery Today*.

**Jan Tritten** is the founder of Midwifery Today. She became a midwife in 1977 after the wonderful homebirth of one of her daughters. Her mission is to make loving midwifery care the norm for birthing women and their babies in this country and around the world.

**Gail Tully** is a homebirth midwife (CPM) and a birth doula trainer in Minneapolis, Minnesota. She presents her Spinning Babies Workshops nationally, which include Belly Mapping and Resolving Shoulder Dystocia. She is a doula trainer (DONA approved) and the founder of The Childbirth Collective doula group.

**LaRee Westover** has been living alternative and energy medicine in her personal life and is a lecturer on women's reproductive health and many other subjects. LaRee is the author of four books on various holistic topics and has created over 100 exclusive essential oil blends and many herbal formulas that are being used by hundreds of people to assist with their health issues.

Change Service Requested

## Inspiration, Love and Wisdom

Eugene, Oregon • March 18–22, 2015

## Come to the Conference and Learn from Great Teachers!

- Diego Alarcon
- Elizabeth Davis
- Robbie Davis-Floyd
- Patricia Edmonds
- Carol Gautschi
- Gail Hart
- Cynthia Luxford
- Angelina Martinez Miranda
- Fernando Molina
- Sister MorningStar
- Yeshi Neumann
- Michel Odent
- Vicki Penwell
- Eneyda Spradlin-Ramos
- Suzanne Thomson
- Marion Toepke McLean
- Jan Tritten
- Gail Tully
- LaRee Westover

*See page 11 inside for speaker biographies.*



## And Great Classes!

- Spinning Babies
  - Midwifery Skills
  - Essential Oils
  - Breech Birth
  - Loving Pregnancy and Birth Care
- And many more!

*See pages 2–7 inside for a complete listing of classes and descriptions.*

### **SAVE WITH** conference discounts

- Early Registration
- *Midwifery Today* Subscribers
- Students Save 30%

**See registration form for details**