

Midwifery Today International Conference

30 October – 3 November 2013

Blankenberge, Belgium

“Autonomous Midwifery: The Key to the Future”



Photo by Sophia Williams—www.sophiaspecialdeliveries.com

Inspiring Speakers

- Suzanne Colson
- Hilde Curinckx
- Elizabeth Davis
- Robbie Davis-Floyd
- Mirjam de Keijzer
- Soo Downe
- Cornelia Enning
- Carol Gautschi
- Tine Greve
- Gail Hart
- Els Hendrix
- Lieve Huybrechts
- Michel Odent
- Debra Pascali-Bonaro
- Marlene Reyms
- Verena Schmid
- Eneyda Spradlin-Ramos
- Jan Tritten
- Gail Tully
- Thea van Tuyl

Informative Classes include

- Physiological Analgesia in Labor
- In-depth Midwifery
- Prolonged Labor
- *Rebozo* Techniques and Practice
- Hemorrhage: Prevention and Management
- Shoulder Dystocia
- Special Massage for Restarting Stalled Labor
- Spinning Babies
- Authentic Midwifery in Hospital Practice
- **And many, many more!**

For speaker biographies, please visit: midwiferytoday.com/conferences/Belgium2013/

CONFERENCE DISCOUNTS

- Early registration
- *Midwifery Today* Subscribers
- Students save 20%

See registration form for details

www.midwiferytoday.com/conferences/Belgium2013/



Wednesday ♦ Pre-Conference ♦ 30 October 2013

8:30 am – 4:30 pm

Full-day class

A1 ♦ Complications of Labor, Birth and the First Hour after Birth—

Gail Hart and Tine Greve

You have set the stage for good births in prenatal care. Learn to identify your own risk criteria. Learn to look, listen, know and act to prevent problems. Develop ways to inform and educate your clients about complications. Learn how to handle specific complications as they arise. Stalled labor, shoulder dystocia, malpresentations, VBAC, breech, postpartum hemorrhage, the slow-starting baby and breastfeeding initiation are among the subjects that will be covered. Bring your questions and experiences for an exciting day.

9:00 am – 5:00 pm

Full-day class

A2 ♦ Comfort Techniques for Midwives and Doulas—

Debra Pascali-Bonaro

Women who are coping well with labor have some things in common: relaxation, rhythm and ritual (the 3 R's). Debra will describe the 3 R's and the many ways women experience them. Comfort measures for labor such as the gate control theory of pain, hot and cold compresses, music, massage/touch, acupressure, aromatherapy and the birthing ball will be discussed. Positions that facilitate rotation and descent in first stage and techniques for second stage will be demonstrated. Registrants at previous conferences rave about this course!

8:30 am – 4:30 pm

Full-day class

A3 ♦ Breech Birth—*Cornelia Enning, Carol Gautschi and Gail Tully*

8:30 am – 12:30 pm • Breech Birth in Water—*Cornelia Enning*

Join Cornelia in this part of the breech workshop to learn how to work with breeches in water. Breech birth in water is safer, in part because it improves fetal oxygenation by increasing uterine blood supply during immersion. Frank breeches need no special maneuvers because water eliminates gravity. Mobility of the mother in water allows better interaction of the baby through the pelvis and any maneuvers that may be required are easier in water. Come and fine-tune your skills at this important workshop. Cornelia uses many video clips that add dimension and understanding to her course.

2:00 pm – 4:30 pm • Breech Skills—*Carol Gautschi and Gail Tully*

We will begin with how to turn breech babies. This class will help you develop skills needed when attempts at turning don't work, and the parents and midwife decide to do a vaginal or home breech birth. Although breech birth is not for beginners, everyone is welcome in this class because you never know when one will surprise you. We will cover palpation skills, estimating fetal weight, amniotic fluid, and how to communicate with the baby with touch and words. We will cover basic skills including the hands-off approach and how to handle problems while staying calm.

9:00 am – 5:00 pm

Full-day class

A4 ♦ Physiological Analgesia in Labor—*Verena Schmid*

Verena will present a systematic approach to pain relief, based on physiology. Physiological hypoalgesia is a third way between epidural and medicalized painful birth and offers women a choice. We will analyze a woman's need for pain relief and for a normal birth in different settings and offer an

individualized answer to her needs through a systematic approach. You will have the opportunity for direct experience with some of these methods. We will also set the foundations for a prenatal training for coping with pain.

8:30 am – 4:30 pm

Full-day class

A5 ♦ Prenatal and Intrapartum Assessment Skills—*Elizabeth Davis*

This day-long course will feature hands-on practice of the endangered arts of pelvimetry, fetal palpation, and fetal heart tone assessment (via fetoscope or Pinard), with instruction on how to use these skills appropriately during labor. Using simulation models, internal exam in labor, with guidelines for judicious use, will also be covered, as well as techniques for correcting malpresentations. Take advantage of this opportunity to develop or refine skills increasingly hard to come by in most midwifery training settings, taught professionally and compassionately by Heart & Hands instructor Elizabeth Davis. **Note that pelvimetry practice requires participation in a small group setting.**

5:00 pm – 6:30 pm

Open to all registrants

Christian Midwives Meeting—*Eneyda Spradlin-Ramos, facilitator*

Thursday ♦ Pre-Conference ♦ 31 October 2013

9:00 am – 5:00 pm

Full-day class

B1 ♦ Birth across Cultures: Anthropological Information and Practical Skills for Facilitating Cultural Models That Work—*Robbie Davis-Floyd, Tine Greve and Hilde Curinckx*

Robbie will begin the morning segment of this all-day workshop with an anthropological overview of birth across cultures in evolutionary perspective. Tine and Hilde will continue in the afternoon with a focus on the present. They will talk about understanding the multicultural societies that we live and work in, focusing on what midwives need to know about developing cross-cultural communication skills and understanding differing health concepts, including hot/cold theories that have to do with food, showers and baths, and how to deal with female circumcision. Even when illiteracy is an issue, midwives can use simplified sign language and pictograms.

9:00 am – 5:00 pm

Full-day class

B2 ♦ Rebozo Techniques and Practice—*Thea van Tuyl, Mirjam de Keijzer and Eneyda Spradlin-Ramos*

The origin of these traditions from Mexico goes back thousands of years. We will learn how to use a *rebozo*, a useful tool in all parts of the childbearing cycle. In this amazing class you will discover simple techniques that promote healthy pregnancy and birth. You will learn many "new" old techniques you can apply immediately to your practice. Time for hands-on practice will be provided. Thea and Mirjam co-wrote the book *The Rebozo Technique Unfolded*, with preface by Naolín Vinaver.

9:00 am – 5:00 pm

Full-day class

B3 ♦ In-depth Midwifery—*Verena Schmid and Carol Gautschi*

9:00 am – 12:30 pm • Pregnancy Care: Problem Solving as a Method of Informed Choice—*Verena Schmid*

Problem solving is the way to put the woman at the center of care and to explore her resources. It is also a way to lead prenatal classes with the goal of empowerment. In pregnancy, through the strategy of problem solving, a real partnership between women and midwives is possible and this is a safe way to provide care. Problem solving provides the midwife with a lot of information. If the woman is enabled to make her own informed choices, she is active in her care, whatever her choices. In this workshop we will practice the strategies of problem solving in the context of informed choice.

2:00 pm – 5:00 pm • Hands-on Midwifery—*Carol Gautschi*

Don't let technology make you lose your hands-on skills. Midwives "see" with their hands. Hands and senses are our best tools. Carol will explain the true art of hands-on care, including the why, what and how of working with women in a way that utilizes our hands, senses, intuition and the ability to observe. This part of the day will concentrate on labor, birth and early postpartum care.

9:00 am – 5:00 pm

Full-day class

B4 ♦ Spinning Babies—*Gail Tully*

Midwives of all backgrounds, doulas and other birth professionals desire more knowledge for preventing and correcting malposition in pregnancy and labor. Learn to identify the posterior position, avoid the ROA/LOP



Here are the heads that go with the feet on the previous page!

mix-up, identify flexion vs. extension, and understand asynclitism. Learn the difference between a lull in labor and actual cephalopelvic disproportion (CPD). New strategies and traditional techniques to assist fetal rotation without invasive measures will be covered. You may be surprised that there was so much more to learn about this time-worn concern.

9:00 am – 5:00 pm

Full-day class

B5 ♦ Improving Your Practice with Research, Insights and Realities—First, Do No Harm—*Michel Odent and Soo Downe*

Michel and Soo will teach you how to look at birth through the eyes of a physiologist, which is a valuable skill for any midwife or doula. In an easy-to-understand manner, they will cite important findings from many areas of research and explain how this information can affect mothers and babies, not only during birth, but also over the course of their lives. Scientific data proves midwives help to keep birth safer for mother and baby. Evidence-based practices can improve birth outcome by helping mother remain the center of her birth. Learn the science which supports midwifery methods such as skin-to-skin contact, physiological pushing, optimal positions for labor, delayed cord clamping, family bonding and “the newborn breast crawl.”

Friday ♦ Conference Day One ♦ 1 November 2013

9:00 am – 10:20 am

Opening general session

Autonomous Midwifery: The Key to the Future—*Jan Tritten, Cornelia Enning and Elizabeth Davis*

One of the keys to joy in midwifery practice is autonomy. Autonomy is important in protecting the mother from the devastating experience of medicalization in birth. Learn specific ways in which autonomy can help birthing women reduce unnecessary and risky intervention in birth and keep joy in midwifery practice. As autonomous midwives we are free to modify practices when new evidence is learned about different areas of practice.

10:20 am – 11:30 am

General session

Birth Is a Human Rights Issue—*Soo Downe, Debra Pascali-Bonaro and Robbie Davis-Floyd*

Women's and babies' human rights have been violated in today's birth environment. We need to take a long hard look at our practices and protocols and make sure we are putting mother/baby first. Join us to discuss how we can establish good birth practices that respect human rights. We will review the many different ways we can be with women, giving them respect, dignity and informed choice. First, do no harm.

1:00 pm – 2:30 pm

Concurrent sessions C1 through C5

C1 ♦ The Tipping Point—*Gail Tully*

Asynclitism is a common cause of failure to descend. Some years ago, in her talk about Occiput-Posterior (OP) Myths, Penny Simkin said we need more techniques for asynclitism. I listened and practiced and now feel I have something to share. Learn why this happens and what to do about the tipped head. Slides will help you visualize what is happening. There will be time to practice techniques presented.

C2 ♦ Demedicalizing a Physiological Process—*Michel Odent and Verena Schmid*

The common element for disturbing birth through the millennium, which was accelerated in the past century, is human interference. Birth for humans is a mammalian event—one where the primitive brain must take center stage. Let's explore how to mammalize birth while keeping the spiritual dimension.

C3 ♦ Prolonged Labor—*Gail Hart*

How do we get a long labor to progress? Long labors may be associated with complications ranging from social or emotional issues to physical problems. We will learn different reasons for prolonged labor, as well as methods for helping women move along in labor. Analysis of myth and reality will also be discussed. Learn prenatal factors that may help allay loooooong labors.

C4 ♦ Implementing Innovations in Midwifery Practice—

Hilde Curinckx and Els Hendrix

Implementing innovations based on evidence-based guidelines in practice is not easy. Major difficulties arise when introducing evidence and practical guidelines into routine daily midwifery practice. What's the best practice to implement those innovations? During this class we will discuss best practice for those difficulties.

C5 ♦ Journey Dance for Birth—*Debra Pascali-Bonaro*

Journey Dance is about moving our bodies, opening our hearts, awakening the wisdom within for a safe, satisfying birth. Debra will take you through

the elements of earth, air, fire, water with dance and share simple techniques to encourage pregnant women and their partners to release their fears and open to the miracle of birth. Debra states, “I am really enjoying adding movement and helping to address our fears.”

2:45 pm – 4:15 pm

Concurrent sessions D1 through D5

D1 ♦ Posterior Presentation—*Carol Gautschi*

The importance of positioning, maternal sense of control and flexibility to approaches will be shared as well as how to do an early diagnosis. Many cesareans occur due to posterior presentation. Prevent cesareans by understanding how to diagnose, prevent and fix posterior presentations.

D2 ♦ Waterbirth—*Cornelia Enning*

Cornelia will explore the many benefits and ways of using water in birth and will discuss its unique properties—psychological as well as physical. Waterbirth is not only an option for a woman to give birth undisturbed and in dignity, but it has medical advantages for mother and child. Breech births, OP births or twin births benefit from waterbirth. Breech waterbirth needs no hands, no extra warming for the newborn's body or other interventions. The ease of attending births in water is a joy. Cornelia will show aqua-midwifery with photos and a video sequence.

D3 ♦ Childbirth Education—*Marlene Reyns*

If women learn more about what's going on in their bodies, options for caregivers, the risks of interventions, etc., they will be able to make informed choices. We need to listen to their fears and help them understand their options. We can teach them the words to refuse unnecessary interventions. Communication is so important! Marlene will explain how we can help women communicate with doctors and midwives, communicate as a couple, and communicate with the little wonder in their womb. We, as midwives, can respect the woman as an invaluable human being, to empower her and to make society healthier. “Woman and midwife” can be a strong partnership! Together we can make the difference.

D4 ♦ Midwifery Education—*Elizabeth Davis, Els Hendrix,*

Verena Schmid and Soo Downe

The diverse experience and approaches these midwifery educators bring from around the globe will enhance your knowledge in this area. The way we educate midwives has everything to do with the way they will someday practice. A majority of instructors are satisfied with their performance, but many students are not happy with their educational experience. How can we bring the two together? What is needed for the next generation of midwives to survive in the current circumstances of practice?

D5 ♦ Birth Models That Work—*Robbie Davis-Floyd*

What is a birth model that works, and how do you know that it is working? Come and listen to Robbie present the criteria she developed for identifying birth models that work. She will describe some effective models from all over the world. She will also describe low-cost, immediate ways to bring humane birth in current hospital settings in the developing world—rapid ways to create new “models that work.”

4:30 pm – 6:00 pm

General session

Biological Nurturing (BN) – More Than Laid-back Breastfeeding—

Suzanne Colson

Although laid-back breastfeeding is central to the concept of biological nurturing, BN is much more than a position. Learn more about the other components or active ingredients in this new breastfeeding approach. Find out about Suzanne's original PhD research and the ideas that have revolutionized the field of breastfeeding support. Stay on top of leading-edge research. The video clips that support the BN concept challenge the very foundations of breastfeeding management. Think outside the box and study the supporting evidence for biological nurturing.

7:30 pm – 8:30 pm

General session

First, Do No Harm—*Michel Odent*

Missed the Mid-Pacific Conference? You'll get the cream of the presentations in this class. Michel will present a summary of information from the Mid-Pacific Conference that occurred in October 2012 in Honolulu, Hawaii. He will detail really simple things caregivers can do or should not do that will set up a critical foundation for the future lives of the mother and baby.

8:30 pm – 10:00 pm

General session

Tricks of the Trade—*Jan Tritten and Eneyda Spradlin-Ramos*

Share the techniques you've perfected in your practice or bring your questions to this roundtable of tips on a wide variety of topics. Previous sessions have included facilitating effective contractions, dealing with

prolonged labor, preventing perineal tears, helping the slow-to-start baby and holistic first aid. This is always a much-appreciated session, for its sense of sisterhood and inspiring information.

Saturday ♦ Conference Day Two ♦ 2 November 2013

9:00 am – 10:00 am

General session

Global Trends in Midwifery: The Postmodern Midwife—*Robbie Davis-Floyd*

Robbie will describe eight global trends in midwifery and how “the post-modern midwife” is actualizing those trends. She defines the postmodern midwife as one who takes an informed and relativistic approach to different ways of knowing about birth and who strives to practice autonomously. Recognizing the limitations and strengths of the biomedical system and of her own, the postmodern midwife moves fluidly between them to serve the women she attends. She is a shape-shifter, a bridge-builder, a networker and a traveler.

10:15 am – 12:15 pm

Concurrent sessions E1 through E5

E1 ♦ Physiology of Second Stage—*Verena Schmid*

Verena will discuss maternal positions, various methods of “pushing” and effects on the mechanism of labor. This workshop is designed to help you understand the pathway through the pelvis and the transformation of the perineum as the baby makes his or her way into the world.

E2 ♦ Placenta Medicine—*Cornelia Enning*

In medieval times, placenta powder and essences were part of holistic care by midwives in cultures around the world. If stored correctly, the placenta can be used after birth to prepare baby creams, cream gravidarum or labor-inducing preparations. This is a very helpful medicine for postpartum depression. Teach families you care for how to make the most natural remedy from their placenta. Learn how to dry placentas. Come learn about this important modality. The book *Placenta: The Gift of Life* by Cornelia Enning makes a perfect resource for this important class.

E3 ♦ Birth and Beyond—*Michel Odent*

Michel offers his theories and insights on pregnancy and birth and explains how these experiences affect the child for a lifetime. Birth must be empowering for women because it sets the future for child and family. Michel shares the conclusions he has drawn from his extensive study of the research.

E4 ♦ Palpation Skills—*Gail Tully*

Midwifery students, and even midwives and nurses, will enjoy this basic class on perceiving fetal position through your fingers. Bring your tips...not

only at the end of your fingers, but the tips on palpation you'd like to share with the next generation. Pregnant volunteers will be sought out for class, but be ready to palpate one another, too, if need be.

E5 ♦ Homebirth: Research, Safety and How to Do It—

Lieve Huybrechts, Marlene Reyns and Carol Gautschi

Explore the many benefits of homebirth and the skills required. Our teachers present different ways to provide the homebirth client with the highest standard of care. They will explore the homebirth model and why it is best for mothers and babies. They will explain how to go about setting up and maintaining a homebirth practice.

1:30 pm – 3:00 pm

Concurrent sessions F1 through F5

F1 ♦ Language of Birth—*Elizabeth Davis*

Clear communication and an awareness of the power of words are key elements of good practice in midwifery. With a focus on birth, let's examine our language—verbally, visually, physically—and, by interacting in small groups, better understand how and where this language is rooted. Learn how words, gestures and signs contribute to and affect the birth process and how to solve difficulties communicating with others who speak different “birth talk.” Reword birth language so that it is gentle, potent, warm and connected.

F2 ♦ Fear in Midwifery and Birth—*Debra Pascali-Bonaro*

Fear in pregnancy and birth can have many consequences for both the family and health care provider. This class will help you define, understand and move through the fear that confronts us. Learn several ways of helping women, including midwives and doulas, turn fear into trust.

F3 ♦ Hemorrhage: Prevention and Management—*Gail Hart*

Many episodes of excessive blood loss are either preventable or foreseeable and easily controlled. It is important to facilitate the delivery of the placenta with patience. Learn techniques and approaches that render the need for pharmaceuticals rare. You will learn how to assess and deal with bleeding in a way that will increase your confidence.

F4 ♦ Birth and Breastfeeding Are One—*Suzanne Colson*

The fourth stage of labor (welcoming the baby) is intricately linked to everything that happens for mother and baby during birth. There is a biological argument suggesting that the baby experiences strong but somewhat conflicting imperatives during labor. One is to be born, another is to suckle and a third is to survive and feel secure. What we do as midwives, doulas and lactation consultants in the moments and hours after birth can either enhance or hinder their needs—even with a gentle birth. This session will explore the physiologic basis for immediate and continuing

Classes continued on page 6 ➔

Registration Form

Please Print

Continued on page 5 

Name		Telephone and Fax	
Address		E-mail	
City	State/Province	Postal Code	Country

❶ What excites you about this conference? _____

❷ How did you hear about this conference? _____

❸ Do you give permission for Midwifery Today to release your name and address to fellow registrants? yes no

❹ Please tick off each day of the conference you will attend:

Wednesday Pre-Conference—30 October 2013

Thursday Pre-Conference—31 October 2013

Friday Conference—1 November 2013

Saturday Conference—2 November 2013

Sunday Conference—3 November 2013

❺ Please tick off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if

you will attend the conference on Friday, you need to select one class from C1 through C5 and also one class from D1 through D5. Class descriptions can be found within this conference program.

Wednesday Pre-Conference—30 October 2013

9:00 am – 5:00 pm or A1 A2 A3 A4 A5

8:30 am – 4:30 pm

Thursday Pre-Conference—31 October 2013

9:00 am – 5:00 pm B1 B2 B3 B4 B5

Friday Conference—1 November 2013

1:00 pm – 2:30 pm C1 C2 C3 C4 C5

2:45 pm – 4:15 pm D1 D2 D3 D4 D5

Saturday Conference—2 November 2013

10:15 am – 12:15 pm E1 E2 E3 E4 E5

1:30 pm – 3:00 pm F1 F2 F3 F4 F5

Sunday Conference—3 November 2013

11:15 am – 12:45 pm G1 G2 G3 G4 G5

Payment and Refund Policies

Payment by cheque: If you pay by cheque or money order, make it payable to Midwifery Today. Payment may be made in Sterling, Euros, or U.S. funds.

Payment by credit card: All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payer.

Payment by bank transfer using Euro prices below:

Midwifery Today, Inc., account at:
HSBC Bank plc, 60 Queen Victoria St, London, EC4N 4TR England
Account number: GB06 MIDL 4005 1557 1644 96
BIC code: MIDLGB22

Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible to pay any bank fee charged for the transfer.

Payment by bank transfer in Sterling: Please e-mail admin@midwiferytoday.com for details.

Refunds: No refunds will be given after **13 September 2013**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

How to Determine Conference Prices

- Prices do not include meals, transportation or overnight accommodations. Look up your price in the table at the bottom of this page.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are 17 June 2013 and 15 August 2013. Prices are shown in the table below for each deadline. Payment must be made by deadline to be eligible for reduced prices.
- If you are eligible for one of the special discounts described on the registration form below, tick the appropriate box and adjust the prices as directed.
- Prices are subject to change in the event of large currency fluctuations. Please check midwiferytoday.com/Belgium2013/register.asp for current prices.

How to Submit Registration and Payment

1. Please read and complete both sides of this form. Then make a photocopy for your records.
2. You may mail this form with your payment in Sterling, Euros or U.S. funds to Midwifery Today. If you pay by credit card or bank transfer, you may fax this form to Midwifery Today. ****Credit cards will be charged in U.S. dollars.**** You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers at the bottom of this page.

3. Registrations must be received **in office** at Midwifery Today no later than 7 October 2013. If you cannot submit your registration and payment early enough for it to be received by 7 October 2013, please register at the conference.

Conference Location and Accommodations

Duine Polders

Phone: +32 (050) 43 24 00
Address: Ruzettelaan 195, B-8370 Blankenberge, Belgium
E-mail: info@duinsepolders.be

Hotel Price: 60.00 euros per person per day, includes breakfast, hot lunch, cold dinner and overnight stay. Each room has a private bathroom with shower, washbasin and toilet. Cleaning service is not included; sheets and towels are changed weekly. There is an additional fee of 5.00 euros to have your bed made on arrival. Rooms and studios are available from 3:30 pm and check-out time is 9:30 am.

Booking: You must mention that you are part of the Midwifery Today group when you book in order to get this price. You may book using the phone number or address above.

For **deposit and hotel cancellation** information, please visit: midwiferytoday.com/conferences/Belgium2013/default.asp#venue

Important: The rooms are held for the Midwifery Today group only until 15 August 2013. You are urged to book your rooms by that date because the hotel books up many weeks in advance.

How to Reach Blankenberge

Please visit: midwiferytoday.com/conferences/Belgium2013/default.asp#travel

Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants can transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

Program changes: Speakers, classes or other details may change; please visit: midwiferytoday.com/conferences/Belgium2013/updates.asp

Registration Form (Continued from page 4)

6 Please indicate if you qualify for one of the following discounts:

- I qualify for the student discount: Full-time students who register for *three or more days* take 20% off when you submit proof of student status with your registration.
- I am a subscriber: *Midwifery Today* subscribers take 10% off when you register. Subscription may be started at time of conference registration, but it must be current at the time of registration to qualify for the discount. *Midwifery Today* magazine is an English language publication. Student discount does not apply to subscription prices.

Postmark on or before:	17 June 2013			15 August 2013			7 October 2013 (In-office Deadline)		
1 day	\$150	€120	£95	\$160	€130	£100	\$170	€140	£105
2 days	\$300	€240	£190	\$320	€260	£200	\$340	€280	£210
3 days	\$400	€320	£250	\$425	€345	£265	\$450	€370	£280
4 days	\$550	€440	£345	\$585	€475	£365	\$620	€510	£385
5 days	\$590	€480	£380	\$630	€520	£400	\$670	€560	£420

Walk-ins welcome. Please contact Midwifery Today for availability.

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Signature	

mother-baby contact, introducing some biological nurturing variables that have traditionally been overlooked in the mainstream literature. "First, do no harm"—a concept that is a recurring theme in this conference—applies to breastfeeding as well as to birth.

F5 ♦ Birthing Woman, Sacred Ground—Carol Gautschi and Eneyda Spradlin-Ramos

We will share stories and ideas that express why birth is such a profound, intimate and deeply remembered experience for women. We will discuss the emotional and spiritual factors important to all birthing women and babies. We will explain how birth practitioners can learn to understand and respect the holy ground upon which they walk whenever they are caring for a mother, baby or family. Birth is not only a physiological process and a rite of passage, birth is also sacred. If it were respected as sacred by everyone, we would not be suffering the current crisis in birth care. We would see birth as the gift it is: a teaching gift to all involved.

3:30 pm – 5:00 pm

General session

Midwifery in Belgium: Challenges and Opportunities—

Marlene Reyns and Lieve Huybrechts

Belgian law provides midwives with everything they need. They can legally attend homebirths (though few do), they are generally well paid and have excellent insurance coverage that empowers them to attend births autonomously. Yet more than 90% of the time, midwives serve only in an assisting role during birth, with the doctor attending the actual delivery. The Belgian midwifery mentality is not one of autonomy but one of dependence on obstetricians to take responsibility for the birth. What is the problem? What do mothers want, and how can Belgian midwives advocate more for the mother?

5:15 pm – 6:45 pm

Open to all registrants

International Midwifery—Jan Tritten and Eneyda Spradlin-Ramos

Brainstorm with us and your peers on how we can really effect changes in midwifery and childbirth on the global level. This will be an interactive session, learning from the midwives present from the many different countries represented. Learn about the midwifery and birth movements going on around the world and how you can help. We can make changes for the better with knowledge of global possibilities. We will share techniques, systems, political and educational ideas that will help you further the midwifery model in your sphere of influence.

8:30 pm – ?

General session

Midwives' Cabaret!—Robbie Davis-Floyd and Tine Greve, Mistresses of Ceremonies

Tell Robbie or Tine your plans for skits, songs, dances, stories and poems and they will make a program for us. Please come prepared with any props or costumes you will need. PowerPoint, microphones and music audio will be available. Michel Odent will present one of his original plays! Let's entertain each other and have a ton of fun!

Sunday ♦ Conference Day Three ♦ 3 November 2013

9:00 am – 11:00 am

General session

A New Model of Care for Midwives: The Need for an Independent Theory for Midwifery Care—Verena Schmid

Salutogenesis is a new approach to midwifery care, based on resources. It is the difference between a risk-centered approach and a resource-centered approach, salutophysiology opposed to physiopathology. What changes are implicated in care, in risk selection? In this workshop Verena will work with clinical cases and analyze them with the normal, risk-centered approach and then with an approach where we look to signs of health and resources. From there we can change the approach to risk selection and substitute it with a process of clinical reasoning.

11:15 am – 12:45 pm

Concurrent sessions G1 through G5

G1 ♦ Reducing the Effects of Interventions—Lieve Huybrechts

We will cover interventions such as listening to fetal heart tones, vaginal exams, episiotomy and the support of the perineum. We will discuss what the alternatives are. Always ask the question in pregnancy, during labor and postpartum: what am I doing, what do I want to know or to attain, how do I reach that target, what are the side effects on mother and child and how can I reach better results or know more through listening, looking and trusting physiology in mother and child? The less I do, the better.



G2 ♦ Belly Mapping: A Prenatal Bonding and Teaching Moment—Gail Tully

Mothers often know their baby's position by late pregnancy, even without help, but may need words and concepts to recognize the position through the bumps and wiggles they feel. The midwife, doula or childbirth educator introduces positive messages while teaching families about Belly Mapping. Mothers enjoy Belly Mapping as a bonding tool or to apply Optimal Fetal Positioning as proactive childbirth preparation.

G3 ♦ Special Massage for Restarting Stalled Labor—

Verena Schmid

This is a fantastic tool to get labor restarted. You will wonder how you practiced without it. "I saw this work at a birth in Mexico where Verena and I were present. This labor had stopped entirely at about 7 cm. Verena did this massage and the labor restarted. The woman had her baby a couple hours later," says Jan Tritten.

G4 ♦ Shoulder Dystocia—Carol Gautschi

Carol will explain and discuss the causes and resolution methods of shoulder dystocia. She will describe symptoms and signs used to predict it, and will cover aspects of shoulder dystocia, including causes, incidence rates, prevention and solutions. It doesn't happen often, but when it does, you need to be ready.

G5 ♦ Authentic Midwifery in Hospital Practice—Tine Greve

Learn how to create a nurturing environment for women at hospital births. Study the issues, obstacles and concerns. Plan strategies that will protect and nurture women. Learn how to protect motherbaby from unnecessary interventions.

2:00 pm – 4:00 pm

General session

Roundtables

In this well-loved Midwifery Today format, you'll sit in on three interesting and inspiring roundtables of your choice. Roundtables will include:

Midwifery Around the World—Robbie Davis-Floyd

Social Media—Debra Pascali-Bonaro and Jan Tritten

Meconium—Gail Hart

Gentle Birth—Carol Gautschi

Balancing Home and Work—Eneyda Spradlin-Ramos

How to Begin Working with Salutogenesis in Your Practice—

Verena Schmid

Getting Moms Ready for Waterbirth—Cornelia Enning

Mobilizing for Our Birthrights—Lieve Huybrechts

Positions in Labor and Birth—Gail Tully

How to Improve Midwifery and Birth in Belgium—Marlene Reyns

Working with High-Risk Women—Hilde Curinckx

Breastfeeding in Norway—Tine Greve

Midwifery Education for Autonomous Midwives—Elizabeth Davis

Rebozo Practice—Mirjam de Keijzer and Thea van Tuyl

4:00 pm – 5:30 pm

Closing general session

The International MotherBaby Childbirth Initiatives (IMBCI)—

Debra Pascali-Bonaro and Robbie Davis-Floyd

Join Debra and Robbie for a trip around the globe to the IMBCI demonstration sites in Brazil, Quebec, Austria, India, South Africa and Mozambique to learn about their challenges and successes in creating optimal MotherBaby Care. If they can do it, you can, too! At the closing of this important class Robbie and Debra will lead us in song and dance! Be sure to stay to the end so you can participate in this wonderful closing!